



COMMONWEALTH of VIRGINIA
Department for the Aging

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AAA TUESDAY E-MAILING
April 15, 2008

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Fiscal Officers
Area Agencies on Aging

FROM: Marica Monroe

DATE: April 15, 2008

SUBJECT: VICAP and Long Term Care Awareness Final Close Out Report
Grant Period – 04/01/2007 to 03/31/2008

A close out (settlement) report for the fiscal period April 1, 2007 to March 31, 2008 for VICAP and Long Term Care Awareness is due on or before May 15, 2008. An electronic version of the VICAP closeout report is available on the VDA website, www.vda.virginia.gov. Please e-mail the completed report to reports@vda.virginia.gov and name the file, VICAP Closeout Report PSAxx (Insert your PSA number in the integers, xx).

The total available amounts contained in your VICAP contract Summary of Obligations, should agree with the totals in the VICAP Close Out Report, Approved Budget columns. The total available amounts include unencumbered cash and unadvanced balances as of 03/31/07 from last year's close out report. If you have any questions, please contact me at (804) 662-9320 or by e-mail.

VIRGINIA DEPARTMENT FOR THE AGING
VICAP and LONG TERM CARE AWARENESS 2008 FINAL CLOSEOUT

Section A

Name and Address of Agency Operating Program

Contract Period: 04/01/2007-03/31/2008

Report Period: 04/01/2007-03/31/2008

Section B Approve Budget Categories (List)	Approved Budget		Y-T-D Expenditures		Budget Balance	
	VICAP	L. T. Care Awareness	VICAP	L. T. Care Awareness	VICAP	L. T. Care Awareness
					0	0
					0	0
					0	0
					0	0
					0	0
					0	0
Total	0	0	0	0	0	0

Section C

	VICAP	L.T Care
(1) Funds Received Y-T-D	_____	_____
(2) Funds Requested but not yet rec'd	_____	_____
(3) Line 1 plus Line 2	0	0
(4) Expenditures Y-T-D	0	0
(5) Cash-On-Hand (Line 3 minus Line 4)	0	0



08-90

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Nancy J. Lo, MSW
Virginia GrandDriver Coordinator

DATE: April 15, 2008

SUBJECT: GrandDriver

REMINDER: As soon as possible, please advise me who that designated transportation expert will be. This expert should be the person to outreach the community on driver safety.

At the end of April you will be receiving a toolkit on “*Virginia GrandDriver: A User’s Guide.*” This is a toolkit designed to help AAAs better address senior driving issues and conduct events in your area. This toolkit can be adjusted by you to better suit your area and your target population, either to professionals, caregivers, or seniors.

Soon after the delivery of these toolkits, I will hold a video-conference training with all of the designated transportation experts from each AAA. We would like to have everyone trained and prepared before the marketing blitz.

Additionally, VDA, Rappahannock Area Agency on Aging & MediCorp Health System will be hosting a **CarFit®** training in June. (Please post the attached flyer.) This training enables you all to hold events in your area to help seniors better understand and properly fit into their vehicles. The cost of training is free for the transportation expert in each AAA, \$25 for each additional trainee. Breakfast is provided on day 1 and lunch is provided on both days.

Please contact me at nancy.lo@vda.virginia.gov or 804-662-7686.



Drive safer. Stay mobile. Learn how.

CarFit Event Coordinator Training

Tuesday & Wednesday
June 10, 2008 9am-3pm
June 11, 2008 10am-2pm
Fredericksburg

1 day of training followed by
½ day of practice at the Art of Aging Expo
www.ArtofAgingExpo.com

Space is limited.
Please call for more information
and to reserve your spot.

Nancy J. Lo, GrandDriver Coordinator
804-662-7686
Nancy.Lo@vda.virginia.gov



MediCorp
Health System

CarFit

sponsored by



AOTA

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Tim M. Catherman
Director of Administrative Services

DATE: April 15, 2008

SUBJECT: Creativity and Aging in America



NATIONAL
ENDOWMENT
FOR THE ARTS

A great nation
deserves great art.

