



COMMONWEALTH of VIRGINIA
Department for the Aging

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AAA TUESDAY E-MAILING
September 9, 2009

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



09-175

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Disease Prevention and Health Promotion Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: September 9, 2009

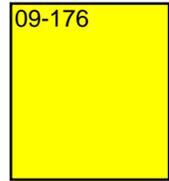
SUBJECT: Fall Prevention Awareness Day – September 22

Although Virginia doesn't have a statewide Fall Prevention Coalitions, plans are underway in 21 states for National Falls Prevention Awareness Day on Sept. 22—the first day of fall. NCOA leads the Falls Free™ Coalition, a national network dedicated to reducing the number of falls among older adults.

The Falls Free™ State Coalition Workgroup has developed a variety of tools and resources for states and communities to promote the day. Included are tips for publicity, activities, and evaluation.

- [Get resources.](#)
- [Visit the Falls Free™ Coalition.](#)
- [Find falls prevention activities in your state.](#)

Please contact me at Elaine.Smith@vda.virginia.gov if you are interested in working toward a statewide Virginia Fall Prevention Coalition.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Disease Prevention and Health Promotion Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: September 9, 2009

SUBJECT: Arthritis Foundation Exercise Program

Earlier this year, four staff members at the Crater District AAA participated in training and became certified Arthritis Foundation Exercise Program instructors. They now conduct daily exercise classes at the nutrition sites. Previously hesitant exercisers, the seniors love it and now look forward to participating! Please access the following links and see how *Joints are Jumping in Jarratt, VA*. Nice work!

<http://www.arthritis.org/chapters/virginia/sap-promo.php> Article

http://www.slide.com/r/5CoThwWKwz9ZXY_flx7ziYKUYLHnFWK5 Slideshow

If you have questions or comments, please contact Lorraine Chatmon at 804-732-7020 or lchatmon@cdaaa.org



09-177

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Disease Prevention and Health Promotion Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: September 9, 2009

SUBJECT: Handwashing Materials

Lately, we've been hearing how important handwashing is in preventing the flu!

Following is a link to FREE downloadable handwashing posters and other materials put together by Alice Henneman, MS, RD, Extension Educator at the University of Nebraska-Lincoln.

She collected on one web page 12 informative (and frequently FUNNY!) videos that promote handwashing and how to avoid spreading germs.

Here's the link to start watching the videos and get the FREE materials:
<http://lancaster.unl.edu/food/handwashing-videos.shtml>



09-178

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Katie M. Roeper

DATE: September 9, 2009

SUBJECT: No Wrong Door Coordinator Position Announcement

Below, please see the description for the NWD Coordinator position which is currently posted on the Commonwealth's website. This position is funded by DMAS with the federal Systems Transformation Grant through FFY 2011. Online applications must be received by 5:00 pm on September 17, 2009. Please share this information with your colleagues and encourage qualified applicants to apply.

Position Information

Working Title: No Wrong Door Coordinator
Role Title: Program Admin Manager II - 19215
Job Close Date: 09-17-2009 at 5pm

Hiring Range: \$45,000 - \$60,000
Position Number: 00055
Full-Time, Pay Band 05

Job Description

The No Wrong Door (NWD) Coordinator is responsible for the implementation of Virginia's NWD initiative, designed to streamline access to information, services, and supports for seniors and adult with disabilities, maximizing opportunities to live at home and engage in community life. This position will lead efforts to coordinate

communication, planning, policy, and service delivery with state agencies, Area Agencies on Aging, Centers for Independent Living, hospitals, 211 Virginia, SeniorNavigator, consumers, and other public and private stakeholders and work closely with staff responsible for the development and integration of the system software. Eligible candidates should be knowledgeable about state and federal long-term care programs, person-centered/consumer-choice philosophies, Virginia's aging and disabilities networks, local government, hospital discharge planning processes, e-medical records, information technology, information and referral and skilled in group leadership and strategic planning. Experience in IT training, marketing, public speaking, federal grant development and reporting, contract negotiations, a plus.

Minimum Qualifications

Excellent oral and written communication skills
Experience in project management to include scheduling, budgeting, reporting
Background in Health and Human Services
Proficient in MS Word, MS Excel, PowerPoint
Bachelors of Science in public administration, business management, human services related field, or equivalent work experience

Preferred Qualifications

Experience in grants administration to include planning, development, implementation, and reporting
Experience in coordinating programmatic planning with an IT planning, integration, or development team
Ability to develop and analyze regulations, policies, and procedures
Skilled in group facilitation, conflict resolution, and consensus building
Preferred Masters Degree

Special Requirements

Occasional overnight travel required.
Special Instructions to Applicants
Applications must be received by 5:00 pm on September 17, 2009.

Optional Applicant Documents: Resume, Cover Letter

Effective October 1, 2006, the Virginia Department for the Aging (VDA) will accept ONLY online applications for all VDA employment opportunities. Computers are available for applying for jobs in the DHRM Career Center, public libraries, and the Virginia Employment Commission offices. DHRM will provide, if requested, reasonable accommodation to applicants in need of accommodation in order to provide access to the application and/ or interview process. If any assistance is needed when applying online, please contact DHRM (804) 225-2131.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen M. Nau, Program Coordinator

DATE: September 9, 2009

SUBJECT: Caregiving

Virginia Caregiver Coalition

The Virginia Caregiver Coalition (VCC) will hold an informational meeting about the home services programs of the U.S. Department of Veterans Affairs, Veterans Health Administration on September 16, 2009 at 9:00 A.M. Speakers include: Antoinette McGeorge, Beverly Cooley and Laura Aylmer, McGuire Veterans Hospital - In-Home Services Program; Emily Chrysler, McGuire Veterans Hospital - Hospice Program; Attorney Susan Jean - Applying for the Aide and Attendant Program, and Mac DeBusk, Mobility Coordinator of District III Senior Services - the New Freedom program and the agency's transportation services for clients to the veterans' hospitals in Salem, Virginia and in the Tri-Cities area.

