



COMMONWEALTH of VIRGINIA

Department for the Aging

Julie Christopher, Commissioner

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

COMMONWEALTH of VIRGINIA
Department for the Aging
 Julie Christopher, Commissioner

MEMORANDUM

TO: Executive Directors
 Area Agencies on Aging

AND: Nutrition Directors
 Disease Prevention and Health Promotion Coordinators

FROM: Elaine S. Smith, MS, RD
 Program Coordinator

DATE: April 10, 2007

SUBJECT: Health Literacy Resources

The Administration on Aging and the Office of Disease Prevention and Health Promotion of the US Department of Health and Human Services are pleased to provide members of the National Aging Services Network with an exciting new Health Literacy resource. Tools for Improving Health Literacy is now available in online and CD formats. This resource includes everything you need to:

- Inform yourself and others about the challenge of limited health literacy;
- Take steps to improve health literacy through clear communication, enhanced navigation, knowledge-building, and advocacy; and
- Develop a health literacy action plan for your agency or organization.

These tools are designed to help aging professionals communicate effectively with older adults at all health literacy levels on issues such as long-term care, evidence-based disease prevention programs, and the CMS preventive health initiative My Health.MyMedicare.

These health literacy materials can easily be downloaded online at AoA's new Web page on Communicating with Older Adults at:
<http://www.aoa.gov/prof/communicating/communicating.asp> .

To request a copy of the CD, please send an email that states: 1. your name, 2. name of organization, 3. mailing address, and 4. whether you want to receive follow-up information on health literacy. Please send requests to: aoainfo@aoa.gov.

1610 Forest Avenue, Suite 100, Richmond, Virginia 23229
 Toll-Free: 1-800-552-3402 (Voice/TTY) • Phone: 804-662-9333 • Fax: 804-662-9354
 E-mail: aging@vda.virginia.gov • Web Site: www.vda.virginia.gov

COMMONWEALTH of VIRGINIA
Department for the Aging
Julie Christopher., Commissioner

MEMORANDUM

TO: Directors
Area Agencies on Aging

FROM: Bill Peterson

DATE: April 10, 2007

SUBJECT: Senior Resources from the American Federation for the Blind

The American Federation for the Blind has a new *Senior Site* on their web page (www.afb.org/seniorsite) which focuses on common sense, daily living solutions to help seniors with vision loss better adjust to their changing eyesight. The site also connects seniors and family members to local services and includes an overview of the wide range of assistive living products available to people with vision loss.

The new site has five main sections: Understanding Vision Loss, Finding Help and Support, Daily Living, Changing Your Home, and Fitness and Fun. Visitors to the site will also find inspiring video testimonials from seniors who aren't letting their vision loss slow them down and sections on exercise, travel and recreational opportunities for people with vision loss.

Like the rest of the AFB web page, the Senior Site is designed with adjustable text, color, and contrast to make it accessible to those with low vision.

COMMONWEALTH of VIRGINIA
Department for the Aging
Julie Christopher, Commissioner

MEMORANDUM

TO: Directors,
Area Agencies on Aging

FROM: Bill Peterson

DATE: April 10, 2007

**SUBJECT: Genworth 2007 Cost of Care Survey for Home Care Providers,
Assisted Living Facilities, and Nursing Homes**

The Genworth Financial 2007 Cost of Care Survey has been completed and published. You may view the entire report at http://longtermcare.genworth.com/comweb/consumer/pdfs/long_term_care/Cost_of_Care_Survey.pdf. One local reporter indicated that, based upon this survey, Virginia had one of the highest long-term care costs of any state!

You may also go to the following website to see a map of the United States where you can click on a state to see the average costs for nursing home, assisted living, home care and homemaker services in that state:
http://longtermcare.genworth.com/overview/cost_of_care.jsp

Nice comparison data. You can also find a one-page summary of the Survey that is a great item to share with your staff, governing board, and advisory council.

COMMONWEALTH of VIRGINIA
Department for the Aging
Julie Christopher, Commissioner

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Disease Prevention-Health Promotion Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: April 10, 2007

SUBJECT: Health Reform Commission Public Hearing - May 1, 2007

Following is a flyer announcing a hearing by the Governor's Health Reform Commission in Fairfax. Written comments will also be accepted.

For further information on the Health Reform Commission, please visit the website at <http://www.hhr.virginia.gov/Initiatives/HealthReform/index.cfm>

Governor's Health Reform Commission

Public Hearing Notice ~ Fairfax, VA

In July of 2006, Governor Timothy M. Kaine created the Health Reform Commission, with the purpose of examining various ways in which Virginia can improve its health care system. Findings from the Commission's work are to be released in a full report due to the Governor by September of 2007. The Commission is composed of 33 members, including state legislators, patient and consumer advocates, health care leaders and citizens of Virginia.

The Health Reform Commission has 4 key areas of focus:

- ★ **Access to care** (*lack of insurance*)
- ★ **Quality, transparency, and prevention** (*quality of care, consumer awareness of cost, and healthy lifestyles resulting in fewer medical problems*)
- ★ **Improving the health care workforce** (*increasing the education and number of health care professionals*)
- ★ **Long term care** (*strengthening our system of caring for the aging and persons with disabilities*)

Let your voices be heard by sharing comments at a public hearing:

Tuesday, May 1st, 2007

George Mason University (Fairfax Campus)

George W. Johnson Center ~ Dewberry Hall

4400 University Drive

Fairfax, VA 22030

703-993-1000

www.gmu.edu/fairfax (for map, directions & parking info)

Registration to begin at 5:30pm

Public Comment from 6:00 – 8:00pm

***PLEASE NOTE COMMENTS WILL BE LIMITED TO 3 MINUTES per SPEAKER**

****This hearing will follow a meeting of the full Commission from 1:00 – 5:00pm. The Secretary of Health and Human Resources, Marilyn B. Tavenner, will be in attendance to hear all public comments.***

Commission members, local legislators and local government officials will also be invited to attend. All comments will be submitted to and reviewed by the Health Reform Commission.

For further information on the Health Reform Commission, please visit the website at www.hhr.virginia.gov/initiatives or call the Office of the Secretary of Health and Human Resources at (804) 786-7765.

If you are unable to attend the hearing and would like to submit written comments, please do so via the website mentioned above, or you may send comments to the Office of the Secretary of Health and Human Resources, 1111 East Broad Street, 4th floor, Richmond, VA 23219. (Please include the words Health Reform Commission in the subject line.)

COMMONWEALTH of VIRGINIA
Department for the Aging
Julie Christopher, Commissioner

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Brenda F. Briggs, Assistant to State Legal Services Developer

DATE: April 10, 2007

SUBJECT: One Week to Advanced Directives Day Statewide

Please find attached a reminder concerning the April 17, 2007 Advance Directives Day throughout the state. Attached to this announcement are several cites that will provide you with ready access to forms and other resources for use in celebrating this important day. Please also note that there is now 100% participation by acute care hospitals in the **Advance Directives Day** in Virginia, totaling 183 facilities.

Thank you for involving your staff and community in this important initiative. This is one more way that we can work together in achieving the goals set forth in **Project 2025: Enhanced Access to Legal Assistance for Older Americans in Virginia**.

