



VDA WEEKLY E-MAILING

March 24, 2015

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ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

NASUAD Weekly Update

Here is a link to the weekly update from NASUAD:

<http://www.nasuad.org/newsroom/friday-update>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

1610 Forest Avenue • Suite 100 • Henrico, VA 23229
Office 804.662.9333 • Toll free 800.552.3402 • TTY users dial 711 • Fax 804.662.9354



March 18, 2015

Consumer advisory: 3 pension advance traps to avoid

By Nora Dowd Eisenhower, Assistant Director, Office for Older Americans, and Holly Petraeus, Assistant Director, Office of Servicemember Affairs, Consumer Financial Protection Bureau

Many retirees depend on a pension to cover day-to-day as well as occasional unexpected expenses, such as health emergencies or home repairs. We've heard that some retirees with pensions who are facing financial challenges have responded to ads for cash advances on their pensions. Although pension advances may seem like a "quick fix" to your financial problems, they can eat into your retirement income when you start paying back the advance plus interest and fees.

A pension advance is a cash advance in exchange for a portion, or all, of your future pension payments. Pension advance companies typically charge high interest rates and fees and often target government retirees with pensions. Former servicemembers should also be on guard. Military retirees and veterans who receive monetary benefits from the Department of Veterans Affairs (VA) have been offered pension advances even though it's illegal for lenders to take a military pension or veterans' benefits. Many of those companies use patriotic-sounding names or logos and even claim they are endorsed by the VA as a way of enticing potential customers.

If you or a loved one is considering a pension advance, consider your alternatives. [\[MORE\]](#)



AGE Virginia Awards

Cecily Slasor on behalf of Jay White, VCU Department of Gerontology

Save the Date: April 11th

Please join VCU's Department of Gerontology for our Annual AGE Virginia Awards in celebration of Gerontological Excellence. This year's ceremony will take place on Saturday, April 11th from 6:00 pm until 8:00 pm at Imperial Plaza, 1717 Bellevue Avenue, in Richmond.

In addition to attending, please also consider an event sponsorship that supports our student scholarship and continuing education efforts. For more information on awards, event sponsorship or tickets, please email agingstudies@vcu.edu. Tickets may be purchased by clicking on the following links.



General Admission: \$35. (link: https://training.vcu.edu/course_detail.asp?ID=13629)

Students, VCU Alumni and Elders: \$25 (https://training.vcu.edu/course_detail.asp?ID=13628)

Special thanks to our host, Imperial Plaza, a Brookdale Senior Living Community located in Richmond's historic Bellevue.

And special thanks to our event sponsors!

Senior Connections

Covenant Woods

Gerontecture

Dr. Patricia Slattum



Virginia Association of Home Care and Hospice

Virginia Department for Aging and Rehabilitative Services

VDDHH Seventh Annual Focus Group

Kathy B. Miller, Director of Programs, Division for the Aging, on behalf of VDDHH

Dear Friends of VDDHH:

Once again, it is time for our Seventh Annual Focus Group. This year's theme is:

“WE ARE CONNECTED”

For those of you who are not familiar with our Focus Group, please let me take a moment to explain.

Our Focus Group is comprised of members of the Hearing Loss Association of Greater Richmond and local professionals such as Audiologists, Speech Pathologists, Rehabilitation Counselors, medical personnel and teachers.

Also joining us are college students, retirees, parents, employers and a host of other individuals interested in learning more about available new technology for individuals who are deaf, hard of hearing, speech disabled and low vision.

We are very fortunate to have devices from many well known manufacturing leaders in the field of hearing loss. You will be able to see, try, and ask questions about the devices available at our demonstration stations.

Although our time together will be short, you will leave satisfied that you have helped VDDHH and some of our community members most problematic, day-to-day communications issues.

April 18th will be a fun morning of networking, learning and discovery!

Join us from 9 AM to 12:30 PM, and don't miss this opportunity to see and connect with the best technology has to offer.

If you are planning on attending, please RSVP to the email or phone number listed below. We want to make sure we have plenty of refreshments and door-prizes on hand.

Looking forward to seeing you and thank you for your support,



Christine Ruderson
Technology Coordinator
Virginia Department for the Deaf and Hard of Hearing

RSVP to: Christine.Ruderson@VDDHH.Virginia.gov or; 804.662.9710 V/TTY

Beard Center on Aging at Lynchburg College/Conference (Attachment)

Charlotte Arbogast, MSG, Dementia Services Coordinator

Aging Well in Mind, Body, and Spirit

June 2, 2015

8 a.m. - 4:45 p.m.

Schewel Hall, Lynchburg College

Presented by the Beard Center on Aging at Lynchburg College in partnership with Centra Foundation, Central Mental Health Service, and Centra Rehabilitation and Senior Services.

Plan to join us for one of Virginia's largest and most affordable conferences on positive aging.