Caregivers and other interested parties are invited to this informative event! Space is limited at some video conference site locations. If you would like to attend the meeting at VDA or at a video conference site, please contact the appropriate site coordinator as listed below.

Sites for September 16 Meeting!

VDA
MEOC
Fairfax County DFS
James Madison University

Ellen Nau 804-662-9340
Julia Trivett Dillon 276-523-4202
Lucy Gerland 703-324-5849
Kathleen Pantaleo 540-568-6692

Williamsburg Health Department	Sharon Brandau 757-873-0541
Madison County Health Department	Lynnette Scott 540-825-3100
Fredericksburg Health Department	Pat Holland 540-371-3375
Smyth County Health Department	Sissy Frye 276-783-8158

The VCC thanks Deb Loving, VDA Information Specialist, and Rich Watson, Virginia Department of Health video conference guru, for their help in arranging this meeting.

Prepare yourself and your guests for the meeting by downloading and reading the latest Virginia Child Protection Newsletter devoted to military family issues. Go to <http://psychweb.cisat.jmu.edu/graysojh/>

Residents' Rights Week – October 4-10, 2009

Kathy Pryor, Attorney at the Virginia Poverty Law Center and Joanie Latimer, State Ombudsman, will host two free audio conferences during Residents' Rights Week. An informational flyer on the event is attached. The Statewide Theme for the week is "All the Comforts of Home."

(1) **"All the Comforts of Home: Culture Change and Resident-Centered Care"**--
Date: Monday, October 5, 2009, 11:00 a.m. A one-hour session by Joani Latimer, State Long Term Care Ombudsman, introduces the statewide theme, presents what local ombudsmen and legal aid advocates are doing in various parts of the state during the week, and discusses residents' rights and how those rights are best served by creating a homelike environment for each resident.

(2) **"All the Comforts of Home: They mean nothing if you can't stay there!"** ---
Date: Wednesday, October 7, 2009 at 11:00 a.m. A one-hour session by Kathy Pryor, Elder Law Attorney at the Virginia Poverty Law Center, reinforces the statewide theme and connects it to a statewide effort to reduce improper transfers/discharges from nursing homes. The session discusses the laws that protect residents from improper discharges and how residents/families/advocates can enforce these protections.

Registration: The audio conferences are free, but participants need to pre-register to get the call-in information. Please call Robert Gardner, Project 2025 Coordinator at the Virginia Poverty Law Center, (804) 782-9430, Ext. 32 to register.

LOA – Caregiver Conference

PSA 5 will present "Caring for You, Caring for Me" Caregiver Conference on September 22, 2009. The conference will be held from 8:30 A.M. to 3 P.M. at the Holiday Inn Valley View in Roanoke. It will feature Dr. David Haigler from the Rosalyn Carter Institute for Caregiving. Information about the event is attached.

Registration

One form must be completed for each registrant. Forms may be copied. To register, complete and return with payment to the address below. Registration closes, September 15, 2009.

Name _____

Organization _____

City, State, Zip _____

Phone _____

Please circle which workshops you will be attending:

10:30 a.m.

Dr. David Haigler
Healthy Foods for Seniors

11:15 a.m.

Power of Attorney
Finding a Nursing Home

1:15 p.m.

Applying for Medicaid
In-Home Services

2:15 p.m.

Medicare and LTC Insurance
Identity Theft & Scams

Conference Fee: \$25

Includes continental breakfast, lunch and refreshments.
Make checks payable to LOA.

Please charge \$25 to my Visa/Mastercard.

Account# _____ Exp date _____

Name on Card _____

Phone Number _____

Billing Address _____

City _____ State _____ Zip _____

CVC Code (Last three digits on back of card) _____

Signature _____

LOA Caregiving Conference, LOA Area Agency on Aging
PO Box 14205, Roanoke, VA 24038.

Fax credit card orders to 540-981-1487. Call 345-0451 for more info.

LOA Area Agency on Aging
PO Box 14205
Roanoke, VA 24038

Caring for You Caring for Me

featuring **Dr. David Haigler,**
Rosalyn Carter Institute for Caregiving

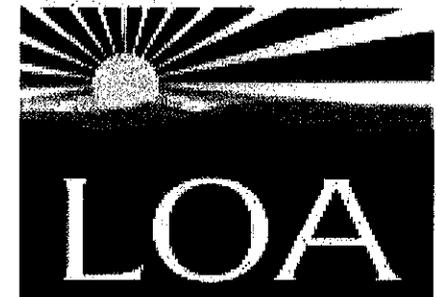
Tuesday, September 22

8:30 a.m. - 3 p.m.

**Holiday Inn - Valley View
Roanoke**

3315 Ordway Drive
Roanoke, Virginia

presented by:



LOCAL OFFICE ON AGING

Non-Profit
Organization
U.S. Postage Paid
Roanoke, VA
Permit No. 154

Agenda & Workshops

- 8:30 – 9:00 Registration & Exhibit**
Local commercial and non-profit agencies will have information available on their services for the elderly and their caregivers.
- 9:00-9:15 Welcome, Introduction of Speaker**
- 9:15-10:15 Keynote Address**
“The Family-Professional Alliance: Working Together to Address the Imminent Caregiving Crisis” Dr. David Haigler, Rosalyn Carter Institute
- 10:15-10:30 Break and Exhibits**
- 10:30-11:15 Workshops I**
“*Caring for You, Caring for Me:*” Dr. David Haigler, Rosalyn Carter Institute
A program that brings family and professional caregivers together for education and support.
- Healthy Foods for Seniors** Dorothy Shaver, Kroger Dietitian
Tips on how to select healthy foods. Samples will be offered.
- 11:15-12:00 Workshops II**
Power of Attorney Shannon Abell, LOA
Director of Senior Resources
Why you need a will, Power of Attorney and Advance Medical Directive
- Finding a Nursing Home** Pam McAdams, LOA
Ombudsman
What to look for in selecting a facility to meet an individual's needs.