Project 2025: Enhanced Access to Legal Assistance for Older Americans in Virginia

Reminder

April 17, 2007 is Advance Directives Day

- The big day for the **Advance Directives Day in Virginia is April 17, just one week away**. All acute care hospitals in Virginia are participating in this event, totaling 183 facilities. Anyone in Virginia can have an advance directive completed at no expense because of the participation of hospitals and other facilities on April 17, 2007.
- There will be **four FREE educational teleconferences, with a live Q&A session**. The times and dates are as follows: **10:00AM and 2:00PM on Friday, April 13** and **10:00AM and 2:00PM on Monday, April 16**. The dial-in number is the same for all four calls: **866-206-6509 (no separate conference code)**. Please call a few minutes early so the operators can get you registered, and use only one phone line per facility.
- A website has everything you should need for forms and handouts. The link is: http://www.vsb.org/sections/hl/advancedirectivesday2007_2.html For members of the general public, send them to: <http://www.vsb.org/sections/hl/advancedirectivesday2007.html>
- The following agencies and organizations are supporting this initiative: The Virginia Nurses Association, The Virginia Nurses Association, Health Law and Trusts & Estates Sections and Senior Lawyers Conference of the Virginia State Bar, Health Law Section of the Virginia Bar Association, Virginia Hospital & Healthcare Association, Virginia Health Care Association, Virginia Association of Nonprofit Homes for the Aging, Virginia Association for Hospices, Medical Society of Virginia, Richmond Academy of Medicine, and the Virginia Department for the Aging, Project 2025: Enhanced Access to Legal Assistance for Older Americans in Virginia.

Thank you for your participation in this event that will benefit thousands of Virginians.

COMMONWEALTH of VIRGINIA
Department for the Aging
Julie Christopher, Commissioner

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Trudy Maske, Virginia VICAP Director

DATE: April 10, 2007

SUBJECT: VICAP May Trainings

Basic VICAP training for insurance counselors will be conducted state wide next month. The training sessions will be presented in four areas of the state this year in hopes of presenting more volunteers and coordinators the opportunity to attend. The two and a half day sessions will be conducted by trainers from the Centers for Medicare and Medicaid Services, the Department of Social Services, the Bureau of Insurance, and the Social Security Administration. New counselors and those wishing refresher classes are invited.

The schedule of local events is as follows:

Charlottesville May 2-4, 2007
Hosted by, the Jefferson Area Board for Aging
674 Hillside Drive, Suite 9
Charlottesville, VA 22901

Norfolk May 9-11, 2007
Hosted by, Senior Services of Southeastern Virginia
Building 5, Interstate Corporate Center
6350 Center Drive, Suite 101
Norfolk, VA 23502

Richmond May 16-18, 2007
Hosted by, the Virginia Department for the Aging
1610 Forest Ave. Suite 100
Richmond, VA 23229

SUBJECT: VICAP May Trainings
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Manassas May 21-23, 2007
Hosted by, the Prince William Area Agency on Aging
7987 Ashton Ave, Suite 231
Manassas, VA 20109

The registration forms have been forwarded to each VICAP local program. The deadline for responses was April 6th. If you have not returned your registration form and plan on attending a training please return the attached form as soon as possible.

I want to thank each of the hosting AAAs for their assistance in these important training events. If you have any questions please contact:
Ben Garrett at 804-662-7650 or ben.garrett@vda.virginia.gov
Trudy Maske at 804-662-7671 or trudy.maske@vda.virginia.gov



**Basic VICAP Training
May 2007
REGISTRATION FORM**

Name _____ Position/Title _____

AAA _____

Phone _____ Fax _____

E-Mail _____

Please indicate which sessions you will attend:

Charlottesville May 2nd, 3rd & 4th Basic
Training _____

Norfolk May 9th, 10th, & 11th Basic
Training _____

Richmond May 16th, 17th, & 18th Basic
Training _____

Manassas May 21st, 22nd, & 23rd Basic
Training _____

Senior Medicare Patrol Training Yes _____ No _____

Please indicate any physical or special dietary needs:

Registration Policy

Deadline: April 6, 2007

Send completed registration forms to

Ben Garrett:

Phone: 804-662-7650

Fax: 804-662-9354

E-mail: Ben.garrett@vda.virginia.gov

Signature of Registrant:

COMMONWEALTH of VIRGINIA
Department for the Aging
Julie Christopher, Commissioner

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: April 10, 2007

SUBJECT: Caregiving

Funding Opportunity for Caregiver Education via Community Colleges

The Metlife Foundation is sponsoring a Caregiver Training Initiative that will award up to twelve \$25,000 grants to community colleges to establish new caregiver training programs or to build upon existing programs. This program hopes to develop new programs to train both family and professional in-home caregivers. Does your agency work with your local community college on various programs? This grant may be the opportunity for you to initiate or expand that relationship. Let the appropriate college officials know of your caregiver training needs and encourage them to apply for this grant.

This grant is part of the The Caregiving Project for Older Americans, a collaboration between the International Longevity Center-USA (ILC_USA) and the Schmieding Center for Senior Health & Education (SCSHE). The RFP can be downloaded at <http://www.ilcusa.org/prj/caregivertraining.htm>. The deadline for submissions is May 8, 2007. Questions should be addressed to caregiving@ilcusa.org.

Caregivers Library

Ms. Betsy Pugin of the Fairfax Area Agency on Aging attended the American Society on Aging/National Council on Aging (ASA/NCOA) Conference in Chicago, Illinois in March 2007. At the conference, she met Ron Moore, the founder of the National Caregivers Library. A resident of Richmond, Virginia, Mr. Moore is president of Fidia Advisors and creator of the super car store concept (CarMax). Confronted with caregiving for his own parents, Mr. Moore discussed caregiving issues with his friends and neighbors. He became convinced that most people did not face the realities of caregiving until their

SUBJECT: Caregiving
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situation reached a crisis state. As an aid to all caregivers, he founded FamilyCare America and the National Caregivers Library to provide a one-stop shop of caregiving resources. Information about these two entities can be found at www.caregiverslibrary.org.

Ms. Pugin has written a summary of the information she received from her attendance at caregiving sessions at the ASA/NCOA conference. If you would like further information on her summary, Ms. Pugin can be contacted at betsy.pugin@fairfaxcounty.gov.

National Family Caregiving Awards Program

The National Alliance for Caregiving and the Metlife Foundation is accepting applications for its 2007 National Caregiver Awards Program through May 15, 2007. The awards will recognize the important work of community agencies and other organizations that support family caregivers. Two awards will be given in each of these categories:

- Caregiver Education Awards will go to groups who have developed exemplary training programs to educate caregivers;
- Technology Awards will go to organizations that have developed and implemented innovative technology to support family Caregivers or adapted existing technology to support caregiver needs;
- Caregiver Support Awards will go to organizations that provide support through respite, counseling or eldercare in an innovative way.