Public Listening Sessions on the Draft Virginia Dementia State Plan (Attachments)

Charlotte Arbogast, MSG, Dementia Services Coordinator

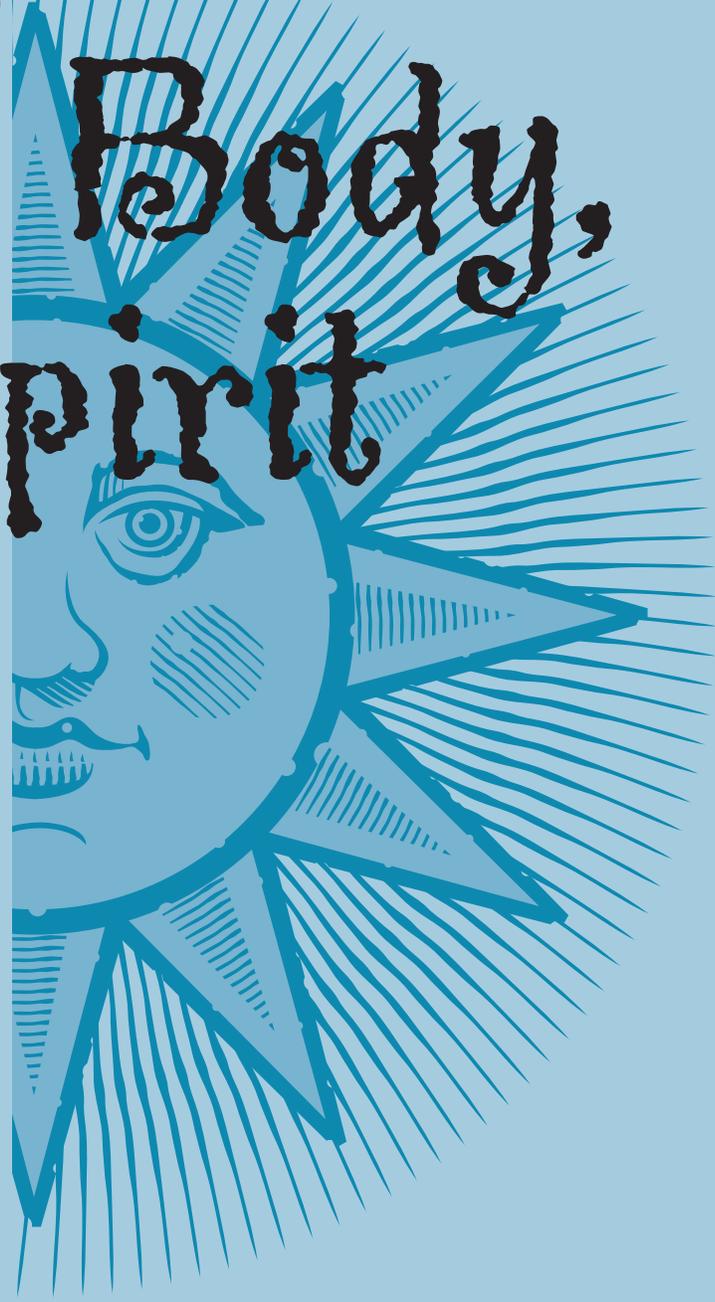
Please see the two attachments regarding the Public Listening Sessions on the Draft Virginia Dementia State Plan: Frequently Asked Questions and Public Listening Sessions flyer with event details.

Aging Well in Mind, Body, & Spirit

June 2, 2015

*Presented by the Beard Center
on Aging at Lynchburg College
in partnership with the Centra
Foundation, Centra Mental
Health Services and Centra
Rehabilitation and Senior
Care Services*

 Lynchburg College



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advantageWestminster
Canterbury
Lynchburg
Life Refreshed.

KEYNOTE SPEAKERS

9-10 a.m.

Choosing to Live a Happy, Balanced, Vibrant Life

Kathleen Passanisi, PT, CSP, CPAE



Good choices are the foundation of living a happier, healthier, more vibrant life. But sometimes we get so bogged down in the craziness of everyday life that we don't stop to think about the choices we are making — and the disappointing results. When this happens, we live by default and not by design. A sense of balance and contentment comes from having a true understanding of personal values and then using one's time, energy and talent in ways that add meaning to life. In this program, Kathleen Passanisi teaches us how to do this in ways that benefit us and the lives we touch. Making our happiness a priority is not selfish. It is one of the most responsible things we can do.

Kathleen Passanisi, internationally recognized speaker, humorist and medical professional is the author of *It's Your Life - Choose Well* and contributing author of *Humor Me*. She is an inductee of the National Speakers Association's CPAE Speaker Hall of Fame and recipient of the AATH Lifetime Achievement Award in the field of therapeutic humor. She is a past-president of the American Association for Therapeutic Humor and has served on the adjunct faculty of the Washington University School of Medicine. Her work has been featured in U.S. News & World Report, New York Times, Working Woman, and England's Sunday Business.

