



COMMONWEALTH of VIRGINIA
Department for the Aging

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AAA TUESDAY E-MAILING
July 6, 2011

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



11-164

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Tim Catherman
Director of Administrative Services

DATE: July 6, 2011

SUBJECT: NY Times Census Map

The New York Times has produced an interesting interactive map providing census data. Although it does not provide census info on older Virginians, it does provide census changes down to the census tract level.

Just glide your cursor over the map and it displays every city and county along with the changes since the last census. You can zoom in on a geographic region.

<http://projects.nytimes.com/census/2010/map?nl=todaysheadlines&emc=thab1>



11-165

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: July 6, 2011

SUBJECT: Report on Nutrition Assistance Programs for Older Adults

Following is a link to a summary report on nutrition assistance programs for older adults including programs authorized under the Older Americans Act. A link to the full 16 page report is available in the article under the title.

<http://www.gao.gov/products/GAO-11-782T>



11-166

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: July 6, 2011

SUBJECT: Peninsula Agency on Aging Grant Award

Peninsula Agency on Aging, Inc. (PAA) has been awarded funding from a Walmart Foundation grant to the Meals On Wheels Association of America (MOWAA). The money will allow PAA to purchase a much-needed extended length cargo van, which is critical to continue serving seniors.

The Walmart Foundation recently announced a \$5 million donation to MOWAA as part of a \$2 billion commitment to support hunger relief efforts through 2015. Part of that \$5 million donation will fund the "Building the Future" Impact Grants. The grants will help more than 100 local Meals On Wheels programs purchase stoves, refrigerators, trucks and other equipment needed in the fight to end senior hunger.



11-167

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: July 6, 2011

SUBJECT: Nutrition Labeling Education Material

The U.S. Food and Drug Administration (FDA) recently published a booklet, *Using the Nutrition Facts Label: A How-To Guide for Older Adults*, to help older adults better understand and use the Nutrition Facts Label and use it to make health-promoting food choices.

I have a limited number of printed copies in English and Spanish that I will mail upon request. Additional printed copies may be ordered by contacting 1-888-SAFEFOOD or online at: <http://www.fda.gov/downloads/food/resourcesforyou/UCM222257.pdf> . This link is a list of other available brochures and nutrition information that may be of interest. The older adult labeling brochures are DG 19 and DG 19S.

The older adult labeling guide can also be downloaded at no cost from the Internet at: <http://www.fda.gov/downloads/food/labelingnutrition/consumerinformation/UCM220878.pdf>



11-168

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: July 6, 2011

SUBJECT: Testimony on the Older Americans Act Nutrition Programs

Assistant Secretary for Aging Kathy Greenlee testified before the Senate Health, Education Labor and Pensions Committee, Subcommittee on Primary Health and Aging on Tuesday, June 21. The subject of the hearing, chaired by Senator Bernie Sanders (I-VT), was Senior Hunger and the Older Americans Act.

A second panel of witnesses included Robert Blancato, Executive Director of the National Association of Nutrition and Aging Services Programs (NANASP); Ken Gordon, Executive Director of the Area Agency on Aging for Northeastern Vermont (St. Johnsbury, Vt.); Mary Jane Koren, Vice President of the Picker/Commonwealth Fund Long-Term Quality Improvement Program; and Kay Brown, Director, Government Accountability Office - Education, Workforce and Income Security Issues.

The hearing is available for viewing on webcast at www.help.senate.gov and the panelists written statements are available for download.



11-169

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Health Promotion and Disease Prevention Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: July 6, 2011

SUBJECT: Save the Date: Alcohol and Aging Awareness Group Conference –
September 22, 2011

Following is a flyer and registration information regarding a conference by the Alcohol and Aging Awareness Group. The conference is open to statewide attendance and will be held in Fairfax.

Please forward widely to interested professionals or volunteers working with older adults, including social workers, therapists, nurses, substance abuse counselors, and physicians. Caregivers, family members, and advocates are also welcome.

NORTHERN VIRGINIA REGIONAL CONFERENCE

(IN HONOR OF OLDER VIRGINIANS MENTAL HEALTH MONTH)

THE HIDDEN EPIDEMIC: ALCOHOL, MEDICATIONS AND THE OLDER ADULT

The Hidden Epidemic: Alcohol, Medications and the Older Adult is a one-day conference focusing on best practices, including screening, referring and treating older adults with alcohol and medication misuse disorders. PRESENTERS INCLUDE: Kristen Lawton Barry, Ph.D., University of Michigan; Patricia Slattum, Pharm.D, Ph.D., Virginia Commonwealth University; Constance Coogle, Ph.D., Virginia Center on Aging, VCU; and Regina Whitsett, VA ABC and Chair, Alcohol and Aging Awareness Group (AAAG).

