



COMMONWEALTH of VIRGINIA
Department for the Aging

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AAA TUESDAY E-MAILING
April 8, 2008

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: April 8, 2008

SUBJECT: Eating Locally Grown Food

Below is a link to a recent article in the *Richmond Times Dispatch* regarding the efforts at the Jefferson Area Board for Aging to purchase locally grown food for use in the senior nutrition program. There is also a brief slide show to accompany the article.

<http://www.inrich.com/cva/ric/entertainment.PrintView.-content-articles-RTD-2008-04-02-0012.html>

The subject of eating locally grown food has recently come to my attention and for those interested in learning more on a personal level, I recommend several books: *The Omnivore's Dilemma* and *In Defense of Food* by Michael Pollan. Also, *Holy Cows and Hog Heaven* and *Everything I Want to Do is Illegal* by Joel Salatin.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Health Promotion and Disease Prevention Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: April 8, 2008

SUBJECT: Funding Opportunity for Educational Materials

On April 1, 2008, Channing Bete Company began accepting applications for the Company's Community Services Grant Program.

Channing Bete will award four grants of \$750 each towards the purchase of Channing Bete Company(R) materials. Since there is no restriction on the type of Channing Bete Company products that can be purchased in this grant program, grant recipients have access to over 1,000 research-based, audience-targeted publications, presentations, and prevention programs.

Here are the essentials of the Channing Bete Company's Community Services Grant Program:

* Applications will become available on the Channing Bete Web site on April 1, 2008. For a downloadable application, go to: <http://www.channing-bete.com/funding/index.php?src=em>

* The deadlines for applications are April 30, 2008.

* Preference will be given to new and innovative programs in the areas of public health, human services, or community safety/law enforcement.

* Programs that are awarded grants must be implemented by October 1, 2008.

* Award recipients will be required to sign a publicity release and comply with other reporting requirements, as outlined in the grant application.



08-87

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Bill Peterson

DATE: April 8, 2008

SUBJECT: Older Virginians Month 2008 Proclamation

May is traditionally celebrated as Older Americans Month. This year's theme is "Working Together for Strong, Healthy, and Supportive Communities." This theme emphasizes that older Virginians deserve the right to a healthy and active old age and are encouraged to make those healthy choices that will help them maintain their independence in their homes and communities. Local Area Agencies on Aging will celebrate May as Older Virginians Month and many will plan special activities to commemorate the observance.

Attached is a proclamation signed by Governor Kaine that you can use during Older Virginians Month.

Attachment



CERTIFICATE of RECOGNITION

By virtue of the authority vested by the Constitution in the Governor of the Commonwealth of Virginia, there is hereby officially recognized:

OLDER VIRGINIANS MONTH

WHEREAS, since 1963, the month of May has been designated by the United States Administration on Aging as America's special time to honor and recognize its older citizens; and

WHEREAS, this year's theme for May is *Working Together for Strong, Healthy, and Supportive Communities*, which speaks to the opportunities we have to create better care and reinforce healthier societies for all ages; and

WHEREAS, there are currently more than 1 million Virginians age 60 and older and this population will expand to more than 2 million by 2030 when one in every four Virginians will be age 60 and older; and

WHEREAS, according to the United States Census Bureau, one out of every nine baby boomers will live to be at least age 90; and

WHEREAS, healthy lifestyle choices can prevent or control many of the Commonwealth's leading causes of death; and

WHEREAS, nearly 40% of deaths are linked to smoking, physical inactivity, poor diet, or alcohol abuse; and

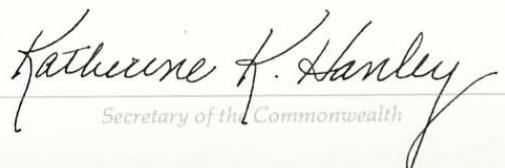
WHEREAS, there is now strong scientific evidence that it is never too late for healthy life-style choices to positively, and often greatly, impact the physical, emotional, and mental health of older persons; and

WHEREAS, older Virginians deserve the right to a healthy and active old age and are encouraged to make those healthy choices that will help them maintain their independence in their homes and communities.

