



COMMONWEALTH of VIRGINIA
Department for the Aging

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March 18, 2008

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Kathy Miller, Director of Long-Term Care

DATE: March 18, 2008

SUBJECT: Congratulations to Elaine Smith, MS, RD

Please join me in congratulating Elaine Smith, Nutrition Program Coordinator, for her election to the office of Treasurer for the Healthy Aging Dietetic Practice Group of the American Dietetic Association (ADA). As an officer, she will represent VDA at the symposium on *Health Promotion across the Spectrum of Aging: a Gerontological Nutrition Perspective* this summer in Florida and at the annual ADA conference in Chicago in October. All of her travel and related expenses will be paid by the ADA.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Barbara Childers, MSW, LSW
VICAP Director

DATE: March 18, 2008

SUBJECT: Baby Boomer knowledge regarding Medicare

As many of you are aware, the Baby Boomer population is beginning to enter the Medicare system. The National Association of Insurance Commissioners (NAIC) has completed a recent survey of 366 baby boomers. This study found that only 36% of those surveyed were aware of the age of Medicare eligibility (age 65). Additionally, 84% surveyed voiced the importance of access to health insurance but only 43% said that Medicare eligibility was a factor to be considered when planning retirement.

Unfortunately, NAIC's study showed that 66% of those surveyed were "not very familiar" or "not familiar at all" with Medicare options, including Medicare Parts B and D, supplemental insurance, Medicare Advantage, etc. A majority (82%) are concerned about the viability of Medicare's program and future funding for the program but 48% are expecting Medicare to cover their health care costs during retirement.

To read this entire article, please visit the following link to the article entitled, "Baby Boomers Confused about Medicare, According to Recent NAIC Survey."

<http://www.earthtimes.org/articles/show/baby-boomers-confused-about-medicare-according-to-recent-naic-survey,292701.shtml>



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen M. Nau, Human Services Program Coordinator

DATE: March 18, 2008

SUBJECT: Caregiver Awards

National Alliance for Caregiving and MetLife Foundation Invite Applications for National Family Caregiving Awards

Deadline: April 15, 2008

The National Alliance for Caregiving (<http://caregiving.org/>) and the MetLife Foundation (<http://www.metlife.org/>) have announced that applications will soon be accepted for the 2008 National Family Caregiving Awards Program. Now in its third year, the program is intended to improve the quality of life of family caregivers by recognizing and supporting the important work of community agencies and other organizations that support family caregivers as a significant part of their mission.

Three awards will be given in each of the following two categories:

- 1) Caregiver Education Awards will go to groups that have developed exemplary training programs to educate caregivers on topics such as assisting with ADL needs, financial planning, time management, and others.
- 2) Caregiver Support Awards will go to organizations that provide family caregiver support programs such as respite, counseling, or corporate eldercare in a truly innovative way.

Caregiver Awards

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One award in each category will go to an organization working in a community with a population of 100,000 or less. Two awards in each category will go to an organization working in a community with a population of 100,000 or greater. Each award will carry a cash value of \$25,000 to be designated for use in the awardee's caregiver program.

An Alzheimer's Recognition Award will also be given to one of the six award recipients that innovatively supports family caregivers of those with Alzheimer's disease. A Minority Recognition Award will be given to one of the six award recipients that innovatively supports minority family caregivers.

This year, for the first time, the alliance will also award a seed grant of \$5,000 to a nonprofit organization that wishes to create a program to meet the needs of older persons caring for their adult children with disabilities.

Visit the National Alliance for Caregiving Web site for access to the Request for Applications.

RFP Link: <http://fconline.foundationcenter.org/pnd/10011819/caregiving>



COMMONWEALTH of VIRGINIA
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MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen M. Nau, Human Services Program Coordinator

DATE: March 18, 2008

SUBJECT: Respite

Grant for Start-up Dementia Day Programs

A Request for Proposal (RFP) is now available to fund up to 40 new Brookdale National Group Respite Programs or Early Memory Loss Program sites nationwide. New grantees will receive seed grants (\$7,500 in year one, renewable at \$3,000 in year two), will attend a three-day training conference in November 2008 and will receive intensive technical assistance in developing their respite programs.

Applications are due by Wednesday, July 2, 2008; with the announcement of new grantees to be made in September. The grant application and proposal guidelines are available from:

Brookdale National Respite Program for Alzheimer's Families
Technical Assistance Office
2320 Channing Way
Berkeley, CA 94704
510-540-6734 or

www.brookdalefoundation.org.