12:00-1:15 Lunch and Exhibits

- 1:15-2:00 Workshops III**
Applying For Medicaid Judy Ferrell, State Department of Social Services, and Ann Green, attorney at law
How to apply for Medicaid particularly when it is needed for nursing home placement.

In-Home Services - Panel Discussion

- Anita Lancaster, LOA
Curtis Andrews, RADAR
Annette Clark, Alzheimer's Association
Sue Nutter, Adult Care Center of Roanoke
Mary Johnson & Melinda Persinger, Family Services of Roanoke Valley
A discussion of care coordination, transportation, adult day care, personal care and other services to keep seniors in their own homes.

2:00-2:15 Break & Exhibits

- 2:15-3:00 Workshops IV**
Medicare & LTC Insurance Shannon Abell
Reviews changes in Medicare Part A, B, C, the prescription drug program Part D, and long term care insurance.

- Identity Theft & Scams** Julie Wheeler, Better Business Bureau
Advice on how to avoid being the victim of identity theft and other scams which take advantage of the elderly.

Dr. David Haigler

David Haigler is an independent, part-time consultant in the field of caregiving and a Licensed Masters Social Worker (LMSW) in the State of Georgia. Prior to his retirement from the University System of Georgia in May, 2004, Dr. Haigler was Deputy Director of the Rosalynn Carter Institute for Caregiving, Georgia Southwestern State University, for 14 years. Since his retirement he has continued to work with the Rosalynn Carter Institute in several capacities, including director of the statewide CARE-NET program and interim executive director. Prior to his appointment with the Rosalynn Carter Institute, he worked in various direct service, supervisory and management positions within Georgia's Department of Human Resources, primarily in the mental health field, for more than 17 years.

Dr. Haigler is the lead author and developer of *Caring for You, Caring for Me: Education and Support for Family & Professional Caregivers*, First and Second editions (1998 and 2007) and a contributing author of *Caring & Competent Caregivers* (University of Georgia Press, 1998). Dr. Haigler has several articles on issues related to education, training and support programs for caregivers published in professional journals and bulletins, and he has conducted numerous workshops and presentations related to caregiving throughout the United States.

Dr. Haigler has a Bachelor of Arts degree in psychology, a Master of Social Work degree, and a Doctor of Education degree, all from the University of Georgia. In May, 2004, he was presented with the 2004 Rosalynn Carter Caregiving Award for his national leadership in developing programs to assist family and professional caregivers. Dr. Haigler is active in volunteer work, including current service as president of his Lutheran congregation and a recent 10-year stint on the Georgia Governor's Advisory Council for Mental Health, Developmental Disabilities, and Addictive Disease.

**“All the Comforts of Home”
Free Audio Conference Series
Residents Rights Week: October 4th—10th.**



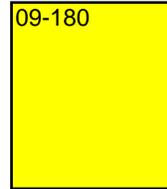
“All the Comforts of Home”

- **“All the Comforts of Home: Culture Change and Resident-Centered Care”** --- A one-hour session by Joani Latimer, **State Long Term Care Ombudsman**, introducing the statewide theme for Residents’ Rights week, “All the Comforts of Home,” talking about what local ombudsmen and legal aid advocates are doing in various parts of the state during the week, and talking about residents rights and how those rights are best served by creating a homelike environment for each resident. Date: **Monday, Oct. 5, 2009, 11:00 a.m.**

- **“All the Comforts of Home: They mean nothing if you can’t stay there”**--- A one-hour session by Kathy Pryor, elder law attorney at **Virginia Poverty Law Center**, reinforcing the statewide theme and tying it to a statewide effort to reduce improper transfers/discharges from nursing homes, and discussing laws that protect residents from improper discharges and how residents/families/advocates can enforce those protections. Date: **Wednesday, October 7, 2009, 11:00 a.m.**

- **This Audio series is free to the public, though registration is required.**

TO REGISTER
CALL ROBERT GARDNER: 804.782.9430 EXT. 320
ROBERT@VPUC.ORG



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Program Coordinator

DATE: September 9, 2009

SUBJECT: National Grandparents Day – September 13, 2009

In 1978, Congress passed legislation proclaiming the first Sunday after Labor Day as National Grandparents Day and then-President Jimmy Carter signed the proclamation. The statute cites the day's purpose as: "... to honor grandparents, to give grandparents an opportunity to show love for their children's children, and to help children become aware of strength, information, and guidance older people can offer."

According to the U.S. 2000 Census, there are 2 1/2 million households with grandparents raising their grandchildren in the United States. There are 107,602 children in Virginia living in grandparent-headed households (6.2% of all children in the state). There are another 31,076 children living in households headed by other relatives (1.8 % of all children in the state). Of the children living in households headed by grandparents or other relatives in Virginia, 56,663 are living there without either parent present.