NOW, THEREFORE, I, Timothy M. Kaine, do hereby join with the Virginia Department for the Aging, the Commonwealth Council on Aging, and Virginia's twenty-five local Area Agencies on Aging in recognizing May 2008 as **OLDER VIRGINIANS MONTH** in the **COMMONWEALTH OF VIRGINIA** and I call this observance to the attention of citizens of all ages.




Governor


Secretary of the Commonwealth



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Program Coordinator

DATE: April 8, 2008

SUBJECT: Caregiving

**CMS/NAC Coalition Network
2nd Quarter Conference Call**

Featuring the Virginia Caregiver Coalition

Date: April 16, 2008

Time: 1 to 2 p.m. (Eastern Time)

Toll-free phone number: 1-888-322-3914

Passcode: Network

Call Leader: Spencer Schron, Center for Medicare and Medicaid Services (CMS)

Agenda:

1. Welcome to the Call: Spencer Schron and Gail Gibson Hunt, National Alliance for Caregiving (NAC) (5 minutes)
2. Update from the NAC: Gail Gibson Hunt (10 minutes)
CMS Electronic Health Record Demonstration: Debbie Van Hoven, Office of Research, Development, and Information, CMS (10 minutes)
3. Planning your Caregiver Awareness Day: Ellen Nau (30 minutes)

Living with Grief Teleconference, provided by the Hospice Foundation of America, hosted by the Crater Caregiver Coalition.

The focus of the 2008 teleconference is children and adolescents. Attendees will meet in the auditorium of the John Tyler Community College Nicholas Student Center in Chester at 12:30. Lunch, vendors, door prizes await participants. The Teleconference starts at 1:30, with a 15 minute intermission around 2:45. The teleconference ends at 4:30 and is followed by a local panel discussion featuring children and grief experts from the great Richmond area. The day concludes at 5:00 PM. For more information, please contact Karen Gill at 804.909.0123

**Technology to Support Family Caregiving
Wednesday, May 14 8:30 AM – 11:00 AM**

The National Alliance for Caregiving is pleased to share information about an exciting event on Capitol Hill. *Technology to Support Family Caregiving* will be held on Wednesday, May 14th from 8:30 AM-11:00 AM in Rayburn Building B-339.

Technology to Support Family Caregiving will be co-hosted by Rep. Earl Pomeroy (D-ND), co-chair of the Long Term Care Caucus and Rep. Patrick Kennedy (D-RI), co-chair of the 21st Century Healthcare Caucus.

The event will include two different panels: 1) academic/nonprofit organizations and 2) for-profit technologies, both devices and internet-based. It is sponsored by Continua, IgeaCare, and AGIS.

Please RSVP to Suzanne Stack: suzanne@caregiving.org

White House Portraits of Compassion Video Contest

The White House Office of Faith-Based and Community Initiatives invites you to participate in the ***Portraits of Compassion*** video story contest. This contest is designed to shine a light on the countless caring Americans who offer help and hope to their neighbors in need as part of President Bush's Faith-Based and Community Initiative.

The mission of the Faith-Based and Community Initiative is to strengthen both faith-based and other community-based service organizations and to grow government's collaboration with them to aid people in need. Over the past seven years, tens of thousands of partnerships have formed between government and dedicated nonprofits, extending service and hope to millions of needy individuals both at home and abroad. The ***Portraits of Compassion*** video story contest is a chance to honor this vital work and inspire others to service as well.

Eligible applicants include any domestic or international nonprofit organization that has partnered with a Federally-funded program since 2001 to serve the needy. Applications must include a "video story" of three minutes or less that can be uploaded on a free online video sharing service such as YouTube, Google Video, iTunes, or MySpace. All videos must be submitted as an Internet link by May 1, 2008. To learn more or to submit an application, visit <http://www.hhs.gov/fbci/portraits/index.html>.

Winning videos will be premiered during the White House National Conference on Faith-Based and Community Initiatives in Washington, D.C., on June 26 and 27, 2008 and showcased nationally on the Conference website. This Conference is free and open to the public. Online registration for the Conference is available at www.fbci.gov by clicking on the "Washington DC" conference link at the top right corner.

Older Americans 2008: Key Indicators of Well-Being

Average life expectancy continues to increase and today's older Americans enjoy better health and financial security than any previous generation. However, rates of gain are inconsistent between the genders and across age brackets, income levels and racial and ethnic groups. Some critical disparities also exist between older Americans and older people in other industrialized countries. These and other trends are reported in *Older Americans 2008: Key Indicators of Well-Being*, a unique, comprehensive look at aging in the United States from the Federal Interagency Forum on Aging-Related Statistics.