The awards will be presented at the N4A 32nd Annual Conference and Trade Show held in San Francisco, CA in July, 2007. For further details, consult the organization's website at: www.caregiving.org

Mattie Stepanek Caregiving Scholarship

The Johnson & Johnson/Rosalynn Carter Institute Caregivers Program promotes caring competence in caregiving. In 2005, the Mattie J. T. Stepanek Intergenerational Caregiving Scholarship was initiated to assist students, volunteers, family and professional caregivers of any age and at any level who are interested in pursuing a caregiving career or wanting to receive additional training for their current caregiving situation. Four \$2,000 scholarships are awarded annually. Go to:

<http://www.rosalyncarter.org/about/stepanek.html> for the 2007 application form. Application deadline is **June 1, 2007**.

SUBJECT: Caregiving
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The Virginia Caregiver Coalition

The Virginia Caregiver Coalition is scheduled to meet on Wednesday, May 30, 2007 from 9 A.M. until Noon in the VDA Conference Room. If you would like to utilize the video conferencing facilities at your local Department of Health Office, please reserve the facility and then notify me that you will be videoconferencing with VDA on that date. Supplying the address of the local Health Department facility is helpful. Thank you!

Over 30 members and guests of the VCC participated in a 9:30 A.M. March 29, 2007 meeting in the VDA Conference Room and at four video conferencing locations located in local Department of Health offices in Newport News, Warrenton, and Fairfax and at Mountain Empire Older Citizens, Inc.

Joanne McCaffrey, Director of Cross Cultural Services at Bon Secours Hospital Systems of the Richmond Metro Area did a presentation on meeting the needs of the non-English speaking population. Sister Vicki Segura who is working on a caregiver project for Bon Secours presented her information to the Coalition and made contacts with those in the Richmond area who would like to work with her on the project.

Karen Gill of Crater Community Hospice and Nelsen Funeral Homes and Kathy Pryor of the Virginia Poverty Law Center are progressing to take their educational seminar on Nursing Home Residents' Rights Regarding Transfer/Discharge and Readmission from the Hospital to other areas of the state.

The Coalition viewed a photo exhibition presented by Coalition member Elizabeth Sumpter, who is Executive Director of the Adult Care Center of Central Virginia. An excellent black and white photo exhibition coupled with quotes from family caregivers will be utilized in the Coalition's November Caregiver Awareness project.

The Coalition's membership form and future by-laws were reviewed by the attendees. An excellent report was given by Betsy Pugin of Fairfax AAA on the ASA/NCOA conference. Ellen Nau reported briefly on the National Alliance for Caregiving Conference (NAC) for caregiving coalitions she attended in Chicago on March 5 under that organization's sponsorship. Coalition members are looking forward to technical assistance teleconferences sponsored by the NAC that will lead to a Caregiver Awareness Day in November 2007. Coalition members discussed various caregiving programs offered by their agencies.

The meeting adjourned at 1:20 P.M.

COMMONWEALTH of VIRGINIA
Department for the Aging
Julie Christopher, Commissioner

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: April 10, 2007

SUBJECT: In-Home Services

Best Practice: Area Agency on Aging Training Personal Care Assistants

Mr. Ed Taylor, Executive Director of Lake Country Area Agency on Aging (LCAAA) announces that the agency was recently authorized by The Department of Medical Assistance Services (DMAS) to provide a 40-hour Personal Care Aide Training Program. The course was developed initially in order to meet the growing demand of quality, well trained aides to provide In Home Care. The program follows a strict curriculum developed by DMAS. Its purpose is to train and teach qualified persons to provide personal care services under Medicaid Waivers. Graduates of the program are authorized to provide personal care nursing aide services to Medicaid Waiver recipients. For further information on the LCAAA program, consult the attached information by Gwen Hinzman, Executive Vice President, LCAAA. A personal care assistant training program is also available at Mountain Empire Older Citizens, Inc. If other agencies are providing personal care assistant training, please notify me at ellen.nau@vda.virginia.gov.

Center for Personal Care Assistance Services

The Center for Personal Assistance Services (PAS) at the University of California, San Francisco will host its State of the Science Conference, entitled "Meeting the Nation's Need for Personal Assistance Services: State of the Science" on April 27, 2007 at the National Press Club in Washington, D.C. Attendance is free but registration is required. Space is limited! For further information on the agenda and registration, contact the PAS Center at http://www.pascenter.org/sos_conference.

SUBJECT: In-Home Services
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Centers of Medicare & Medicaid

Ms. Carrie Eddy of the Virginia Department of Health has asked me to convey the attached information to Medicare and/or Medicaid provider agencies. The nomenclature for the Medicare/Medicaid number has been changed to the Centers for Medicare & Medicaid Services (CMS) Certification Number (CNN). This follows the implementation of the National Provider Identifier (NPI). For a complete explanation, please consult the attached information provided by Ms. Eddy.

The State of Aging and Health in America 2007

The fifth volume in a series that looks at health and aging throughout the world is now available at www.cdc.gov/aging and www.merck.com/cr. The report is sponsored by The Merck Company Foundation and compiled by a various partners who are leaders in the field of aging issues.

Lake Country Area Agency on Aging Approved for Personal Care Aide Training Program

President/CEO Joseph E. "Ed" Taylor is proud to announce that LCAAA was recently authorized by The Department of Medical Assistance Services (DMAS) to provide a 40-hour Personal Care Aide Training Program. The course was developed initially in order to meet the growing demand of quality, well trained aides to provide In Home Care. The program follows a strict curriculum developed by DMAS and sets forth a uniform training curriculum throughout Virginia. Its purpose is to train and teach qualified persons to provide personal care services under Medicaid Waivers. Graduates of the program are authorized to provide personal care nursing aide services to Medicaid Waiver recipients.

Students spend eight-hour days learning about such topics as the cardiovascular, respiratory, urinary, digestive, nervous, musculoskeletal, integumentary system, endocrine, and reproductive systems as well as body mechanics, range of motion exercises, home management, prevention of skin breakdown, physical disabilities or handicaps, psychological aspects of aging and the physical and emotional needs of the elderly and the goals of personal care.

Other topics studied during the course include food, nutrition, meal preparation, safety and accident prevention in the home, plus much more. Skills testing is conducted throughout the course and students practice until they become familiar and proficient with the tasks necessary to provide the quality care LCAAA is well know for providing over the years.

Classes are taught by Debra Hall, RN, Helen Chessman, RN BSN, Susan Sciotto, BS, Lottie Chandler, LPN, Hattie Houchens, LPN and Gwen Hinzman BS, MAT. The consistent and uniform quality of training provided in addition to the employee recruitment benefits of this program makes everyone a winner. We are proud to say that since its inception in January 2007, the LCAAA Personal Care Aide Training Program has graduated 19 students, employed 18 aides and have a 100% retention rate to date.

At the culmination of the training and testing, students, family and friends are invited to a ceremony where they receive their certificate, lapel pin, and a long stemmed flower followed by a graduation reception.

For more information on the course, contact Gwen Hinzman, LCAAA Executive Vice President.



Center for Medicaid and State Operations/Survey and Certification Group

Ref: S&C-07-16

DATE: March 2, 2007

TO: State Survey Agency Directors

FROM: Director
Survey and Certification Group

SUBJECT: Clarification of Provider Number Nomenclature

Letter Summary

- Following the implementation of the National Provider Identifier (NPI), the Medicare/Medicaid Provider Number will continue to be issued to certified providers/suppliers and used on all Survey and Certification, and patient assessment transactions.
- In order to distinguish its role from that of the NPI, the Medicare/Medicaid Provider Number has been renamed the Centers for Medicare & Medicaid Services (CMS) Certification Number (CCN).