Several Area Agencies on Aging (AAA), private providers and non-profits are working to aid grandparents and other relative caregivers. A success story from the Crater District AAA grandparent support group: An elderly couple raising grandchildren five and fourteen years old began attending the Crater District AAA Grandparent Raising Grandchildren Support Group. Through the Support Group, the grandparents have received information from staff and community professionals about taking care of themselves, parenting tips and community resource information. The family has

benefitted through assistance with school supplies, emergency assistance for utilities, gift certificates for clothing and direct purchase of clothing and shoes. As a result, the fourteen year old grandchild was able to tour the Governor's School appropriately dressed. The child will be attending this prestigious school beginning in Fall, 2009. The self-esteem of both children has improved because they are remembered and receive assistance at Christmas and at the beginning of the school year. They also participate in fun group activities and outings sponsored by the Support Group. The grandparents are thankful that they have a support system to access for assistance and referral. For further information about the Crater District AAA support group, contact Helen Terry at 804-732-7020.

Fortunately for the grandparents and grandchildren of the Commonwealth, this story of grandparent support is being repeated across the state - from Big Stone Gap to Pulaski to Fairfax County to the Tidewater area. Loving support is being given to those who find themselves taking on the parenting role for a second time. Don't forget that the Virginia Department for the Aging has its ***Grandparents Caring for Grandchildren, A Resource Guide*** available on request. Information about programs for grandparents raising grandchildren is available on the internet at SeniorNavigator.com and by telephone from Virginia 2-1-1. VDA's nine year association with the Brookdale Foundation gives it access to information about the latest programs available to assist relative caregivers.

Chesterfield County

Senior Advocate, Debbie Leidheiser announces the formation of a new grandparent support group. Its first meeting will be October 4 at 4:15 P.M. in the County's Juvenile Domestic Court Building at 7000 Lucy Corr Blvd. For more information, contact Ms. Leidheiser at 804-768-7878.

Fairfax County

Fairfax County, Va., estimates that there are 3,500 households where grandparents are raising grandchildren. Having taken on the full responsibility of raising a child—or children—many grandparents have little or no time to themselves and for themselves.

To give grandparents and other adult relatives who have taken on a parenting role a break, the county created Kinship Care Respite Days: Four times a year, children have a day of fun and activities and their loving parent figures have a time out.

To see a video of Fairfax's program, access http://bulletin.aarp.org/yourworld/family/articles/grandparents_time.html

Congratulations to Sarah Smalls and Nancy Coffey at Fairfax County's Kinship Care Respite Days.

Brighton's Solid Rock

Rev. Clifford Barnett and Brighton's Solid Rock and the Hampton Roads Kinship Care Coalition that includes the Virginia Department of Social Services are presenting a statewide conference on kinship care. National speakers will include Mary Bissell, formerly of the Children's Defense Fund. A \$75 registration fee is required for the conference that will be held on October 8 -10, 2009 at the Point Plaza Suites and Conference Hotel in Newport News. A block of rooms has been reserved at the hotel for conference participants. Phone 1-800-841-1112 and ask for the KinCare Connections rate. Registration and agenda information for the conference is attached.

FACES of Virginia Families Foster, Adoption and Kinship Association

FACES Annual Education and Support Institute will be held September 11-12, 2009 at the Crowne Plaza at Fort Magruder-Williamsburg, VA. The Institute entitled Give Children Wings...and their Futures will Soar has a variety of registration fees depending on what sessions you would like to attend. Registration can be done on-line at www.facesofvirginia.org or toll-free at 1-877-823-2237. More information is attached!

Kinship Care Initiative Statewide Task Force and Information Network

The Task Force will meet at 10:00 A.M., September 17, 2009. Ideas needed to that the Task Force that can be utilized to support grandparent caregivers. Budgetary limitations should be taken into account! At last year's General Assembly the Task Force distributed *the Grandparents Caring For Grandchildren, A Resource Guide* to Assembly Members and the heads of the Commonwealth's Executive Branches and the Secretary of Health and Human Resources. Let me know your ideas prior to the September 17 meeting. Please email your ideas to Ellen.Nau@vda.virginia.gov

Funding opportunity- Applications are due September 14, 2009!

Barbara Bush Foundation for Family Literacy

The Barbara Bush Foundation for Family Literacy is pleased to announce our 2010 National Grant competition. The Foundation's grant-making program seeks to develop or expand projects designed to support the development of literacy skills for adult primary care givers and their children. A total of approximately \$650,000 will be awarded; no grant request should exceed \$65,000. Begun in 1990, the Foundation's

highly competitive National Grant Program supports private, nonprofit organizations and public agencies - including libraries, correctional institutions, universities, housing projects, and public schools - in order to create, implement or expand programs that support the development of literacy skills. Family Literacy programs funded through the Foundation's National Grant Program must include all of the following components: reading instruction for parents or primary care-givers; literacy or pre-literacy instruction for children; and intergenerational activities in which the parents/primary caregivers and children read and learn together. Programs also may include additional components such as parent support groups, parent involvement, home visits, community site visits, job training, and more. **Applications must be received by 5:00pm on September 14, 2009. For information:**

http://www.barbarabushfoundation.com/site/c.jhLSK2PALmF/b.4344681/k.66AC/National_Grant_Program.htm

FACES Annual Education and Support Institut
September 11-12, 2009
Crowne Plaza at Fort Magruder-Williamsburg, VA



Register on-line at
www.facesofvirginia.org

Or

Call us toll-free at 1-877-823-2237
to register over the phone!

Soar into the future with FACES...

And experience a new horizon in conferencing!

Our approach this year is flying high and adventurous!

The Grand Rounds approach provides you with 6 hours of intense training. When you register you will be asked to select one of the three Grand Rounds (Prevention, Permanency, or Parenting).

There will be plenty of time for learning at your own pace as well as time for networking with other families...and family fun with an old-fashioned cook-out and a family talent show!

Check out the agenda...and then register on-line!