Older Americans 2008, the fourth chartbook prepared by the Forum since 2000, provides an updated, accessible compendium of indicators, drawn from the most reliable official statistics about the well-being of Americans primarily age 65 and over. The indicators are categorized into five broad areas-population, economics, health status, health risks and behaviors and health care. The 160-page report contains data on 38 key indicators-and a one-time special feature on health literacy.

Older Americans 2008: Key Indicators of Well-Being is available online at www.AgingStats.gov and in limited quantities in print. Supporting data for each indicator, including complete tables, PowerPoint slides and source descriptions, can be found on the Forum's Web site. The U.S. Administration on Aging will send each State and Area Agency on Aging copies of the report. Single printed copies of *Older Americans 2008: Key Indicators of Well-Being* are available at no charge through the National Center for Health Statistics while supplies last. Requests may be made by calling 1-866-441-6247 or by sending an e-mail to nchsquery@cdc.gov. For multiple print copies, contact Forum staff director Kristen Robinson at (301) 458-4460 or send an e-mail request to agingforum@cdc.gov.

End of Life Care

The Administration on Aging is interested in identifying Best Practice models focusing on supporting caregivers and their relatives with end of life care. If you know of any innovative programs within your state that address this population, could you please send a summary of the program to gregory.link@aoa.hhs.gov. Programs could include education, counseling, partnerships, respite, palliative care, etc. Please send the information to Greg Link by April 15, 2008. Thank you.

“Aging Well in Mind, Body, and Spirit”

The Beard Center on Aging Conference will be held May 22nd and 23rd at Lynchburg College.

Twenty- five workshops, five special guest speakers, and over 40 exhibitors are featured during the two-day event. Linda Nablo, Commissioner for the Virginia Department for the Aging, will kick-off the conference and share information about federal and state programs available to meet the needs of older Virginians today. She will also share the new initiatives under consideration for the future.

For your convenience detailed conference information is available on line and you can register on line at www.lynchburg.edu/beard.xml.

Payment by check or credit card must be made within 7 days of receiving your application. This year the Center has added a number of scholarships for seniors (20) and professionals (2) to make this conference accessible. If you have any questions, or are interested in a scholarship to attend, please contact the Beard Center on Aging at (434) 544-8456.

Assuring Healthy Caregivers, A Public Health Approach to Translating Research into Practice: The RE-AIM Framework

This monograph which addresses the public health issues associated with family caregivers is now available on the Centers for Disease Control and Prevention website: <http://www.cdc.gov/aging/caregiving/index.htm>.

The monograph presents information on how to transfer evidence-based caregiver programs into practice.

FCA's popular TeleCaregiving Workshops for Family Caregivers are Now Archived Online

Family Caregiver Alliance (FCA) has added a new feature to its website, an online audio archive of TeleCaregiving^(sm) Workshops. Originally presented over the phone to thousands of caregivers and health professionals, the popular workshops offer caregivers the unique opportunity to learn practical care skills from expert instructors without leaving the comfort or convenience of their home or office.

The TeleCaregiving^(sm) Audio Workshop Archives can be found on FCA's website at www.caregiver.org under [Fact Sheets & Publications](#)>

TeleCaregiving^(sm) Workshops are a program of Family Caregiver Alliance and California's statewide system of 11 Caregiver Resource Centers (CRCs). Funding is provided by the California Department of Mental Health.

Family Caregiver Alliance offers programs to support and sustain the important work of families and friends caring for loved ones with chronic, disabling health conditions. FCA offers programs at national, state and local levels. A wealth of caregiving advice, resource listings, newsletters, fact sheets, research reports, policy updates and discussion groups are available free on our website. Visit www.caregiver.org or call (800) 445-8106 for more information.

The International Longevity Center and the Schmieding Center for Senior Health and Education Request for Proposals (RFP).

Applications are now being accepted from community colleges and other two year institutions to train family and paid caregivers. Up to 12 grants of \$25,000 each will be awarded. The deadline for submission of applications is May 15, 2008. More information and the RFP can be found at: <http://www.ilcusa.org/>