



COMMONWEALTH of VIRGINIA
Department for Aging and Rehabilitative Services

James Rothrock
Commissioner

Virginia Division for the Aging
1610 Forest Avenue, Suite 100
Henrico, VA 23229
Phone 800-552-3402

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**TABLE OF CONTENTS
AAA TUESDAY E-MAILING
July 3, 2012**

SUBJECT	VDA ID NUMBER
<u>Office of the State Long-term Care Ombudsman</u> (Tim Catherman)	12-206
<u>NASUAD Aging Network Online Learning Curriculum</u> (Katie Roeper)	12-207
<u>Title V Closeout Report – FYE 06/30/2012 Contracts</u> (Marica Monroe)	12-208
<u>Virginia Caregiver Coalition and Caregiver Information</u> (Ellen Nau)	12-209
<u>AARP Recruiting for Associate State Director</u> (Jim Rothrock)	12-210



12-206

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MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Jim Rothrock
Commissioner

DATE: July 3, 2012

SUBJECT: Office of the State Long Term Care Ombudsman

The Office of the State Long Term Care Ombudsman is now part of the Department for Aging and Rehabilitative Services (DARS). Joani Latimer, State Long Term Care Ombudsman, and Gail Thompson, Assistant State Long term Care Ombudsman, will now be part of our team after a recent recruitment. Their offices will be located in the first two offices in the 2nd floor east wing.

They oversee and provide technical assistance and training to the local Ombudsmen who work for local AAAs. Read more about what an Ombudsman does here:

“Ombudsman advocate for older persons receiving long term care services, whether the care is provided in a nursing home or assisted living facility, or through community-based services to assist persons still living at home. We provide older Virginians, their families and the public with information, advocacy, and assistance to help resolve care problems.” <http://www.elderrightsva.org/>

We look forward adding this effort to our portfolio of programming.



12-207

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MEMORANDUM

TO: Executive Directors,
Area Agencies on Aging

FROM: Katie Roeper

DATE: July 3, 2012

SUBJECT: NASUAD Aging Network Online Learning Curriculum

NASUAD Executive Director Martha Roherty asked that we share exciting news about an aging network online curriculum with you. Please also share with appropriate staff.

Dear Members:

We are pleased to announce the launch of NASUAD's ***Strengthening the Aging Network Online Learning Curriculum***, a new online training platform that is designed to enhance the capacity of both individuals and state agencies in the development and operation of long-term services and supports (LTSS) systems. The ***Strengthening the Aging Network Online Learning Curriculum*** is a free service provided by NASUAD with support from the Administration on Aging.

Through this initiative, NASUAD will offer a variety of training opportunities to build the knowledge and expertise of persons in the Aging Network and beyond. These newly-available resources include video tutorials, concise written materials, voice-narrated PowerPoints, and online quizzes that allow participants to demonstrate their understanding of each module's learning objectives. Upon the successful completion of each course, participants will receive a *Certificate of Completion* from NASUAD.

While additional courses will be added in the future, currently, the ***Strengthening the Aging Network Online Learning Curriculum*** contains seven learning modules:

1. Mitigating Budget Challenges and Preserving the LTSS Network
2. Leveraging Options Under Medicare and Medicaid
3. Complying with Olmstead and Averting Litigation
4. Managing Reorganization and Change Management
5. Data and Communication with Legislators and New Governors: Advocating for Scarce Resources
6. Affordable Care Act
7. Introduction to Independent Living

We encourage you to access the courses by clicking [here](#).

You may view an instructional PowerPoint about using the course by clicking [here](#) and [here](#).

Please feel free to share this new resource with your partners in the aging and disability network.