Creativity and Aging in America Fiscal Year 2009

New guidelines for grants on **Creativity and Aging in America** target projects that actively engage older Americans in ongoing programming in the disciplines of **literature** and/ or **music**. Through this initiative, the Arts Endowment will support exemplary projects and partnerships that employ professional artists and involve older adults as creators. The application deadline is **May 23, 2008**.

Approximately fifteen grants will be awarded in the amount of **\$15,000 or \$25,000**, and require a **one-to-one match**. **Applications must be submitted via grants.gov** for project support that would begin after January 1, 2009. Projects, regardless of the size or type of applicant organization, should be of national or regional significance, serve as models for the field, or provide an unusual or especially valuable contribution because of location in an area where programming involving older adults is underrepresented.

Projects may include but are not limited to:

- Activities that involve older adults in choruses, instrumental groups, and/or creative writing projects.
- Intergenerational programs including mentorship programs between older adult artists and students.
- The expansion of arts education beyond kindergarten through grade 12 to include lifelong learning in the arts for older adults in the disciplines of literature and/or music.
- Technical assistance, including Web-based resources, to assist with quality arts programming in literature and/or music for, by, and with older adults.

Projects must:

- Be limited to the disciplines of literature and/or music.
- Focus on the involvement of older adults in the art form(s).
- Employ professional artists.
- Be planned and implemented in cooperation with the target population including local organizations that address aging-related issues.
- Engage older adults as resources such as artists, program planners, or trainers.
- Be fully accessible to individuals with various disabilities.

Organizations are limited to one *Creativity and Aging* application per year. **An application in response to this announcement does not preclude an organization from applying under other Arts Endowment funding opportunities including *Grants for Arts Projects*.**

Information on Creativity and Aging grants and application instructions and forms are available in the **Literature and Music Funding Opportunities** section of the NEA's website.

<http://www.nea.gov/grants/apply/CreativityAging.html> **

National Endowment for the Arts website:

www.arts.gov

** Please note registration information regarding grants.gov, the federal government's online application system.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Debbie Burcham

DATE: April 15, 2008

SUBJECT: Reinventing Your Neighborhood

As part of Fairfax County's 50+ Initiative, the Fairfax Area Agency on Aging together with their partners presented a conference on March 12, 2008 entitled ***Reinventing Your Neighborhood: Creating Supportive Communities for All Ages***. Speakers were invited to present several different models of neighborhood-based service organizations designed to meet their own particular needs. Stephen Roop from Boston, MA presented on the Beacon Hill model, and many of the other models presented are based on Beacon Hill.

All of the models are different however. Some had paid staff, some had no paid staff. All models use volunteers to support the organization and as the mainstay for providing services to their neighbors. Funding for the organizations was also different. Some neighborhood organizations charge a membership fee, while others do not. One model uses a system whereby volunteers "bank their hours" for when they need help in the future. Another model has a boutique where they sell donated items that are still in good condition to support the organization. Some models provide a wide range of services such as chores, home care, transportation, grocery shopping, preferred provider lists, and organized small-group social activities. Other models offer a fewer combination of services.

Reinventing Your Neighborhood
April 15, 2008
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Cohousing was another model presented at the conference. Cohousing offers a community with a sense of purpose and place. People move into a neighborhood, own their own home, and agree to share responsibility for common areas and for the common good of one another. In these communities, services are brought into one small-scale community and members provide services to one another simply because they want to be good neighbors.

Reinventing Your Neighborhood: Creating Supportive Communities for All Ages was attended by over 400 interested citizens. It was an exciting conference that sparked interest for creative ways of helping people stay in their homes longer and keep them from being isolated as they age. As stated in the presentation Community Without Walls, Inc. Princeton, New Jersey:

First, things friends do for friends, next social and community involvement, then optional paid services.

For more information please see the attached Related Links-Reinventing Your Neighborhood.

