



COMMONWEALTH of VIRGINIA
Department for the Aging

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AAA TUESDAY E-MAILING
July 8, 2008

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Directors,
Area Agencies on Aging

FROM: Bill Peterson

DATE: July 8, 2008

SUBJECT: Disaster Preparation – Florida’s Disaster Preparedness Guide

AoA encourages AAAs to check out the Florida Disaster Preparedness Guide for Elders. This is a comprehensive guide that cover almost every imaginable disaster that could strike a local community. The guide appears to be published as a free newsletter that is available to older Floridians and their families. The guide can be found at <http://elderaffairs.state.fl.us>. Click on the Disaster Guide in the right hand column.

To review other emailings from VDA on disaster preparedness, retrieve the following Tuesday emails: 2/21/07 (07-60), 7/14/08 (07-151), and 9/5/07 (07-160).

Start your planning now and include a copy of the Florida guide in your AAA “disaster library.”



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: July 8, 2008

SUBJECT: Caregiving

The Coming Home Project is a non-profit organization devoted to providing compassionate care, support and stress management tools for Iraq and Afghanistan veterans and their families. The Coming Home Project offers a range of free services: workshops and retreats; psychological counseling; training for care providers; and community forums. The programs address the mental, emotional, spiritual and relationship challenges faced by veterans and families before, during and after deployment. The organization provides a “community” for veterans and their families to come together and share their stories, struggles and accomplishments. For more information, visit: <http://www.cominghomeproject.net/cominghome>

Caring from a Distance (CFAD) is a nonprofit organization dedicated to serving the seven million Americans who manage the needs of seniors who live hundreds or thousands of miles away. Caring From a Distance hosts a website with information and resources targeting caregivers and families who are caring for loved ones from a distance. Features include a content-rich site with tips and toolkits, a secure place to store vital information for emergencies, a Washington D.C. metro area Service Directory with detailed searchable information for 2600 providers, links to other resource centers with call lines in other parts of the country, and access to hundreds of national resources. Site visitors can access free information specialists to discuss complex needs, and arrangements can be made for multi-party phone conferences. Email

requests for assistance for all parts of the country, and even across the sea, are followed up promptly with suggested next steps and contacts. For more information, visit: <http://www.cfad.org>

Annual Lifespan Respite Conference September 4 - 6, 2008

The 2008 Lifespan Respite Conference, "Home Grown: Cultivating Caregivers," will be held in Des Moines, Iowa, September 4-6, 2008. The Conference is hosted by the Iowa Respite and Crisis Care Coalition in collaboration with the ARCH National Respite Network. To register, copy and paste this link:

<http://www.irccc.com/displaycommon.cfm?an=1&subarticlenbr=90>

Georgia - Mobile Day Care Program

The Georgia Division of Aging Services has a Mobile Day Care (MDC) Program. MDC's allow caregivers in rural counties a period of respite from their 24 hour-a-day caregiving responsibilities for persons with dementia. Mobile day care enables rural communities to have their own day care program while "sharing" staff which will travel between locations. The Georgia Division of Aging Services has produced a video regarding Mobile Day Care, which was recently featured in the Supporting Rural Caregivers Satellite Broadcast, sponsored by CMS and AoA. The video can also be viewed on the Division's website. Once on the website, look to the top left hand side for a box; click on Publications, then scroll down and click on the Mobile Day Care video. <http://aging.dhr.georgia.gov/portal/site/DHRDAS>



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Liz Riggs, M.P.A., Project 2025 Grant Coordinator

DATE: July 8, 2008

SUBJECT: Free Audio Conferences – Nursing Homes: Getting Good Care

REGISTER NOW FOR FREE AUDIO CONFERENCE SERIES!

**The sessions are FREE, but Pre-Registration is required.
Space is limited. Hurry and register now!**

Presented by- Project 2025: Enhanced Access to Legal Assistance for Older Virginians
Partners- Virginia Dept. for the Aging - Virginia Poverty Law Center - State LTC Ombudsman Office

Both Sessions are from 10:00am-11:00am EST

- **August 7— Finding A Nursing Home: What You Need to Know!**
- **August 14 —Who Says You Have to Leave the Nursing Home? What You Can Do**

Speakers

Joani Latimer
State Long-Term Care Ombudsman
Office of the State Long-Term Care Ombudsman

Kathy Pryor, Esq.
Elder Law Attorney
Virginia Poverty Law Center

Please see the following attachment with Flyer and Registration Form.

Why You Need to Participate?

Get all the information you need to know about choosing a nursing home, the admissions process, getting good care, and your rights as a nursing home resident —when the nursing home says you have to leave or that you can't return after a hospital stay.

Who Should Participate?

Caregivers, Family Members, Older Adults, and anyone who works with older adults.

If you have questions, please contact Liz Riggs, M.P.A., at:

Phone: 804-662-7050

Email: Liz.Riggs@vda.virginia.gov

FREE AUDIO CONFERENCE SERIES

Nursing Homes: Getting Good Care

Presented By- Project 2025: Enhanced Access to Legal Assistance for Older Virginians

In Partnership With

Virginia Department for the Aging

Virginia Poverty Law Center

Office of the State Long-Term Care Ombudsman

Both Sessions are from 10:00am-11:00am EST

Thursday, August 7— Finding A Nursing Home: What You Need to Know!

Thursday, August 14 —Who Says You Have to Leave the Nursing Home? What You Can Do

Speakers

Joani Latimer

State Long-Term Care Ombudsman

Office of the State Long-Term Care Ombudsman

Kathy Pryor, Esq.

Elder Law Attorney

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Why You Need to Participate?

Get all the information you need to know about choosing a nursing home, the admissions process, getting good care, and your rights as a nursing home resident —when the nursing home says you have to leave or that you can't return after a hospital stay.

Who Should Participate?

Caregivers, Family Members, Older Adults, and anyone who works with older adults.

Are you too busy to attend an educational program?

This free Audio Conference Series is designed for those who aren't able to attend a program outside the home or office. You can simply call in from your home phone.

Once registered, you will receive a toll free telephone number and access code with instructions at the mailing or email address you provided. On the day of the conference you will call in and join many others who are seeking the latest information about getting good nursing home care.

Registration

Name: _____

Address: _____

City/State/Zip: _____

Daytime Phone: (_____) _____ - _____ **Home Phone:** (_____) _____ - _____

Email Address: _____

Please sign me up for: _____ August 7 _____ August 14

Please mail or fax your completed form the Department for the Aging at:

Fax: 804-662-9354

Mail: Liz Riggs, M.P.A.

Project 2025 Grant Coordinator

Virginia Department for the Aging

1610 Forest Ave, Suite 100, Richmond, VA 23229

If you have questions, please contact Liz Riggs at:

Phone: 804-662-7050

Email: Liz.Riggs@vda.virginia.gov