Martha

Martha A. Roherty
Executive Director
NASUAD
1201 15th Street, NW
Suite 350
Washington, DC 20005
202-898-2578



12-208

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MEMORANDUM

TO: Title V Directors

FROM: Marica B. Monroe, Financial Statement Reporting and Accounting Manager

DATE: July 2, 2012

SUBJECT: Title V Closeout Report – FYE 06/30/2012 Contracts

Hello everyone. The Title V grant ending 06/30/2012 has closed. The close out (settlement) reports for this grant must be submitted to the Department for Aging and Rehabilitative Services on or before August 1, 2012. An electronic version of the report is available on our website at, www.vda.virginia.gov. Please e-mail the completed report to reports@vda.virginia.gov. Please name the file, Title V Closeout Report PSAxx (Insert your PSA number in the characters, xx). For agencies that have not drawn down all necessary funds related to these grant contracts, please do so on the June AMR-OC due July 12th, so that the closeout report will be accurate and complete.

If you have any questions, please call me at (804) 662-9320 or e-mail me at marica.monroe@dars.virginia.gov. Thank you.

CC: John Thaniel
Kathy Miller

**Department for Aging and Rehabilitative Services
Title V Financial Report Final Closeout, FYE 06/30/2012**

Agency: _____

PSA # _____

Request for Funds for the month of: FINAL

	DOL
1) Unencumbered Cash-on-Hand as of 7/1/2011	
2) Cash Received Y-T-D for This Contract	
3) Cash Requested Last Report but Not Yet Received	
4) Cash Available Y-T-D for This Contract (Sum of lines 1, 2 and 3)	
5) Cash Disbursed During Previous Months	
6) Cash Disbursed During Report Month	
7) Cash Disbursed Y-T-D (Line 5 + Line 6)	
8) Cash-on-Hand (Balance Due) at End of Grant Period (Line 4-Line 7)	

I hereby certify that I have the designated authority to represent the contractor for whom this information is reported. I further certify that to the best of my knowledge and belief, this information is true, correct, and a complete statement prepared from the books and records of the contractor in accordance with applicable instructions, except as noted. Reported information is in agreement with previously submitted information to the Department for Aging and Rehabilitative Services

Note: If there is unobligated Cash-on-Hand at the end of the grant period, please remit this balance to DARS with the final report. Thank you.



12-209

COMMONWEALTH of VIRGINIA
Department for Aging and Rehabilitative Services

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Program Coordinator

DATE: July 3, 2012

SUBJECT: Virginia Caregiver Coalition and Caregiver Information

Virginia Caregiver Coalition

All are welcome to attend, at the VDA Conference Room or at various video conference sites across the Commonwealth, the July 13th Meeting of the Virginia Caregiver Coalition! The program begins at 9:30 A.M. with a presentation by Patricia W. Slattum, Pharm. D, PhD, Virginia Commonwealth University Associate Professor & Geriatric Pharmacotherapy Program Director. The presentation entitled **Identifying and Managing Alcohol and Medication Interactions in Older Adults** will be followed by the Coalition's business meeting.

The program can be attended at the VDA Conference Room by contacting, Ellen Nau at Ellen.Nau@vda.virginia.gov. To attend at a video conference site, please contact one of the following individuals:

Sites:	Program Coordinators:
Fairfax County Area Agency on Aging	Lucy.Gerland@fairfaxcounty.gov 703-324-5425
Madison County Health Department	Lynnette Scott lscott@rrcsb.org 540-825-3100
Fauquier County Health Department	Chris Miller cmiller@agingtogether.org 540-829-6405
Charlottesville Health Department	Annie Marrs annie.marrs@alz.org 434- 973-6122 ex:105
Roanoke – BRIL	ChristianThomas casemgt@loaa.org 540-345-0451
District Three Senior Resources	Sissy Frye sfrye@smyth.net 276-783-8158

Appalachian Agency for Senior Citizens	Carol Raines craines@aasc.org 276-964-4915
Mountain Empire Older Citizens, Inc.	Julia Trivitt Dillon jtrivett@meoc.org 276-523-4202
Peninsula-Newport News Health Department	Sharon Brandau swdirector@paainc.org 757-873-0541
James Madison University	Kathleen Pantaleo pantalka@jmu.org 540-568-6682
Fredericksburg-disAbility Center	Pat Holland pholland@raaa16.org 540-371-3384
Norfolk Health Department	Jeannette Heiney jheiney@cceva.org

Professional and family caregivers are welcome to attend!
Thank you!