Related Links - Reinventing Your Neighborhood

Reinventing Your Neighborhood - Speaker's Organizations

1. Beacon Hill Village: www.beaconhillvillage.org
2. Capitol Hill Village: www.chvdc.org
3. Mt. Vernon at Home: MountVernonAtHome@gmail.com
4. CFS-TIPS (Clifton/Fairfax Station): www.cfs-tips.org
5. Community Without Walls: www.princetonol.com/groups/cww/
6. Partners in Care: www.partnersincare.org
7. Cohousing Collaborative: www.cohousing.org

Other Villages Across East Coast

- Cambridge at Home (MA): www.cambridgeathome.org
Gramatan Village (Westchester County, NY): www.thecommunityfund.org
The Watergate Initiative (DC): patriciasmoore@earthlink.net

Other Creative Models

- Avenidas (Palo Alto, CA): www.avenidas.org
Dexter-Miller Community (Ann Arbor, MI): www.DEXMML.com
SAIL –Support for Active Independent Lives (WI): www.salitoday.org
Share Care of Leelanau (Northport, MI): www.sharecareleelanau.org
Staying Put in New Canaan (CT): www.stayingputnc.org

Other Related Links

- Aging – US Dept of Health & Human Services: www.hhs.gov/aging/index.html
Aging in Place Links (General): www.asid.org/designknowledge/aa/inplace/aginglinks.htm
Aging in Place Resources: www.nw.org/Network/comstrat/agingInPlace/nwresources.asp
'Aging Today' – American Society on Aging: www.asaging.org/at/at-291/toc.cfm
AARP Community Exchange: www.communityexchange.aarp.org
AARP Universal Home Design – Adults over 50: www.aarp.org/families/home_design/
Care Givers: www.caregiver.com/
Care Pages: www.carepages.com/
Certified Aging in Place Specialists (CAPS): www.nahb.org/category.aspx?sectionID=686
Healthy Aging for Older Adults: www.cdc.gov/aging/index.htm

IRS – 501(c)(3) Application for Recognition of Exemption:

www.irs.gov/charities/article/0,,id=96109,00.html

Liability Insurance – Alliance of Nonprofits for Insurance: www.ani-rrg.org/

National Aging in Place Council: www.naipc.org

National Council on Aging: www.ncoa.org

National Family Caregivers Assn.: www.nfcacares.org/

Needs for Seniors in the 21st Century:

www.govinfo.library.unt.edu/seniorscommission/pages/general/whitePaper.html

NORC's – An Aging in Place Initiative: www.norcs.com/section.html?id=1283 and

www.NORCblueprint.org

Ohio Seniors Resource Directory: www.help4seniors.org

Senior Friendly Libraries: www.seniorfriendlylibraries.blogspot.com/2007/11/aging-in-lace.html

U.S. EPA – Aging Initiative: www.epa.gov/aging

Other Fairfax County Links

Board of Supervisors' 50+ Plan: <http://www.fairfaxcounty.gov/olderadults/>

Commission on Aging: <http://www.fairfaxcounty.gov/aaa/coa.htm>

Department of Family Services' Adult Services:

<http://www.fairfaxcounty.gov/dfs/factsheets/adultaging.htm>

Department of Family Services' Area Agency on Aging: <http://www.fairfaxcounty.gov/aaa/>

Department of Family Services' Disability Services Planning & Development:

<http://www.fairfaxcounty.gov/dsb/>

Community and Recreation Services: <http://www.fairfaxcounty.gov/rec/>

Public Library: <http://www.fairfaxcounty.gov/living/libraries/>

Long Term Care Coordinating Council: <http://www.fairfaxcounty.gov/hd/ltccc/>

Dept. of Transportation: <http://www.fairfaxcounty.gov/fcdot/seniors.htm>

Handy Automated Reply Internet Search Option

Google Alerts: <http://www.googlealert.com/about.php>

Stay up to date – Use Google Alert (free) to monitor your interests, news, and almost any subject online. It tracks the entire web for your personalized topics and sends you new results by daily email. Sign up at: <http://www.google.com/alerts>