By law, the NPI will become the only acceptable provider identifier on Health Insurance Portability and Accountability Act of 1996 (HIPAA) Standard Transactions (i.e., claims, remittance advice, eligibility inquiries, prior authorization and referral, and claims status).

However, post NPI implementation, the Medicare/Medicaid Provider Number will continue to be issued to certified providers/suppliers and used to verify Medicare/Medicaid certification on all survey and certification and resident/patient assessment transactions. In order to avoid confusion with the NPI, the Medicare/Medicaid Provider Number has been renamed the CCN. All applicable forms, data entry fields, systems, and manuals are being revised to reflect this new name and the role of the CCN versus the NPI. In some activities, both numbers will be used.

Effective immediately, 'CCN' will replace the term 'Medicare/Medicaid Provider Number' in survey and certification, assessment-related activities, and communications. This terminology change should be explained in those instances. When the NPI is called for on any form or transaction, it should be provided, if available. When the Medicare/Medicaid Provider Number (also known as the Online Survey, Certification, and Reporting (OSCAR) Number; Medicare Identification Number; or provider number) is requested, the CCN should be provided.

NOTE: This policy does not apply to the Clinical Laboratory Improvement Amendments (CLIA) Number which will continue to be used as it has been.

Effective Date: This guidance is effective immediately. The State Agency should disseminate this information within 30 days of the date of this memorandum.

Training: The information contained in this announcement should be shared with all surveyors, survey and certification staff, their managers, and State and RO training coordinators. It should also be shared with certified providers/suppliers.

/s/

Thomas E. Hamilton

cc: Survey and Certification Regional Office Management (G-5)

COMMONWEALTH of VIRGINIA
Department for the Aging
Julie Christopher, Commissioner

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Disease Prevention-Health Promotion Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: April 10, 2007

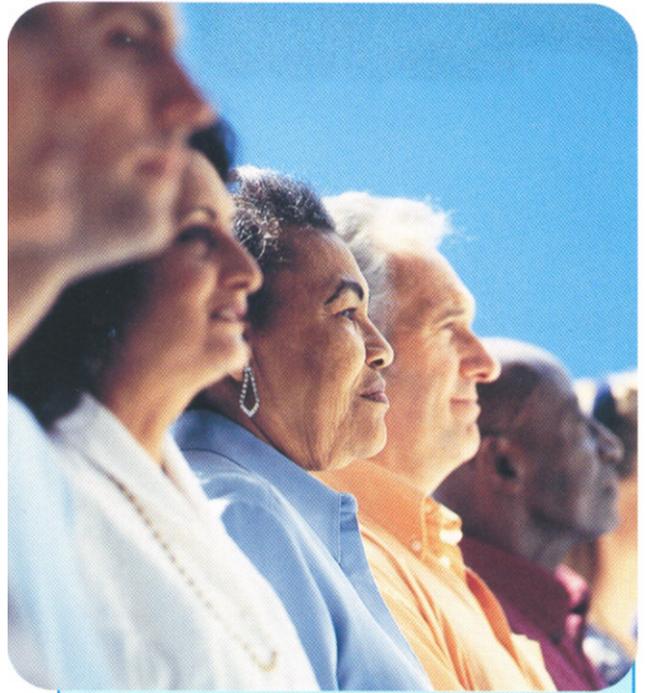
SUBJECT: Arthritis Summit - May 11, 2007

Following is a flyer announcing the Arthritis Summit – “*Living Well With Arthritis*”. Health professionals and lay people with an interest in arthritis management are encouraged to register and attend.

Living Well With Arthritis

2007 Summit

**May 11, 2007
Richmond Marriott West
In Innsbrook
4240 Dominion Blvd.
Glen Allen, Virginia**



Presented By:

**The Virginia Arthritis Action Coalition
The Virginia Department of Health
Division of Chronic Disease Prevention and Control
Arthritis Project**

OVERVIEW

The members of the Virginia Arthritis Action Coalition strongly recommend that an awareness symposium is needed to reach out to Physicians, Allied Health Professional and Community members to address arthritis as a public health issue. Arthritis is the leading cause of disabilities. The Center for Disease Control and Prevention (CDC) reports that currently in Virginia there are 1,539,000 with doctor diagnosed arthritis that is one out of four Virginians. The risks for Arthritis rise dramatically with age and are higher among women than men.

The purpose of this educational awareness symposium is to provide a format that will increase a basic understanding of arthritis in some of its most common forms and develop private and public partnerships to address the impact of arthritis in Virginia.

CONFERENCE OBJECTIVES

At the conclusion of this Summit, participants will have heard from experts in the field of Arthritis and be able to:

- Describe the many faces of people that are diagnosed with arthritis, and its risk factors.
- Discuss with patients accurate information regarding alternative therapies and traditional treatment options.
- Provide information concerning the current trends in surgical options, research findings and the state of future research.
- Explain the latest findings of new drug treatments, potential complications, and future research.
- Discuss how quality of life is impacted by arthritis and how to address potential challenges for both healthcare professionals and patients to discuss treatment options that improve quality of life.

EXHIBITS

As an attendee at the 2007 Summit, you are invited to visit and participate in our exhibition. This will take place outside of the Commonwealth Ballroom at the Richmond Marriott West. It is convenient to all of the summit sessions. The continental breakfast, morning and afternoon refreshment breaks, poster presentations and the bone density screening will take place in the exhibit area. The Senior Navigator Website will be demonstrated during Exhibit Open Hours. Drawings for Gifts from the Exhibit Vendors will take place during the Exhibit Hall Grand Opening Ceremony from 11:00 am – 11:30 am. The exhibit area will also be open during breaks at 9:45 am – 10:00 am and 2:45 pm – 3:00 pm.

If your agency is interested in exhibiting, please contact Katie Benghauser, Exhibit Chair, at (804) 827-1280 or Bunny Caro-Justin at (804) 864-7876.

HOTEL

The Living Well with Arthritis Summit will be held at the Richmond Marriott West, located in Innsbrook, 4240 Dominion Blvd., Glen Allen, VA 23060, (804) 965-9500, Fax: (804) 965-5559, marriott-hotels.com. A conference rate of \$102.00 plus taxes per night will be offered. **Deadline for the special rate is April 19.** You are responsible for making your own hotel reservations. The Marriott's compliant rooms are included in our room block and will be reserved on a first-come first serve basis. Please call the Richmond Marriott West directly at (804) 965-9500 to make your own reservations

Directions: From Richmond International Airport or Downtown: Take I-64 west to exit 178B. At the first light turn left on Dominion Blvd., the hotel is on the left.