DATE & LOCATION

September 22, 2011

8:15 a.m.–4:15 p.m.

Fairfax County Government Center
12000 Government Center Parkway
Fairfax, Virginia 22003

(Complimentary parking is available.)

REGISTRATION

- Please submit registration form and check (payable to VA ABC) no later than Sept. 8, 2011. Mail to: Virginia ABC, Attn: Education Section, (NOVA Hidden Epidemic Conference), 2901 Hermitage Rd., Richmond, VA 23220, (Tax ID #546001701).
- Credit cards, POs and IATs will not be accepted. Registration confirmation is contingent upon receipt of payment.
- Attendance is limited. Register early! You will not want to miss the best training in Virginia on this topic!

CONTINUING EDUCATION

CEUs are being coordinated by George Mason University (GMU), and require an additional \$20 check to GMU on the day of the event. Contact hours will also be provided by Alexandria CSB. For more information, contact Rhonda Williams, 703-209-4840, Rhonda.Williams@alexandriava.gov.

TARGET AUDIENCE

Professionals or volunteers working with older adults, including social workers, therapists, nurses, substance abuse counselors and physicians. Caregivers, family members and advocates are also welcome.

► REGISTRATION FORM

Please print legibly. Make sure names are spelled correctly and appear as wanted on conference nametags.

Name: (first) _____ (last) _____

Title: _____

Organization: _____

Street address: _____

City: _____ State: _____ Zip: _____

Phone: (day) _____ (evening) _____

Fax: _____ E-mail: _____

COST

\$20 if registered by August 22, 2011;
\$30 after August 22, 2011. Conference fee includes continental breakfast, boxed lunch and a certificate of attendance.

FOR MORE INFORMATION

Please contact Regina Whitsett by email, Regina.Whitsett@abc.virginia.gov; phone, (804) 213-4445; or fax, (804) 213-4457.

ACCOMMODATIONS

- A block of rooms has been secured until September 8, 2011 at the Marriott Fairfax at Fair Oaks, 11787 Lee Jackson Memorial Highway, Fairfax, VA 22033; phone: (800) 228-9290.
- Reference NOVA Hidden Epidemic Conference to receive conference rate of \$159 per night plus state/local taxes.
- Book online and use the group code NHENHEA.



Hosted by the Region 2
Geriatric Mental Health Team

SEPTEMBER 22, 2011—SAVE-THE-DATE

NORTHERN VIRGINIA REGIONAL CONFERENCE

(IN HONOR OF OLDER VIRGINIANS MENTAL HEALTH MONTH)

THE HIDDEN EPIDEMIC: ALCOHOL, MEDICATIONS & THE OLDER ADULT



CONFERENCE KEYNOTE SPEAKER

Kristen Lawton Barry, Ph.D.

Research Professor, University of Michigan

Associate Director, SMITREC,
Department of Veterans Affairs

DATE & LOCATION

September 22, 2011

8:15 a.m.–4:15 p.m.

Fairfax County Government Center
12000 Government Center Parkway
Fairfax, Virginia 22003

CONFERENCE DETAILS

COST: \$20 if registered by August 22, 2011
\$30 after August 22, 2011

REGISTRATION DEADLINE:
September 8, 2011. A fillable PDF registration
form will be posted on alcoholandaging.org
soon.

CONTINUING EDUCATION:
CEUs are being pursued through George
Mason University. Contact hours will be
provided by Alexandria CSB.

TARGET AUDIENCE: Professionals
or volunteers working with older adults,
including social workers, therapists, nurses,
substance abuse counselors and physicians.
Caregivers, family members and advocates
are also welcome.

FOR MORE INFORMATION:
Contact Regina Whitsett, 804-213-4445.

Dr. Barry will offer best practices for the treatment of substance abuse disorders in older adults during the morning session of this conference. A research professor in the Department of Psychiatry Addiction Research Center at the University of Michigan, Dr. Barry's research areas of focus include:

- Alcohol use in older women and related mental health issues;
- Alcohol problem detection and brief alcohol interventions in ambulatory care settings; and
- Relationships between substance abuse, mental health and physical health functioning.

Dr. Barry is also associate director of Veterans Affairs' National Serious Mental Illness Treatment Research and Evaluation Center (SMITREC). She served as national chair of SAMHSA's (Substance Abuse and Mental Health Services Administration) Treatment Improvement Protocol (TIP #34) series, and is co-author of the book *Alcohol Problems in Older Adults: Prevention and Management*.



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Geriatric Mental Health Team