Publications:

ARCH released a new publication: Respite for Caregivers of Children with Serious Emotional Disturbance .

This fact sheet discusses the definition and characteristics of emotional disturbance, issues for families, program considerations including the referral process, the matching of respite providers and families, training, and evaluation, as well as the need for state involvement in program planning. To access this document, go to:

http://archrespite.org/images/docs/Factsheets/FS_34-SeriousEmotionalDisturbance_Respite6_15_12.pdf

Women and Alzheimer's Disease: The Caregiver's Crisis, surveyed 1,204 current and former caregivers who provide unpaid care for loved ones suffering from Alzheimer's disease and was commissioned by the [Working Mother Research Institute](http://www.wmmsurveys.com/ALZ_report.pdf).

http://www.wmmsurveys.com/ALZ_report.pdf

The Business Case for Eldercare Programs: A New Report on Corporate Best Practices released by National Alliance for Caregiving. The report is available on our website www.caregiving.org and can be used to engage companies in your community to discuss the needs of family caregivers who are so often their employees.

Videos:

Using Medications Safely – in Spanish – Nunca Mas

The Food and Drug Administration (FDA) has launched a video series in Spanish of families discussing the safe use of medication. See here: [Nunca Mas](#).

“Balancing Caregiving and Work” has aired online, with 3 videos all focused on working caregivers.

- **1)** The video titled “Employees and Caregivers,” features an interview with Wendy Breiterman of Johnson & Johnson (J&J). The video focuses on the struggles that working caregivers face.
- **2)** The video titled “Balancing Caregiving and Work,” focused on family caregivers in the workplace and features individuals who either play the role of a caregiver or are working to make life easier for employed caregivers: Trish Hughes Kreis; a caregiver for her brother with epilepsy; Joan Williams, Director of the Center for Work Life Law at Hastings law school in CA; Elizabeth Kristen, Legal Aid Society Law Center in San Francisco, CA; Walter Yost, Reporter for Sacramento Bee and Kathleen Kelly, Family Caregiver Alliance (FCA) talk during this video.
- **3)** In the video titled “Family Friendly Workplaces,” Ellen Bravo, Executive Director of Family Values at Work and Ellen Galinsky, President and Co-Founder of Families and Work Institute, discuss flexibility, public policies and provide some statistics on working caregivers.

To access videos, go to: <http://www.aarp.org/home-family/caregiving/info-06-2012/caregiving-and-work-a-formula-for-stress.html>

Website:

Crater Community Hospice (CCH) – Check It Out!

www.seriousillness.org/Richmond

CEO Brenda Mitchell invites you to check out CCH’s new website! It is helpful to anyone looking for info related to caring for someone with a serious illness is our target audience

Webinars:

Archived Webinar from the Family Caregiver Alliance: *Caregiver Assessment I: Why and What Should We Assess? (part 1 of a two-part series)*

Go to: http://caregiver.org/caregiver/jsp/content_node.jsp?nodeid=2569

Learn to manage caregiver stress

On July 18 a new webinar, “Managing the Stress of a Family Caregiver,” will address the critical topic of stress caused by caring for an older adult and will offer solutions on how to manage that stress. Register at: <http://www.asaging.org/july-18-2012>

Proposed Legislation:

The [Americans Giving Care to Elders \(AGE\) Act, S. 3226](#), would allow families to qualify for a tax credit of 20 percent of caregiving expenses up to \$6,000, for a potential credit of \$1,200 a year.

The AGE Act would also amend the Older Americans Act of 1965 to (1) increase and extend funding for the National Family Caregiver Support Program through FY 2015, and (2) establish a National Resource Center on Family Caregiving to provide information on and support for family caregiver support programs.