Featured on September 11 beginning at 3:00 PM will be...
Jaiya John, Ph.D , author, and Terry Morris, Ph.D., NASA Scientist.

Institute—September 11...9:00 AM- 3:00 PM

Grand Rounds—September 12...9:00 AM - 5:00 PM

ATTENTION PARENTS OF TEENS (OR TWEENS)!

Be among the first parents trained by the developer of the ***Ansell-Casey Life Skills Assessment Tool!***—FREE, but limited enrollment.

This advance institute has been organized to give parents an opportunity to practice using this life skills assessment tool which is soon to become the standard tool for Virginia's Independent Living Program.

Poster Sessions—September 11...1:00 pm-4:00 PM

Poster Sessions have been scheduled to provide informal conversational trainings which allow you to learn from the experts!

Topics...

Medicaid Eligibility
Virginia Child Welfare Transformation
Special Education Services
Virginia Laws FACES members should know
Substance Abuse Prevention
Nutrition and Childhood
And More!

PREVENTION with Dr. Joseph Crumbley

The Strength of their Future is in Your Hands: Closing the Incarceration Pipeline!

1. The Impact of Incarceration on Youth and Their Family
2. Contributing Factors to Cycles of Incarceration
3. Co-Parenting Tasks for Incarcerated Parents and Caregivers in Breaking Cycles of Incarceration

PERMANENCY with Dorothy Ansell, MSW

Giving Wings to their Futures: Permanency Planning as a Parenting Strategy

1. Adoption: A process, not an event
2. Effective Parenting: A developmental process.
3. Tools that promote permanence

PARENTING with Dawn Wadiak, PH.D. (c), NCC

Mending Broken Wings: Healing the Wounds of Trauma

1. Understand the Impact of Trauma on the Brain and the Body
2. Healing Trauma for the Inside Out
3. Trauma Patterns—Effective Parenting Strategies for Severe Behaviors

LEARN MORE...

www.facesofvirginia.org

1-877- VA FACES (823-2237)

YOUTH INSTITUTE

For all youth age 12-21

Register on-line or via phone (877-823-2238) no later than September 5, 2009

The Real World

A reality-based conference experience for teens and beyond!

Begins at 2:00 PM on September 11, 2009

Culminating in a Youth Talent Show and DJ Party on September 12, 2009 at 7:00 PM

CAREGIVER RESPITE SERVICE

(For Children age 6-11)

An opportunity for caregivers accompanying registered participants to take respite during the conference.

Respite service available only to those pre-registering for the service prior to the conference.

Available only on September 12 from 2:00 – 4:00 PM.

Call us at 877-823-2237 to pre-register for caregiver respite before September 5, 2009.

Agenda

September 11, 2009

Advance Institute (limited to 20 participants)

Ansell-Casey Life Skills Training for Parents

9:00 AM- 3:00 PM

Registration

12:00 – 6:00 PM

Poster Sessions

1:00 – 4:00 PM

Opening Session

Jaiya John, Ph.D.

Terry Moore, Ph.D

3:00 PM-5:30 PM

Dinner and Support Networking

6:00 PM – 8:30 PM

September 12, 2009

Breakfast Buffet

8:00 AM

Grand Rounds I: Prevention, Permanency, or Parenting

9:00 AM - 12:15 PM

Old-fashioned Picnic

Grand Rounds II: Prevention, Permanency, or Parenting

2:15 PM – 5:00 PM

FACES Birthday Celebration Dinner and Talent Show with DJ

6:00 PM – 9:30 PM

REGISTRATION OPTIONS

FACES members

CONFERENCE, MEALS, AND ONE HOTEL NIGHT

(first come, first serve)

\$175 prior to August 31, 2009

\$200 from August 31, 2009-September 7, 2009

or

CONFERENCE AND MEALS, ONLY

\$100 prior to August 30, 2009

\$210 from August 31, 2009-September 7, 2009

Non-Members

CONFERENCE AND MEALS, ONLY

\$150 prior to August 30, 2009

\$185 from August 31, 2009-September 7, 2009

Youth Conference

CONFERENCE AND MEALS

\$30 for youth age 12-21 with any paid adult registration

Caregiver Respite

*Free with paid adult registration,
but pre-registration is **required**.*

Register on-line at www.facesofvirginia.org

Or

Call us toll-free at 1-877-823-2237 to register over the phone!

Exploring Models for Kinship Families



2009 STATEWIDE CONFERENCE ON
KINSHIP CARE

Conference Registration Packet



OCTOBER 8-10, 2009

POINT PLAZA SUITES AT CITY CENTER

950 J. CLYDE MORRIS BLVD

NEWPORT NEWS, VA 23601



N
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ya



Dr. Clifford Barnett, Sr.

A KinCare Connection: Hampton Roads Regional Taskforce on Kinship Care and I
ear's conference. The Conference planning committee has worked diligently to find
ers that will increase your skills and knowledge base in the area of Kinship Care.
full advantage of this year's conference. Included in this conference is information
anges to kin families and their journey through the system. I look forward seeing

Conference Overview

Online Registration is Available to DSS Staff at www.covkc.virginia.gov/dss/external

Thursday, October 8, 2009

8:00AM Registration & Continental Breakfast
8:45AM Welcome & Order of the Day
9:00AM Keynote Address
10:00AM Morning Session (4 Concurrent Sessions)
12-1:30PM Child Welfare: Initial Intervention with
Families Roundtable Discussion & Luncheon
1:45PM Afternoon Session (4 Concurrent Sessions)

Friday, October 9, 2009

8:00AM Registration & Continental Breakfast
8:45AM Welcome & Order of the Day
9:00AM Keynote Address
10:00AM Morning Session (4 Concurrent Sessions)
12-1:30PM Luncheon Speaker
1:45PM Afternoon Session (4 Concurrent Sessions)

Saturday, October 10, 2009

8:00AM Registration & Continental Breakfast
9:00AM Welcome & Order of the Day
9:15AM Keynote Address
10:30AM Break
10:45AM Morning Session (2 Concurrent Sessions)
Noon Luncheon Speaker
1:30PM Recognition, Awards & Closing Remarks

Who Should Attend?