More information about the Brookdale Respite Program is attached.

Easter Seals Public/Private Partnership with Arlington County Adult Day Services Program

Lisa Reeves, President and CEO of Easter Seals of the Greater Washington-Baltimore Region, announces the opening of a new medical adult day program in the Walter Reed Community Center in Arlington, Virginia. The center will provide a safe and stimulating environment for adults and seniors with disabilities and at risk of nursing home placement. The project was partially funded with VDA's Virginia Respite Care Grant and represents Easter Seals eighth program in the Northern Virginia. Seven new Senior+ programs were opened in collaboration with Fairfax County in 2007.

Virginia Caregiver Coalition Meeting Thursday March 20, 2008

The Virginia Caregiver Coalition will meet at 9:30 A.M. on Thursday, March 20, 2008 in the VDA Conference Room. Contact: Ellen Nau at 804-662-9340

Video conferencing will be available for the event at the following sites:

Mountain Empire Older Citizens, Inc. Contact Julia Trivett Dillon at 276-523-4202

Fairfax County Kelly Square Department of Health Contact: Lucy Gerland PSA 8C at 703-324-5411

Fredericksburg Department of Health Contact: Pat Holland PSA 16 at 540-371-3375

James Madison University Contact: Vicki Landes, Caregivers Community Network at 540-568-6799.

Mt. Rogers Health District Marion Contact: Libby Davis PSA 3 at 276-783-8158

Tazewell County Health Department Contact: Carol Raines PSA 2 at 276-964-4915

Madison County Health Department Contact: Lynnette Scott Rappahannock/Rapidan CSB/AAA and Aging Together at 540-825-3100

Agenda items will include: Election of officers; Fairfax AAA Fall Prevention Program, Legislative Update from Kathy Pryor of the Virginia Poverty Law Center; Virginia Voice Presentation, and coalition plans for the 2008 including webinars.

Grandparents Raising Grandchildren Resource Guide

Newly revised editions of the Grandparents Raising Grandchildren Resource Guide are now available for distribution. Call Ellen Nau at 804-662-9340 to reserve your copies.

Foster, Adoption and Kinship Conference

Registration is now open for the FACES April 18-20, 2008 Conference at the Doubletree Hotel in Charlottesville, Virginia. Registration fee: \$ 200 before March 20, 2008.

\$225.00 after March 20, 2008. For registration forms and hotel information, go to the FACES website at: <http://facesofvirginia.org/>

Brookdale National Group Respite Program FOR ALZHEIMER'S FAMILIES

Technical Assistance Office • 2320 Channing Way • Berkeley, CA 94704 • (510) 540-6734 • Fax (510) 540-6771

March 4, 2008

For Additional Information Contact: Carmen Mendieta,
Director, Technical Assistance Office
(510) 540-6734



FOR IMMEDIATE RELEASE

Grants Available for New, Start-up Dementia Day Programs

The Brookdale Foundation Group has issued a Request For Proposals (RFP) for the start-up of social model Group Respite programs for people with Alzheimer's disease and their family caregivers. In November 2008, The Foundation will be awarding up to 40 seed grants for the development of dementia-specific Group Respite programs or specialized programs for people with Early Memory Loss. The seed grants are \$7,500 for the first year with an opportunity for a second year grant of \$3,000. Any 501(c)(3) or equivalent not-for-profit service agency wishing to develop a social model, day program for Alzheimer's families is invited to apply. Proposals are due at The Brookdale Foundation office in New York on Wednesday, July 2, 2008. Award announcements will be made in September.

Applications for the dementia-specific Group Respite program should be based on *How to Start and Manage a Group Activities and Respite Program for People with Alzheimer's and Their Families*, a manual for community-based organizations available for \$6.00 (shipping and printing costs). For programs focusing on Early Memory Loss, a replicable model is outlined in the manual: *How to Plan and Implement an Early Memory Loss Program*. To order publications, visit www.brookdalefoundation.org, or call (212) 308-7355 to request a Book Order Form. To obtain the 2008 RFP and guidelines, contact Evelyn Yuen, TA Resources Manager, Brookdale National Group Respite Program, 2320 Channing Way, Berkeley, CA 94704, **phone** (510) 540-6734, **fax** (510) 540-6771, **e-mail**: ey@brookdalefoundation.org.