Friday, May 11, 2007

7:00 am - 4:00 pm	Registration and Exhibit Hall Open			
7:00 - 8:00 am				
8:00 - 8:30 am	<p>Welcome Robert B. Stroube, MD, MPH State Health Commissioner</p>			
8:30 - 9:45 am	<p>The Impact of Arthritis in Virginia</p> <ul style="list-style-type: none"> ❖ Advocacy In Action - Pamela Bennett, BSN, RN – Purdue Pharma ❖ The Burden of Arthritis in Virginia – Fred M. Rankin, III, MPH - CEO, MediCorp Health System 			
9:45 - 10:00 am	Break & Exhibits Open			
10:00 - 11:00 am	Healthcare Professional Track Concurrent Sessions		Lay Health Track Concurrent Sessions	
	A1	<p>Alternative Medicines Carol Pontzer, PhD National Institutes of Health</p>	A4	<p>Discover the Wizard Within: Coping with Pain Janet Bykowski, RN – Manager, Pain Management Nursing Center of Excellence - Mary Washington Hospital</p>
	A2	<p>Pharmacological Therapy Partnership for Prescription Assistance will be providing a Pharmacist to speak on this topic.</p>	A5	<p>Adapting Your Environment Paula Martin – Woodrow Wilson Rehabilitation Center Kirk Ballin, Easter Seals -Agribility Alison Clarke, C.T.R.S. Sheltering Arms Physical Rehabilitation Centers</p>
	A3	<p>New Developments in Joint Replacement Surgery Matthew Dobzyniak, MD Tuckahoe Orthopaedic Associates, Ltd.</p>	A6	<p>The Role of Diet & Nutrition in the Management of Arthritis Stephanie Goode, ATC/L, CSCS Sheltering Arms Physical Rehabilitation Centers</p>

11:00 – 11:30 am	Exhibit Hall Grand Opening Poster Presentations – Developing a Pain Navigator Program & Chronic Pain Management in an Acute Care Setting Bone Density Screening Adaptive Tools Demonstrations
11:30 am- 12:45 pm	Luncheon Session Creating Synergy: Developing an Arthritis Network Karen Funkenbush, MA – Missouri AgrAbility Project Director

12:45 – 2:45 pm	Healthcare Professional Track Concurrent Sessions	Lay Health Track Concurrent Sessions
	B7 Taming Lions: Chronic Pain Management Strategies Janet Bykowski, RN – Manager, Pain Management Nursing Center of Excellence Mary Washington Hospital	B11 Maintaining Healthy Joints Sheila Ward, PhD. Norfolk State University
	B8 Update on Juvenile Idiopathic Arthritis Harry Gewanter, MD, FAAP, FACR Pediatric Rheumatologist Pediatric and Adolescent Health Partners, PC	B12 Arthritis Foundation Exercise Susi Hoshi-Castoro, PT, MSA, Director Rehabilitation & Wellness Center MediCorp Health System
	B9 Fibromyalgia – The Invisible Arthritis James P. Brodeur, MD Arthritis Specialists, Ltd.	B13 Managing Self Healing Through Water Kristy Zafar, MA, Medical Exercise Specialist American Family Fitness Centers May Therapy Center
		B14 Yoga Program for People with Arthritis Nora Pozzi, Certified Yoga Instructor

				Director, Integral Yoga Center
2:45 pm – 3:00 pm		Break & Exhibits		
3:00 pm – 4:00 pm	Healthcare Professional Track Concurrent Sessions		Lay Health Track Concurrent Sessions	
	CI5	Alternative Medicines Carol Pontzer, PhD National Institutes of Health	CI8	The Benefits of Chronic Disease Self Management: A Stanford University Program – Panel Charlene Learner, RN, CHES Deborah Batakis, RN, CHES
	CI6	Pharmacological Therapy Partnership for Prescription Assistance will be providing a Pharmacist to speak on this topic.	CI9	Adapting Your Environment Paula Martin – Woodrow Wilson Rehabilitation Center Kirk Ballin – Easter Seals – AgriAbility Alison Clarke, C.T.R.S. – Sheltering Arms Physical Rehabilitation Centers
	CI7	Collaborating to Improve Patient Outcomes: The Joint Replacement Center Concept Catherine Jerow, RN, MSN Susi-Hoshi-Castoro, PT, MSA Kurt Larson, M.D. Joint Replacement Center @ Mary Washington Hospital	C20	Arthritis of the Upper Extremity: Implications for Hand Therapy Brian Sokol, OTR/L & AJ Mullholand, OTR/L, CHT Sheltering Arms Physical Rehabilitation Centers
4:00 pm – 5:00 pm		Closing Session Experts at Your Service		

**Summit Registration Form
Living Well with Arthritis
Richmond Marriott West
May 11, 2007**

Please print or type

Title

Agency

Mailing Address

City

State

Zip

Phone Number

Fax Number

Last 4 Digits of Your Social Security Number (for CEUs)

CEUs /CEs are pending to the Professional Organizations requested by our attendees.

I am requesting credit hours for: RN CHES PT OT RD AEA

Application for CMEs is being submitted.

Check if Vegetarian meals are required.

Check if you have Special needs and attach a typed description to the registration form.

Please select a total of four concurrent sessions that you wish to attend. One session from A, two sessions from B, and one session from C.

Healthcare Professional Track			Lay Health Track					
10:00 AM	A1	A2	A3	<i>Please select one "A" session (circle one)</i>				
				10:00 AM	A4	A5	A6	
12:45 PM	B7	B8	B9	<i>Please select two "B" sessions (circle two)</i>				
				12:45 PM	B11	B12	B13	B14
3:00 PM	C15	C16	C17	<i>Please select one "C" session (circle one)</i>				
				3:00 PM	C18	C19	C20	

Registration Fee: \$50.00

Conference Payment by Credit Card, Money Order or Check. **Phone and Fax Registration by Credit Card Only.** Please make your **check payable to Mary Washington Hospital.**

Check | Money Order | Visa | Mastercard

Name on Credit Card:

Credit Card Number:

Expiration Date:

Signature:

**Mail/Fax Registration Form to: Mary Casebolt, Nursing Center of Excellence
Mary Washington Hospital, 1001 Sam Perry Blvd., Fredericksburg, VA 22401
Phone: 540.741.1751 Fax: 540.741.1789**

COMMONWEALTH of VIRGINIA
Department for the Aging
Julie Christopher, Commissioner

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: April 10, 2007

SUBJECT: Kinship Care

Best Practice: Relatives As Parents Program (RAPP) Mental Health Program at Mountain Empire Older Citizens, Inc.

Supported by a grant from the Brookdale Foundation, Mountain Empire Older Citizens, Inc. became a provider for kinship care families when it established its KinCare Program in 1999. In 2002, Mountain Empire Older Citizens, Inc. sponsored the establishment of the Southwest Virginia Children's Advocacy Center (CAC) and expanded its KinCare program to meet the mental health needs of KinCare children and their caregivers.

MEOC's management staff leveraged funds to support a Licensed Clinical Social Worker as the Children's Advocacy Center's Director and Therapist. The CAC clinical director developed a "Kincare Behavioral Symptoms Checklist" and trained the KinCare program director to administer the checklist. The CAC director also developed a support group curriculum and trained the CAC community educator to direct a monthly therapeutic support group for relative caregivers.

Further information on the program can be obtained from Marilyn Maxwell, MEOC Executive Director at 276-523-4202.