Social Workers | Case Managers | CPS Workers | DSS Directors | FAPT Teams |
Intake Officers | School Social Workers | Psychologists | Guidance Counselors |
Social Security Staff | CASA Members | Training Coordinators | Court Services
Workers | Judges | Social Services Advisory Board Members | Guardian ad Litem |
Faith-Based Members | Foster Care Parents | Adoptive Parents | Kinship Caregivers

Conference Workshop Highlights

Cultural Awareness and Cultural Competency for Kinship Provides: Values and Attitudes

This workshop will teach social workers and kinship families to work together to understand, respect and value the cultural differences of kinship placements. Obtain information to enable kinship families to respond to the needs and preferences of culturally diverse children in kinship care.

Changes to Foster Care Payment Structure

This workshop will provide current information on Virginia's new "Rate Structure" for resource families. New enhancements will allow Virginia to claim federal funding and will mean increased foster care and adoption stipends for many families to provide the necessary supervision and support for the children in their care.

Subsidized Custody

There are many families who serve in dual roles in meeting the needs of our children. One, as the kinship provider and the other as an approved foster parent. This workshop will provide information on Virginia's interest in introducing a new process for these families.

Stop Chasing Your Child's Behavior and Begin Understanding their Needs

The workshop will help both professionals and parents assess the child's needs and develop a plan that will offer multiple alternatives in teaching healthy and productive ways of self fulfillment.

Family Engagement: The Family Meeting A Growing Practice in Child Welfare Delivery

Several different practice models for family meetings have been implemented throughout Virginia. This workshop will provide information on the facilitation of these family engagement models and the construction of an effective team to meet the needs of the child.

Kinship Care A National Perspectives: A Decade of Care

This workshop will provide current information and discuss the latest trends in Kinship Care, and its impact on Child Welfare Agencies and families.

Children's Services System Transformation

This workshop will introduce Virginia's Transformation, provide information on policy and share some successful outcomes experienced by the State since its implementation.

Re-Education: Perspective on Adult-Child Relationships: Parenting the Child Who Has Experienced Maltreatment

The workshop will provide some re-education strategies that professionals and parents may use to help children who have been maltreated. These strategies will change perceptions and behaviors of the professional and caregiver.

Who is Family? Strategies for Inclusion of Extended Family Members

This workshop will provide social workers and administrators with information on how to collect this very important information in working with the family and using a "Family Engagement Model."

"There are Two of Us": The Effects of Kinship Care on Marriage

This workshop is designed to enhance the worker's assessment of the family during placement and providing support. Child welfare workers should recognize each partner's role in developing a successful service plan for the child.

Conference Workshop Highlights

The Stories We Live by: Authoring Stories of Strength

This workshop will present guidelines for a therapeutic stance, key elements for re-authored stories, while inviting participants to contribute and explore additional strengths and resiliencies.

How to Find the Candy Lady

This workshop will help social workers recognize the grassroots' systems in their families' communities; whether it is the church, barber shop, hair salon, or gym. This tool kit for resources will expand workers' ability to successfully facilitate additional positive outcomes for families.

Working with the Educational System to Meet the Academic Needs of Children in Out-of-Home Placements

Participants will learn how to identify, document and provide essential information that is beneficial to all the relevant decision makers within the child's domain.

Roots and Wings Collide: Cultural Competence in Child Welfare

Workshop participants will be encouraged to engage in candid discussions on how to engage and encourage caregivers to be honest about their feelings on "being different."

Who is Family?: Strategies for Inclusion of Extended Family Members

This workshop is designed to recognize and celebrate the contributions made by the caregivers and children's extended family members.

There are Two of Us

This workshop will provide current information and discuss the latest trends in Kinship Care, and its impact on Child Welfare Agencies and families.

Stop Chasing Your Child's Behavior Begin Understanding their Needs

This workshop will introduce Virginia's Transformation, provide information on policy and share some successful outcomes experienced by the State since its implementation.

Acknowledging Our Mask

The workshop will provide some re-education strategies that professionals and parents may use to help children who have been maltreated. These strategies will change perceptions and behaviors of the professional and caregiver.

Panel Discussion: Child Welfare's Initial Intervention with Families

This workshop will provide social workers and administrators with information on how to collect this very important information in working with the family and using a "Family Engagement Model."

Panel Discussion: Survival 101

This workshop is designed to enhance the worker's assessment of the family during placement and providing support. Child welfare workers should recognize each partner's role in developing a successful service plan for the child.

EXPLORING MODELS
FOR KINSHIP FAMILIES:
FOSTERING CONNECTIONS

Registration Information

Registration Fee

The early registration fee is \$110 if received before August 31, 2009 and \$125 if received after August 31. The fee covers conference materials, breakfast and lunch each day. The Saturday session is included in the full conference fee and includes a recognition event for kinship care providers. Kinship providers may choose attend this day of the conference only. They may do so at the cost of \$50 per person. Registration deadline is September 18, 2009.

Note: Approved for Title IV-E at 75% reimbursement.

Payment Information

The conference registration fee should be made payable to Brighton's Solid Rock, Inc. Please be sure to include your first and last name on the check to insure that your payment is applied correctly.