Trainings:

Regional Training Opportunities on Health Topics from the Virginia Foundation for Healthy Youth

Please see the attached flyer for regional training schedule. You can register for the workshops by clicking on one of the following links: <http://www.cvent.com/d/xcq9m0>

or

www.vfhy.org/training

Personal Assistance Services Contract:

The Post-Katrina Emergency Management Reform Act (PKEMRA) identified an area of need in functional needs support services (FNSS) in general population shelters. FEMA Mass Care awarded two contracts, one to Dynamic Service Solutions, Inc. (DSSI), and the other to ResCare. DSSI has 3,000 federally funded health centers in all 50 states, including some US territories, and ResCare has 220 branches in 40 states with 1,200 nursing assistants. Both agencies provide home health aides.

New Director for National Family Caregivers Association:

The National Family Caregivers Association announced that John Schall began his tenure as the second CEO in the history of NFCA. Mr. Schall is a public policy and communications professional with noted expertise in a wide range of policy fields, including health care, labor, education, economic development, taxation, and budget policy. Most recently, Mr. Schall was Deputy CEO of the Parkinson's Action Network from 2009 to 2011. As Vice President of Jefferson Government Relations from 2005 to 2009, he represented a number of health care companies and patient advocacy associations. John Schall also brings a wealth of experience in senior federal government positions, including serving as former Senator Bob Dole's Chief Budget Advisor in the Senate Majority Leader's Office; Chief of Staff of the U.S. Department of Labor from 1991 to 1993; and as Deputy of the White House Domestic Policy Council under President George H.W. Bush. He holds a Master of Public Policy degree from Harvard University's John F. Kennedy School of Government, and is a graduate of the University of Michigan.



2012 VFHY Regional Training Workshop Listing

All Regions

June – October 2012

(Central Region)

Workshops Listed by Dates

June 27, 2012 – How Can I Help? From the Inside Out: Deepening Self-Awareness and Increasing Our Capacity to Connect Authentically With Others (**Gary Bass & Mary Kay Rose**)
Office of Licensure and Certification Division of Long Term Care Services, Perimeter Conference Center Training Rm 2, 9960 Mayland Drive, Henrico, Virginia 23233-1485

August 7, 2012 - The ABCs of Nutrition (**Alice Freeman**)
Healthy Heart Plus, 705 Twin Ridge Lane, Suite 6, Richmond VA 23235

August 9, 2012 - Everything You Should Know About Teen Cultures (**Amy Bledsoe & Dan Hunsucker**)
Henrico Mental Health Center, 4825 S. Laburnum Ave, Conference Room # 23, Richmond VA

August 14, 2012 - Working Effectively with At-Risk Youth (**Ron Clark**)
Office of Licensure and Certification Division of Long Term Care Services, Perimeter Conference Center Training Rm 2, 9960 Mayland Drive, Henrico, Virginia 23233-1485

August 22, 2012 - Conducting a Comprehensive Needs Assessment (**Kim Brown**)
Hanover Community Services, Bell Creek Office – Mechanicsville, 8475 Bell Creek Road, Mechanicsville, VA 23116

August 23, 2012 - Effective Program Strategies for Successful Youth Programs (**Steve Hixon & Valerie Liggins-Law**)
Hanover Community Services, Bell Creek Office – Mechanicsville, 8475 Bell Creek Road, Mechanicsville, VA 23116

September 10, 2012 – Beyond Body Image (**Ginny Smith**)
Henrico Mental Health Center, 4825 S. Laburnum Ave, Conference Room # 23, Richmond VA

September 12, 2012 - Social Marketing: Changing Behaviors for Good (**Patti Kiger**)

Hanover Community Services, Bell Creek Office – Mechanicsville, 8475 Bell Creek Road, Mechanicsville, VA 23116

September 19, 2012 – Community Assessment (**Alejandro Garcia-Barbon**)

Hanover Community Services, Bell Creek Office – Mechanicsville, 8475 Bell Creek Road, Mechanicsville, VA 23116

September 21, 2012 - Enhancing a Child's Self-Esteem and Self-Efficacy While Building Resiliency (**Laurie Rokutani**)

Hanover Community Services, Bell Creek Office – Mechanicsville, 8475 Bell Creek Road, Mechanicsville, VA 23116

(North Region)

