



COMMONWEALTH of VIRGINIA
Department for the Aging

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AAA TUESDAY E-MAILING
October 10, 2007

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Disease Prevention and Health Promotion Coordinators

FROM: Elaine S. Smith, MS, RD

DATE: October 10, 2007

SUBJECT: Resources and Information on Shingles

Shingles is a common condition among older adults and can be quite debilitating. I did not realize myself that there is a vaccine available. Unfortunately, the vaccine usually costs over \$150 per dose and may not be covered by insurance. However, seniors should talk with their healthcare provider about what might be available to them.

Aside from the vaccine, many people think there is nothing they can do once they get Shingles. However, **early intervention** with an antiviral, **within 48 to 72 hours** of first detecting symptoms, may reduce the severity of the nerve damage and speed healing. Seniors should not wait until they are experiencing intense pain but go to the doctor for treatment at the earliest possible sign.

Please use the following links to get reliable information for handouts, flyers, and materials to present to seniors in congregate meal sites, home delivered meal participants, and in your communities.

<http://www.nlm.nih.gov/medlineplus/shingles.html>

<http://nihseniorhealth.gov/shingles/aboutshingles/02.html>

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Tim M. Catherman
Director of Administrative Services

DATE: October 10, 2007

SUBJECT: National Association of Victims of Crime Assistance Administrators
(NAVAA) Grant

Deadline: October 15, 2007

The National Association of VOCA Assistance Administrators (NAVAA), through a grant from the Office for Victims of Crime (OVC), is offering funding to aid up to 60 communities in conducting public awareness initiatives during National Crime Victims' Rights Week (NCVRW), April 13-19, 2008; this year's theme is

"Justice for Victims. Justice for All."

RFP Link: <http://cap.navaa.org/>

COMMONWEALTH of VIRGINIA
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MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Tim M. Catherman
Director of Administrative Services

DATE: October 10, 2007

SUBJECT: Preparing America's Seniors for the Digital Television Transition Act

[Lawmakers Keep Prodding on DTV Education](#)

The bill would also establish a grant program for states and others to help seniors navigate the government's [converter box coupon program](#), and would formalize a partnership among the FCC, the National Telecommunications and Information Administration, and the Administration on Aging and mandate specific reporting requirements.



COMMONWEALTH of VIRGINIA
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MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen M. Nau

DATE: October 10, 2007

SUBJECT: Caregiving and Kinship Care

Relatives As Parents Program Grants

The Brookdale Foundation Group Relatives as Parents Program (RAPP) is pleased to announce a grant opportunity. The Brookdale Foundation will be providing seed grants to non-profit, 501 (c) (3) programs across the country that want to create or expand services to grandparents and other relatives raising children. Please see the attached local Request for Proposal (RFP) guidelines for more information.

In addition, the Foundation has collaborated with the National Association of Area Agencies on Aging (n4a) on a publication intended to make the aging network aware of important and successful Relatives as Parents Programs (RAPPs) operated by Area Agencies on Aging. The publication, ***Promising Practices in Supporting Grandparents and Other Relatives Raising Children***, can be found on the Brookdale Foundation website: <http://www.brookdalefoundation.org/relativesasparents.htm>.

The Rosalynn Carter Institute for Caregiving presents
A Telephone Learning Series Session featuring Eric Coleman, MD, MPH

Dr. Coleman is an Associate Professor of Medicine within the Divisions of Health Care Policy and Research and Geriatric Medicine at the University of Colorado Health Sciences Center.

Thursday, October 18, 12 noon EST Handling Changes in Care Settings and Care Providers

The term “**care transitions**” refers to the movement patients make between health care practitioners and settings as their condition and care needs change during the course of a chronic or acute illness. Care transitions are especially vulnerable times for patients, often characterized by conflicting medical advice, medication errors and a lack of follow-up care. These factors diminish the quality of care, thus necessitating additional treatments that might have been avoided. Dr. Coleman developed an intervention designed to target these problems and ease the transition between care sites and health care providers.

All registrants will receive copies of:

- The **Patient Health Record** that consists of the essential care elements for facilitating productive communication during the care transition.
- The **Discharge Preparation Checklist** of critical activities designed to empower patients by ensuring they have the information needed to provide effective and comprehensive care.
- The **Medication Discrepancy Tool** is a tool for identifying and characterizing medication discrepancies that arise when patients are making the transition between sites of care.

Register online for this FREE session: <http://www.rosalynncarter.org/tlsreg/> or call 229-931-2707

You will be given a toll-free number and dialing instructions to use on October 18. Registration is open until October 17. If you don't have an e-mail address, you should register by October 10 to receive the packet in the mail in time for the session.

Supporting Caregivers Across the Lifespan

In case you missed the live September 19 satellite broadcast at your local Veteran's Administration facility, you can review the entire broadcast in a 2 ½ hour on demand video at <http://videocast.nih.gov/PastEvents.asp?c=4>

Featured speakers include: Margaret Giannini, Director of DHHS Office of Disability; Gail Gibson-Hunt, National Alliance for Caregiving; Rick Greene, Administration on Aging; Susan Hill and Susie Butler, Centers for Medicare & Medicaid Services; Gary Quinn, Indian Health Service; Yvonne Jackson, Administration on Aging, Native American Caregiver Support Program; Faith McCormick, Administration on Developmental Disabilities, and Diana Denboba, Health Resources and Services Administration.

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