Foster Care & Adoption: Exploring Kinship Care Options is the title of a conference to be held on May 10, 2007 at Norfolk State University. The Keynote Speaker is Harry Spence, Commissioner of the Massachusetts Department of Social Services. Commissioner Spence is presently leading the Department in a comprehensive revision of its child welfare practices to reflect a more family-centered, community-focused approach to ensuring the safety and well-being of Massachusetts' children.

SUBJECT: Kinship Care
Page 2 of 3

Registration for the Conference is \$35.00 Per Person and the fee includes breakfast and lunch. **Registration Deadline: April 25, 2007!** I have attached a registration form to this Tuesday Mailing. The conference is sponsored by: A KinCare Connection – Hampton Roads Regional Taskforce on Kinship Care, the Virginia Department of Social Services, VISSTA, and NSU – Child Welfare Education & Support Program. KinCare Connection includes the following organizations:

ABS First Home Care
Brighton's Solid Rock, Inc.
Brighton Rock AME Zion Church
Catholic Charities of Eastern Virginia, Inc.
Chesapeake Department of Social Services
Portsmouth Department of Social Services
Families First of Virginia, Inc.
Isle of Wight Department of Social Services
Norfolk Court Services Unit
Norfolk State University – *School of Social Work*
Senior Services of Southeastern Virginia
VISSTA
Virginia Department of Social Services

For further information contact Chris Taylor of Senior Services of Southeastern Virginia at chris@ssseva.org.

Virginia Child Day Care Council

Do you operate a child day care facility in conjunction with your aging activities? If so, you may be interested in the attached information obtained at the March 8, 2007 meeting of the Virginia Child Day Care Council. Overall Ranking of State Child Care Center Standards and Oversight by the National Association of Child Care Resource and Referral Agencies (NACCRRRA). At its March 8 meeting the Virginia Child Day Care Council discussed its Strategic Plan, the early Childhood Summit, potential child day care center policy issues and the biannual market survey of child care in the Commonwealth as well as the Medication Administration Management Training Program. The names of trainers for administering medications to child day care attendees can be located at the Virginia Department of Social Services website: http://www.dss.virginia.gov/family/cc_providertrain/mat/index.cgi?rm=Search.

SUBJECT: Kinship Care
Page 3 of 3

Summer Camps Serving Families of Children with Special Needs

Available for information on camps serving a variety of special needs is available at www.vcu.edu/partnership/Respite2. This resource guide is compiled by The Respite Resource Project of the Partnership for People with Disabilities at Virginia Commonwealth University. For further information, contact Monica Uhl at 804-828-8587 or

Tools and Skills for Kinship Caregivers

Six free workshops offering tools and skill to assist with everyday parenting efforts for Grand Families will be sponsored by Catholic Charities of Eastern Virginia, Inc. and held at the organization's Newport News office. Registration is required. For a listing of sessions and contact information, please consult the attached sheet.



The People¹

	VA	U.S.
Number of residents	7,332,608	288,378,137
Number of children ages 0 through 4	506,004	20,267,176
Number of children ages 0 through 4 living below poverty level	422,765	4,242,948
Number of children ages 5 through 11	615,225	24,780,636
Number of families	891,668	74,341,149
Number of single-parent headed families	256,437	10,947,374
Number of families below poverty level	142,638	7,605,363
Number of families below 200% of poverty level ²	419,000	20,152,000
Number of children under 18 below 200% of poverty level	581,000	28,539,000

Children Under 6 with Parents in the Labor Force¹

	VA	U.S.
In two-parent families, both parents in labor force	405,711	8,430,167
In single-parent families, parent in the labor force	211,116	5,416,501
Total children under 6 needing child care, as parents work	616,827	13,846,668

Women in the Labor Force¹

	VA	U.S.
With children under 6	133,326	4,830,391
Married with children under 18	435,443	16,132,802
Single with children under 18	163,660	6,705,437
Single living below poverty level with children under 5 ³	35,759	1,745,163

Child Care Costs, Family Incomes

	VA	U.S.
Average, annual fees paid for full-time center care ⁴ for an infant	\$9,484	\$4,388-\$18,408
Average, annual fees paid for full-time center care ⁴ for 4-year-old	\$7,488	\$3,794-\$15,340
Average, annual fees paid for full-time care for an infant in a family child-care home	\$7,540	\$4,128-\$12,000
Average, annual fees paid for full-time care for a 4-year-old in a family child-care home	\$6,552	\$3,536-\$10,500
Average, annual tuition and fees paid for state college ⁵	\$6,558	\$5,836
Ratio of full-time infant care in a center: state college tuition and fees	1.4:1	0.7:1 – 4.5:1
Cost of full-time care for an infant in a center, as percent of median income for single parents ⁶	37%	26%-71%
Median annual family income ⁷	\$65,174	\$55,832
Median annual family income of families with children under 18	\$64,414	\$53,607

¹ Unless otherwise noted, statistics in these sections are from the 2005 American Community Survey conducted by the U.S. Census Bureau (www.census.gov).

² Families and children below 200% of poverty level are estimates provided by the U.S. Census Bureau, CPS 2006 Annual Social and Economic Supplement, available at http://pubdb3.census.gov/macro/032006/pov/new46_001_185200.htm.

³ Includes all women, in and out of the labor force.

⁴ These data are derived from CCR&R data.

⁵ Average price of 2006-2007 tuition and fees for public four-year colleges by state, from the College Board, *Trends in College Pricing, 2006*. (http://www.collegeboard.com/prod_downloads/press/cost06/06-pricing_charts.xls)

⁶ Cost of infant care in a center from CCR&R data. Median income for single female householder with children under 18 from 2005 American Community Survey, by state.

⁷ From the 2005 American Community Survey.

Child Care Fee Assistance⁸

	VA	U.S.
Number of families served	18,200	1,027,800
Number of children served	29,300	1,782,000
Number of child care providers participating	Not reported	720,563
Percent of subsidized children cared for in licensed centers/homes	81.5%	73%
Percent of subsidized children cared for by relatives	9.7%	14%
Percent of subsidized children cared for in other non-regulated care	8.6%	11%

Child Care Supply⁹

	VA	U.S.
Number of centers	3,581	110,600
Number of accredited child care centers ¹⁰	252	11,552
Percent of child care centers that are accredited	7.0%	10%
Number of family child care homes	5,209	237,900
Number of accredited family child care homes ¹¹	18	2,106
Percent of family child care homes that are accredited	0.3%	0.9%
Total number of child care spaces	387,453	≈ 10,600,000
Percent of slots that are in child care centers	79%	≈ 69%
Percent of slots that are in family child care homes	11%	≈ 18%

Child Care Demand¹²

	VA	U.S.
Percent requests for infant and toddler care	58%	47%
Percent requests for pre-school age care	24%	31%
Percent requests for school-age care	18%	22%
Percent requests for full-time care	90%	81%
Percent requests for part-time care	10%	19%
Percent requests for before and after-school care	11%	12%
Percent requests for non-traditional hour care	7%	27%

Workforce and Training¹³

	VA	U.S.
Number of child care workers (excludes self-employed providers)	14,860	557,680
Average income for full-time, year-round child care provider	\$17,700	\$18,180
Number of training sessions held by CCR&R agencies for providers	1,260	≈ 74,300
Average number of providers attending per training session	15	8 to 46
Total number of providers trained by CCR&R agencies	4,811	≈ 505,000

Child Care Resource and Referral (CCR&R) Agencies

	VA	U.S.
Number of CCR&R agencies	24	846
Type of State Network ¹⁴		Managing

⁸ These statistics are provided by the Child Care Bureau (http://www2.acf.dhhs.gov/programs/ccb/data/ccdf_data/05ac1800/list.htm), from 2005 Child Care Development Fund data, and are derived from monthly averages. Total number of child care providers includes paid relatives and other non-regulated caregivers.