Lodging

A block of rooms is reserved at a cost of \$81 for a standard room (one king or two double beds) or \$101 for suites, plus the 12.5% tax rate. Point Plaza Suites and Conference Hotel reservations can be made by dialing (800) 841-1112 or (757) 599-4460. Please mention "A KinCare Connection" to receive the conference rate. These rates are subject to increase after September 7, 2009.

Questions – Registration details and family scholarships information can be obtained from:

Dr. Clifford Barnett or Ms. Suzette Leathers
Portsmouth's Grandparents as Parents (PGAP)
1300 Centre Avenue
Portsmouth, VA 23704
(757) 393-0570
pgap@brightonrock.hrcoxmail.com
ministries@brightonrock.hrcoxmial.com

Conference Registration Form

2009 Statewide Conference on Kinship Care

Directions and confirmation will be sent prior to event

Please Print

Last Name _____ First Name _____ Mid Init _____

Last 4 digits of SSN _____ Agency/Locality _____

Mailing Address _____

City _____ State _____ Zip _____

Position _____ Wk Tel (____) _____

Home Telephone (____) _____ Fax (____) _____

Email _____ Special Needs _____

Meals

Full Registration includes the meals listed below. Saturday only registration includes only Saturday's Meal Functions. Please indicate the meals you plan to eat.

Thursday, October 8, 2009

Thursday, October 8, 2009 Evening Reception

Friday, October 9, 2009

Saturday, October 10, 2009

Eligible for 1 Day Registration (Caregivers Only)**

Registration Fee: Early Registration Fee \$110 (received before August 31, 2009) Regular Registration Fee \$125. **Saturday Only Registration Fee: \$50.00 (Caregivers Only)

____ Early Registration \$110

____ Full Conference Registration \$125

____ Saturday Only (Caregivers Only) \$50

____ I am a kinship care provider.

**Enclose Check Payable to:
Brighton's Solid Rock, Inc.**

Note: Please send payments to the address below, and be certain to include your first and last name on the check to insure that your payment is applied correctly. If you are not an employee of a Local Department of Social Services, please mail or fax your registration form to the address below:

Hampton Area Training Center
1320 Lasalle Avenue
Hampton, VA 23669-3801

Questions Regarding Conference Contact: Clifford Barnett or Suzette Leathers at 757-393-0570, Flora Harris 757-552-1151 or the registration process: 757-727-1880. Fax: 757-727-1932

A KINCARE CONNECTION

A KinCare Connection
c/o Brighton's Solid Rock, Inc.
1300 Centre Avenue
Portsmouth, VA 23704
Phone: 757-393-0570
Fax: 757-393-0075
E-mail:
kincareconnection@verizon.net





COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Finance Directors
Area Agencies on Aging

FROM: Marica B. Monroe

DATE: September 9, 2009

SUBJECT: Final Contract Year 2009 Financial Report And Service Report (13th Month Report)

Please read carefully and follow instructions.

The Contract Year 2009 Financial Report And Service Report (13th Month Report) should be completed and electronically submitted to the Virginia Department for the Aging (VDA) by the close of business, **November 13, 2009**. This report is used by Area Agencies on Aging (AAAs) to report finalized annual performance, expenditures and receipts for the fiscal period October 1, 2008 through September 30, 2009. The following schedules must be submitted.

- **Final Contract Year 2009 Financial and Service Report:** This year the Aging Monthly Report (AMR) will be used to report compiled annual programmatic and financial information for the period October 1, 2008 to September 30, 2009. When completing your report, select **Final (13th Mo)** from the month drop down menu on the payment worksheet. Please name your file, "Final PSA xx," when emailing your submission to reports@vda.virginia.gov. Insert your PSA number in the characters denoted by xx.

Please make certain your Agency's AIM data supports the AMR service data.

- **Final (13th Mo) – Schedules A, B, & C:** Schedules A, B, & C have been written in Excel and are available on the VDA website. The three schedules are tabbed as separate worksheets in the workbook. The workbook should be downloaded to your computer before completion. Please name the file, "ABC PSA xx," when emailing your submission to: reports@vda.virginia.gov. Schedules A, B, & C are to be included in your audited financial statements as supplementary information and your audit firm is **required** to include these schedules in their audit opinion. Please ensure all funds received from VDA are included and that recorded amounts reconcile to the September 2009 remittance advice provided from VDA. American Recovery and Reinvestment Act funds must be reported separately and are highlighted in **yellow** as a separate line item on the necessary schedules. **Please ensure that the agency submission and the schedules included by your auditor in the audit report are in the current format.**
 - **Schedule A, Status of Funds:** This schedule provides an accounting of grant funds on hand at the beginning of the period, and receipt and expenditures of grant funds during the period. Although general fund awards for the fiscal year ending on June 30, 2009 needed to be obligated by June 30, 2009, the recipient had until September 30, 2009 to liquidate the obligations. If a cash balance exists on September 30, 2009 from any general fund award for the Program Year (PY) ending on June 30, 2009, please refund the balance to VDA with a copy of Schedule A as your remittance advice.
 - **Schedule B, Costs by Program Activity:** This schedule accounts for the expenditure of funds by activity rather than grant. Please ensure that Schedules A & B tie where appropriate. Again, Schedule B has been modified to correspond to the Aging Monthly Report. It now includes separate sections to report Title III activity (Except III-E) and a section to report III-E activity. If there are no audit adjustments, the data reported on your final AMR should be the same as reported on Schedule B.

- **Schedule C, Status of Inventories:** Tangible personal property purchased with funds from a Federal or State grant should be included. Generally, equipment or large quantities of food would be the main items reported. Equipment with a fair market value of less than \$5,000 per unit should not be reported.