Workshops Listed by Dates

August 8, 2012 - Everything You Should Know About Teen Cultures (**Amy Bledsoe & Dan Hunsucker**)
Herrity Building, 12055 Govt Center Parkway, Room 107, Fairfax, Virginia 22035

August 13, 2012 - Facilitating Community Change Through Environmental Approaches (**Gail Taylor**)
Herrity Building, 12055 Govt Center Parkway, Room 106, Fairfax, Virginia 22035

August 23, 2012 - Conducting a Comprehensive Needs Assessment (**Kim Brown**)
Herrity Building, 12055 Govt Center Parkway, Room 106, Fairfax, Virginia 22035

August 24, 2012 - Adapting Evidence-Base Programs: Decreasing Barriers While Increasing Outcomes, Retention & Trust (**Kim Brown**)
Herrity Building, 12055 Govt Center Parkway, Room 106, Fairfax, Virginia 22035

September 6, 2012 - Working Effectively with At-Risk Youth (**Ron Clark**)
Pennino Building, 12011 Government Center Parkway, Room 734, Fairfax VA, 22035

September 11, 2012 - Social Marketing: Changing Behaviors for Good (**Patti Kiger**)
Herrity Building, 12055 Govt Center Parkway, Room 107, Fairfax, Virginia 22035

September 17, 2012 - How to Make Tobacco an Issue in Priority Populations (**Alejandro Garcia-Barbon**)
Herrity Building, 12055 Govt Center Parkway, Room 106, Fairfax, Virginia 22035

September 18, 2012 - Latest Tobacco Use Trends (**Alejandro Garcia-Barbon**)
Herrity Building, 12055 Govt Center Parkway, Room 106, Fairfax, Virginia 22035

September 25, 2012 - The ABCs of Public Relations: Everything you wanted to know about reaching out to legislators and media but were afraid to ask (**Richard Foster, Jonah Holland, Keenan Caldwell**)
Lloyd F. Moss Free Clinic, 1301 Sam Perry Blvd., Fredericksburg, VA 22401

October 11, 2012 - Effective Program Strategies for Successful Youth Programs (**Steve Hixon & Valerie Liggins-Law**)
Pennino Building, 12011 Government Center Parkway, Virginia Room, Rm 1034, Fairfax VA, 22035

(Southeast Region)

Workshops Listed by Dates

July 10, 2012 - Spice Up Your Prevention Program: Teaching Strategies and Activities for Engagement
(**Alayne MacArthur**)

South Morrison Family Education Center, 746 Adams Drive, Room 6, Newport News, VA 23601

July 26, 2012 – The Basics of Building Capacity and Coalition Development (**James Pritchett**)

Sentara Williamsburg Regional Medical Center, 100 Sentara Circle, Jamestown Room, Williamsburg, VA 23188

August 21, 2012 - Adapting Evidence-Base Programs: Decreasing Barriers While Increasing Outcomes, Retention & Trust (**Kim Brown**)

Sentara Williamsburg Regional Medical Center, 100 Sentara Circle, Yorktown Room, Williamsburg, VA 23188

September 4, 2012 – Reducing Tobacco Use Among Pregnant Teens and Young Adult Women (**Janis Dauer**)

Sentara Williamsburg Regional Medical Center, 100 Sentara Circle, Williamsburg Room, Williamsburg, VA 23188

September 7, 2012 - Facilitating Community Change Through Environmental Approaches (**Gail Taylor**)

Sentara Williamsburg Regional Medical Center, 100 Sentara Circle, Williamsburg Room, Williamsburg, VA 23188

September 20, 2012 - Latest Tobacco Use Trends - Instructor: (**Alejandro Garcia-Barbon**)

Hampton Health Department, 3130 Victoria Blvd, Hampton Virginia 23661

September 21, 2012 – Environmental and Effective Tobacco Use Prevention & Cessation Strategies for Youth & Young Adults (**Alejandro Garcia-Barbon**)

West Hampton Community Center, 1638 Briarfield Road, Hampton, VA 23661

October 24, 2012 – Youth & Technology: What are Facebook, Tweets and TXTs? (**Dan Hunsucker**)