⁹ Data are provided by the State CCR&R Network and are derived from CCR&R data.

¹⁰ The national number reflects the number of accredited programs as of February 2007, provided by the National Association for the Education of Young Children. The state number was provided by the State Network and reflects accreditations in addition to NAEYC.

¹¹ The national number reflects the number of accredited programs as of December 2006, provided by the National Association for Family Child Care Centers. The state number was provided by the State CCR&R Network and reflects accreditations in addition to NAFCC.

¹² These data are derived from CCR&R data.

¹³ Workforce data are derived from the 2005 Occupational Employment Statistics survey by the Bureau of Labor Statistics, U.S. Department of Labor (<http://www.bls.gov/news.release/ocwage.t01.htm>); Training data are derived from CCR&R data.

¹⁴ Coordinating and Managing networks have staff and are funded to coordinate the work of local CCR&Rs. Single Entity CCR&Rs cover an entire state. Voluntary networks rely on volunteers, and have little or no public funding.

Overall Ranking of State Child Care Center Standards and Oversight

top 10		
State	Score	Ranking
Department of Defense	117	1
New York	90	2
Illinois	90	2
Washington	89	4
Maryland	89	4
Oklahoma	85	6
Tennessee	83	7
Michigan	83	7
North Dakota	83	7
Vermont	82	10
Minnesota	82	10

bottom 10		
State	Score	Ranking
Idaho	15	52
Louisiana	37	51
Nebraska	49	50
Kentucky	51	49
California	54	47
Kansas	54	47
Utah	55	45
New Mexico	55	45
Maine	57	44
New Hampshire	58	43

middle		
State	Score	Ranking
Nevada	81	12
Texas	81	12
Hawaii	80	14
Virginia	79	15
Pennsylvania	79	15
Rhode Island	79	15
Alaska	77	18
West Virginia	77	18
Massachusetts	77	18
Indiana	77	18
North Carolina	75	22
New Jersey	75	22
Wisconsin	73	24
District of Columbia	71	25
Delaware	71	25
Connecticut	71	25
Florida	70	28
Missouri	69	29
South Carolina	68	30
Alabama	67	31
Mississippi	67	31
Montana	67	31
Ohio	66	34
Georgia	64	35
Oregon	64	35
South Dakota	62	37
Iowa	62	37
Arizona	62	37
Colorado	61	40
Wyoming	60	41
Arkansas	59	42
Top Possible Score: 150		

Child Care Center Standards and Oversight Overall State Rankings (February 2007)

1. Staff:child ratios are in compliance with NAEYC* standards.
2. Group sizes are in compliance with NAEYC standards.
3. Center directors are required to have a Bachelor's degree or higher.
4. Teachers are required to have an Associate's degree in ECE** or related field or CDA***.
5. Center staff are required to have orientation training, first-aid training, CPR training, fire safety training, and other health/safety training.
6. Teachers are required to have 24 hours or more of annual training.
7. Center staff are required to undergo criminal history records check plus check of child abuse and neglect registry, state fingerprint check, federal fingerprint check, and check of sex offender registry.
8. Center programs are required to address six child developmental domains****.
9. Center procedures are required to address ALL 10 areas of health and safety and prohibit corporal punishment.
10. Centers are required to involve and communicate with parents and allow parental visits.
11. All centers and family child care homes are licensed.
12. Inspections of centers are conducted 4 times a year.
13. Programs to licensing staff ratio does not exceed 50:1.
14. Licensing staff have a Bachelor's degree in a related field.
15. Online inspection and complaint reports are available to parents.

* NAEYC (National Association for the Education of Young Children)

** ECE (Early Childhood Education)

*** CDA (Child Development Associate) credential

**** Six developmental domains are social, physical, language/literacy, cognitive/intellectual, emotional and cultural.

***** Ten areas are immunizations, guidance/discipline regulations, diapering and handwashing, fire drills, medication administration, incident reporting, placing infants on backs to sleep, hazardous materials, playground surfaces under outdoor equipment and emergency preparedness.

Ranking of State Child Care Center Oversight

Alphabetical Listing of States

State	Score	Ranking
Alabama	29	14
Alaska	27	17
Arizona	14	44
Arkansas	28	16
California	16	38
Colorado	27	17
Connecticut	10	48
Delaware	21	29
Department of Defense	40	1
District of Columbia	23	25
Florida	37	2
Georgia	31	9
Hawaii	27	17
Idaho	7	52
Illinois	24	22
Indiana	17	36
Iowa	15	40
Kansas	18	35
Kentucky	24	22
Louisiana	24	22
Maine	9	49
Maryland	26	20
Massachusetts	20	31
Michigan	31	9
Minnesota	16	38
Mississippi	23	25

State	Score	Ranking
Missouri	30	12
Montana	23	25
Nebraska	20	31
Nevada	31	9
New Hampshire	15	40
New Jersey	13	45
New Mexico	12	46
New York	29	14
North Carolina	34	6
North Dakota	21	29
Ohio	26	20
Oklahoma	35	3
Oregon	9	49
Pennsylvania	15	40
Rhode Island	15	40
South Carolina	35	3
South Dakota	17	36
Tennessee	32	8
Texas	30	12
Utah	9	49
Vermont	19	34
Virginia	35	3
Washington	34	6
West Virginia	22	28
Wisconsin	11	47
Wyoming	20	31
Top Possible Score: 50		

Ranking of State Child Care Center Oversight

top 10		
State	Score	Ranking
Department of Defense	40	1
Florida	37	2
Oklahoma	35	3
Virginia	35	3
South Carolina	35	3
Washington	34	6
North Carolina	34	6
Tennessee	32	8
Michigan	31	9
Nevada	31	9
Georgia	31	9

bottom 10		
State	Score	Ranking
Idaho	7	52
Utah	9	49
Maine	9	49
Oregon	9	49
Connecticut	10	48
Wisconsin	11	47
New Mexico	12	46
New Jersey	13	45
Arizona	14	44
New Hampshire	15	40
Iowa	15	40
Rhode Island	15	40
Pennsylvania	15	40

middle		
State	Score	Ranking
Texas	30	12
Missouri	30	12
New York	29	14
Alabama	29	14
Arkansas	28	16
Hawaii	27	17
Alaska	27	17
Colorado	27	17
Maryland	26	20
Ohio	26	20
Illinois	24	22
Kentucky	24	22
Louisiana	24	22
District of Columbia	23	25
Montana	23	25
Mississippi	23	25
West Virginia	22	28
North Dakota	21	29
Delaware	21	29
Massachusetts	20	31
Wyoming	20	31
Nebraska	20	31
Vermont	19	34
Kansas	18	35
Indiana	17	36
South Dakota	17	36
Minnesota	16	38
California	16	38

Child Care Center Oversight State Rankings (February 2007)

1. All centers and family child care homes are licensed.
2. Inspections of centers are conducted 4 times a year.
3. Programs to licensing staff ratio does not exceed 50:1.
4. Licensing staff have a Bachelor's degree in a related field.
5. Online inspection and complaint reports are available to parents.