Contractor Certification Form: This form should be prepared on AAA letterhead and signed by the AAA Executive Director. The form is available on the VDA website.

Please mail the Contractor Certification to:

Marica B. Monroe, Financial Manager
Virginia Department for the Aging
1610 Forest Avenue, Suite 100
Richmond, VA 23229

Your submission should include **all** contracts issued by VDA to support contract year 2009 operations. All funds received during the period, October 1, 2008 to September 30, 2009, should be accounted for and included. **As a reminder, your agency's audit report is due to VDA by December 15th.** One 30-day extension may be requested in writing, but the extension request must be received before December 15th.

CERTIFICATION

I, (Insert Name)_____ certify that I am the
Executive Director_____of_(Area Agency on
Aging)_____.

I have reviewed the Final (13 Month) Aging Monthly Report (AMR) and Status of Funds, Costs by Program Activity, and Status of Inventories (Schedules A, B, & C) for contract year 2009. By submitting these reports, as required by the Virginia Department for the Aging (VDA) Regulations, Section, 22 VAC 5-20-480 and Section 22 VAC 5-20-500, I certify, that to the best of my knowledge and belief, this information is a true, correct, and complete statement prepared from the books and records of the agency in accordance with applicable instructions, except as noted.

Further I certify that all costs and revenues reported are allowable as specified by the contracts issued with the VDA. Any audit adjustments that occur subsequent to the filing of these documents, shall be promptly reported to the VDA.

Executive Director

Date

NAME OF AGENCY:

0
SCHEDULE B - COSTS BY PROGRAM ACTIVITY

FROM October 1, 2008 TO September 30, 2009

	COSTS TO FEDERAL III B FUNDS	COSTS TO FEDERAL III C-1 FUNDS	COSTS TO FEDERAL III C-2 FUNDS	COSTS TO FEDERAL III D FUNDS	COSTS TO FEDERAL III E FUNDS	COSTS TO FEDERAL VII OMB FUNDS	COSTS TO FEDERAL VII ELD. AB.	VOLUNTARY CONTRIBUT.
TITLE III (EXCEPT III-E), OLDER AMERICAN ACT FUNDS:								
Adult Day Care								
Checking								
Chore								
Home Health								
Homemaker Services								
Personal Care Services								
Res. Repair and Renovation								
Care Coordination								
Information and Assistance								
Transportation								
Congregate Meals								
Home Delivered Meals								
Home Delivered Fee for Service								
Disease Prevention								
Medication Management								
Emergency Services								
Employment								
Health Screening / Education								
I.D. Discount								
LTC Coordinating Activity								
Money Management								
Public Information & Education								
Socialization/Recreation								
Volunteer Programs								
Legal Assistance								
Elder Abuse Prevention								

	COSTS TO FEDERAL III B FUNDS	COSTS TO FEDERAL III C-1 FUNDS	COSTS TO FEDERAL III C-2 FUNDS	COSTS TO FEDERAL III D FUNDS	COSTS TO FEDERAL III E FUNDS	COSTS TO FEDERAL VII OMB FUNDS	COSTS TO FEDERAL VII ELD. AB.	VOLUNTARY CONTRIBUT.
LTC Ombudsman Program								
Prep. and Admin.								
TITLE III-E, OLDER AMERICAN ACT FUNDS:								
Individual Counseling								
Support Groups								
Caregiver Training								
Public Information/Education								
Adult Day Care								
Homemaker								
Personal Care								
Institutional Respite								
Direct Respite Services Payments								
Other Respite Services								
Chore								
Congregate Meals								
Home Delivered Meals								
Direct Supplemental Service Payments								
Other Supplemental Services								
Information & Referral Assistance								
Care Coordination								
Transportation								
Assisted Transportation								
Prep. and Admin.								
GRANDPARENTS & OLDER INDIVIDUALS WHO ARE RELATIVE CAREGIVERS OF CHILDREN								
Individual Counseling								
Support Groups								
Caregiver Training								
Public Information/Education								

	COSTS TO FEDERAL III B FUNDS	COSTS TO FEDERAL III C-1 FUNDS	COSTS TO FEDERAL III C-2 FUNDS	COSTS TO FEDERAL III D FUNDS	COSTS TO FEDERAL III E FUNDS	COSTS TO FEDERAL VII OMB FUNDS	COSTS TO FEDERAL VII ELD. AB.	VOLUNTARY CONTRIBUT.
Adult Day Care								
Homemaker								
Personal Care								
Institutional Respite								
Direct Respite Services Payments								
Other Respite Services								
Chore								
Congregate Meals								
Home Delivered Meals								
Direct Supplemental Service Payments								
Other Supplemental Services								
Information & Referral Assistance								
Care Coordination								
Transportation								
Assisted Transportation								
TOTAL TITLE III & TITLE VII	0	0	0	0	0	0	0	0

Revised 09/01/09

CERTIFICATION

I, (Insert Name)_____ certify that I am the
Executive Director _____ of (Area Agency on
Aging)_____.

I have reviewed the Final (13 Month) Aging Monthly Report (AMR) and Status of Funds, Costs by Program Activity, and Status of Inventories (Schedules A, B, & C) for contract year 2009. By submitting these reports, as required by the Virginia Department for the Aging (VDA) Regulations, Section, 22 VAC 5-20-480 and Section 22 VAC 5-20-500, I certify, that to the best of my knowledge and belief, this information is a true, correct, and complete statement prepared from the books and records of the agency in accordance with applicable instructions, except as noted.

Further I certify that all costs and revenues reported are allowable as specified by the contracts issued with the VDA. Any audit adjustments that occur subsequent to the filing of these documents, shall be promptly reported to the VDA.

Executive Director

Date

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