South Morrison Family Education Center, 746 Adams Drive, Room 6, Newport News, VA 23601

(Southwest Region)

Workshops Listed by Dates

July 13, 2012 - Facilitating Community Change Through Environmental Approaches (**Gail Taylor**)
Blue Ridge Behavioral Healthcare, 3517 Brandon Avenue Rm 128, Roanoke, VA 24018

July 27, 2012 - Spice Up Your Prevention Program: Teaching Strategies and Activities for Engagement (**Alayne MacArthur**)
Blue Ridge Behavioral Healthcare, 3517 Brandon Avenue Rm 128, Roanoke, VA 24018

August 8, 2012 – Prevention Ethnics (**James Pritchett**)
Blue Ridge Behavioral Healthcare, 3517 Brandon Avenue Rm 128, Roanoke, VA 24018

August 9, 2012 - Latest Tobacco Use Trends - Instructor: (**Alejandro Garcia-Barbon**)
New River Valley Community Services, 700 University City Blvd, Blacksburg, VA 24060

August 10, 2012 – Environmental and Effective Tobacco Use Prevention & Cessation Strategies for Youth & Young Adults (**Alejandro Garcia-Barbon**)
Blue Ridge Behavioral Healthcare, 3517 Brandon Avenue Rm 128, Roanoke, VA 24018

August 14, 2012 – Got Health? Building Healthy Bodies (**Tami Hulcher**)
New River Valley Community Services, 700 University City Blvd, Blacksburg, VA 24060

August 15, 2012 - Nutrition Revisited: Facts Myths & Tips (**Tami Hulcher**)
Blue Ridge Behavioral Healthcare, 3517 Brandon Avenue Rm 128, Roanoke, VA 24018

September 11, 2012 - The ABCs of Nutrition (**Alice Freeman**)
New River Valley Community Services, 700 University City Blvd, Blacksburg, VA 24060

September 12, 2012 - Nutrition - Family Style Childhood Obesity Action Plan (**Alice Freeman**)
Blue Ridge Behavioral Healthcare, 3517 Brandon Avenue Rm 128, Roanoke, VA 24018



12-210

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MEMORANDUM

TO: Executive Directors

FROM: James Rothrock
Commissioner

DATE: July 3, 2012

SUBJECT: AARP Recruiting for Associate State Director

AARP Virginia is recruiting for the position of Associate State Director for Multicultural Outreach. I've attached an announcement for the position. Please forward this to possible candidates and other networks that may be interested.

YOU NEED A CAUSE

— AND A CAREER —

YOU CAN BELIEVE IN.

Welcome to AARP.

Associate State Director Multicultural Outreach

You will develop a presence in multicultural communities through strengthening visibility, engaging volunteers and members, building key relationships, grassroots activities and educational forums. You will organize membership and volunteers to engage in health care, financial security and community service issues related to priorities in Virginia. You will work to engage members and volunteers in delivering AARP programs, activities and outreach with a focus on African-American/Black communities.

Teamwork is important and you will be joining a strong partnership of staff and volunteers who are building a dynamic presence for AARP in Virginia.

Requires: BA/BS degree; and a minimum of 5 years of relevant experience including grassroots organizing, issue campaign experience, volunteer leadership and management, marketing and public relations; excellent communication, interpersonal and computer skills. Demonstrated understanding of the state's multicultural environment, understanding of cultural differences, experience in applying principles and practices in community organizing and adapting programs to diverse cultural settings. Travel: Up to 50%.

Qualified candidates are invited to apply online at www.aarpjobs.com. Posting listed under "All Available Positions".

We're nearly 40 million members strong – with more joining us every day – and we're the "most powerful grassroots organization" according to Fortune magazine. In Virginia, we're more involved than ever before. If you're ready, here's your chance to make a real impact in **Richmond** and throughout **Virginia!**

AARPSM

The power to make it better.[®]

*We are an Equal
Opportunity Employer that
values workplace diversity.*

Visit us at:

www.aarpjobs.com