Top Possible Score: 50

Ranking of State Child Care Center Standards

Alphabetical Listing of States

State	Score	Ranking	State	Score	Ranking
Alabama	38	41	Montana	44	32
Alaska	50	22	Nebraska	29	49
Arizona	48	26	Nevada	50	22
Arkansas	31	48	New Hampshire	43	35
California	38	41	New Jersey	62	8
Colorado	34	44	New Mexico	43	35
Connecticut	61	11	New York	61	11
Delaware	50	22	North Carolina	41	37
Department of Defense	77	1	North Dakota	62	8
District of Columbia	48	26	Ohio	40	38
Florida	33	45	Oklahoma	50	22
Georgia	33	45	Oregon	55	15
Hawaii	53	18	Pennsylvania	64	4
Idaho	8	52	Rhode Island	64	4
Illinois	66	2	South Carolina	33	45
Indiana	60	13	South Dakota	45	31
Iowa	47	29	Tennessee	51	20
Kansas	36	43	Texas	51	20
Kentucky	27	50	Utah	46	30
Louisiana	13	51	Vermont	63	6
Maine	48	26	Virginia	44	32
Maryland	63	6	Washington	55	15
Massachusetts	57	14	West Virginia	55	15
Michigan	52	19	Wisconsin	62	8
Minnesota	66	2	Wyoming	40	38
Mississippi	44	32			
Missouri	39	40			
			Top Possible Score: 100		

Ranking of State Child Care Center Standards

top 10			bottom 10			middle		
State	Score	Ranking	State	Score	Ranking	State	Score	Ranking
Department of Defense	77	1	Idaho	8	52	New York	61	11
Illinois	66	2	Louisiana	13	51	Connecticut	61	11
Minnesota	66	2	Kentucky	27	50	Indiana	60	13
Pennsylvania	64	4	Nebraska	29	49	Massachusetts	57	14
Rhode Island	64	4	Arkansas	31	48	Washington	55	15
Maryland	63	6	Georgia	33	45	West Virginia	55	15
Vermont	63	6	South Carolina	33	45	Oregon	55	15
North Dakota	62	8	Florida	33	45	Hawaii	53	18
New Jersey	62	8	Colorado	34	44	Michigan	52	19
Wisconsin	62	8	Kansas	36	43	Tennessee	51	20
						Texas	51	20
						Oklahoma	50	22
						Nevada	50	22
						Alaska	50	22
						Delaware	50	22
						District of Columbia	48	26
						Arizona	48	26
						Maine	48	26
						Iowa	47	29
						Utah	46	30
						South Dakota	45	31
						Virginia	44	32
						Montana	44	32
						Mississippi	44	32
						New Hampshire	43	35
						New Mexico	43	35
						North Carolina	41	37
						Ohio	40	38
						Wyoming	40	38
						Missouri	39	40
						Alabama	38	41
						California	38	41

Child Care Center Standards State Rankings (February 2007)

1. Staff:child ratios are in compliance with NAEYC* standards.
2. Group sizes are in compliance with NAEYC standards.
3. Center directors are required to have a Bachelor's degree or higher.
4. Teachers are required to have an Associate's degree in ECE** or related field or CDA***.
5. Center staff are required to have orientation training, first-aid training, CPR training, fire safety training, and other health/safety training.
6. Teachers are required to have 24 hours or more of annual training.
7. Center staff are required to undergo criminal history records check plus check of child abuse and neglect registry, state fingerprint check, federal fingerprint check, and check of sex offender registry.
8. Center programs are required to address six child developmental domains****.
9. Center procedures are required to address ALL 10 areas of health and safety and prohibit corporal punishment.
10. Centers are required to involve and communicate with parents and allow parental visits.

Top Possible Score: 100

* NAEYC (National Association for the Education of Young Children)

** ECE (Early Childhood Education)

*** CDA (Child Development Associate) credential

**** Six developmental domains are social, physical, language/literacy, cognitive/intellectual, emotional and cultural.

***** Ten areas are immunizations, guidance/discipline regulations, diapering and handwashing, fire drills, medication administration, incident reporting, placing infants on backs to sleep, hazardous materials, playground surfaces under outdoor equipment and emergency preparedness.

Overall Ranking of State Child Care Center Standards and Oversight

Alphabetical Listing of States

State	Score	Ranking
Alabama	67	31
Alaska	77	18
Arizona	62	37
Arkansas	59	42
California	54	47
Colorado	61	40
Connecticut	71	25
Delaware	71	25
Department of Defense	117	1
District of Columbia	71	25
Florida	70	28
Georgia	64	35
Hawaii	80	14
Idaho	15	52
Illinois	90	2
Indiana	77	18
Iowa	62	37
Kansas	54	47
Kentucky	51	49
Louisiana	37	51
Maine	57	44
Maryland	89	4
Massachusetts	77	18
Michigan	83	7
Minnesota	82	10
Mississippi	67	31
Missouri	69	29

State	Score	Ranking
Montana	67	31
Nebraska	49	50
Nevada	81	12
New Hampshire	58	43
New Jersey	75	22
New Mexico	55	45
New York	90	2
North Carolina	75	22
North Dakota	83	7
Ohio	66	34
Oklahoma	85	6
Oregon	64	35
Pennsylvania	79	15
Rhode Island	79	15
South Carolina	68	30
South Dakota	62	37
Tennessee	83	7
Texas	81	12
Utah	55	45
Vermont	82	10
Virginia	79	15
Washington	89	4
West Virginia	77	18
Wisconsin	73	24
Wyoming	60	41

Top Possible Score: 150

PARENTING GRANDFAMILIES 101

Tools And Skills For Kinship Caregivers



A “FREE” six (6) session workshop offering tools and skills to assist with the everyday parenting efforts for Grand Families

Sessions begin on Mondays starting: April 16, 2007 through May 21, 2007
9:30 a.m. – 12:00 p.m.

Workshop held at:
Catholic Charities of Eastern Virginia, Inc.
12829 Jefferson Ave., Ste. 101 (Denbigh Area)
Newport News, VA 23608

Weekly Topics

April 16th

Understanding Your “Role”

April 23rd

Promoting Well-Being and Understanding your Emotions

April 30th

Refining Parenting Skills: Child Development, Discipline, and Education

May 7th

Bridging the GAP: Building Relationships

May 14th

Resources and Support: Understanding Financial and Legal Networks

May 21st

Looking to the Future

The workshop sessions are “FREE” and open to all Kinship Caregivers for children
Registration is required. Please call by April 9, 2007

Peninsula/Williamsburg: 757.875.0060 Southside: 757.533.5217
Franklin/Suffolk Isle of Wight: 757.562.6222

“You don’t have to be Catholic to receive our help or to help us help others.”

MISSION STATEMENT: Catholic Charities of Eastern Virginia. Improving quality of life for all people in need by providing professional, compassionate services through intervention, prevention, education and advocacy.