3:40-4:45 p.m.

*May the Circle be Unbroken:**Spirituality, Faith and Aging*

James L. Brooks, MDiv



Recent studies have shown what many have long believed — that spirituality, aging and health are linked. Spirituality can have a positive impact on many aspects of life, including personal well-being, relationships, meaning and purpose, healing and hope. This session will explore trends in spiritual development and religious practices through the aging continuum. We will focus on practical ways individuals, families, professionals and communities can support healthy spirituality for all of us as we age.

James L. Brooks is associate state director for AARP Virginia and author of *The Unbroken Circle: A Toolkit for Congregations Around Illness, End of Life and Grief*; and *It's About How You Live - In Faith: A Guide for Hospices and End of Life Coalitions on Engaging Faith Communities*. He previously served as the first executive director of Project Compassion, a nonprofit organization in Chapel Hill, N.C., that supports persons coping with serious illness, caregiving, end-of-life issues, and grief. He has also been a hospice clinical manager. The Robert Wood Johnson Foundation profiled him as one of five emerging leaders in end-of-life care. He holds an undergraduate degree from Wake Forest University, a master of divinity degree from Southern Baptist Theological Seminary and is ordained by the United Church of Christ.

CONFERENCE INFORMATION

10:45-11:45 a.m.

- ***Aggressive Behavior and Older Adults: What Do We Know and What Can We Do?***
Andrew L. Heck, PsyD, ABPP, Clinical Director/Licensed Clinical Psychologist, Piedmont Geriatric Hospital
- ***Connectivity and Aging: Engaging Mind, Body and Spirit***
Jay White, MS, Gerontologist and Director of Professional Development, Department of Gerontology, Virginia Commonwealth University
- ***Protecting Your Assets***
Julianne Dalton, Esq., Associate, Anderson, Desimone & Green, P.C.
- ***Healthy Habits for a Healthier You***
Annette Clark, MSG, Gerontologist and Family Services Director, Alzheimer's Association, Central and Western Virginia Chapter
- ***Life Lessons and Post Traumatic Growth: Strategies for Coping with Marathon Caregiving***
Rosemary Rawlins, BS, author of *Learning by Accident: A Caregiver's True Story of Fear, Family and Hope*, Editor of *BrainLine Blogs*, and columnist for *Brain Injury Journey*
- ***Dealing with Difficult People***
Margaret Beazley, BA, Mediator, Facilitator, and Trainer, Conflict Resolution Center
- ***Quality of Care in Long Term Care and Future Perspectives***
Carey H. Peerman, MBA, BSN-RN, LNHA, FACHE, Director of Healthcare Management, Jefferson College of Health Services
- ***Have you had the Talk? Advance Care Planning and DNR—What You Need to Know***
Verna Sellers, MD, MPH, Geriatrician and Medical Director, Geriatric Services and Programs, Centra PACE, A Program of All-inclusive Care for the Elderly
Kim M. Williams, MSW, Certified Advance Care Planner and Social Worker, Centra Acute Rehabilitation Center
- ***Healthcare Financial Assistance Programs for Aging Veterans***
Dana Hawkins, LCSW, C-ASWCM, CDP, Primary Care Social Worker, Department of Veterans Affairs—Lynchburg Community Based Outpatient Clinic

1:15-2:15 p.m.

- ***Mom Needs Medicaid: Where Do I Start?***
Rebecca Neilans, Supervisor, Adult Services, Virginia Department of Social Services, Lynchburg Division
Karen Sumner, Senior Benefits Program Specialist, Virginia Department of Social Services, Lynchburg Division
- ***Life Reimagined (Session 1 of 2)***
Brian Jacks, BS, Associate State Director, AARP Virginia
- ***Ethics at the End of Life***
Michael Gillette, PhD, President, Bioethical Services of Virginia, Inc.
- ***Preparing for Prosecution of Elder Abuse and Neglect: From the Hospital to the Courtroom***
Randy C. Krantz, JD, MAR, RN, Bedford County Commonwealth's Attorney
- ***Eat to Live: Lifestyle Strategies to Prevent Cancer***
Martie M. Slaughter, FACHE, RD, FAND, CDE, Captain, Medical Service Corps, United States Navy, Retired, Certified Diabetes Educator, Registered Dietician
- ***Preventing and Resolving Family Caregiving Conflict***
Margaret Beazley, BA, Mediator, Facilitator and Trainer, Conflict Resolution Center

SCHEDULE OF EVENTS *

8-8:45 a.m.
Registration, Schewel Hall

8:45-9 a.m.
Welcome and Announcements, Burton Dining Hall, Drysdale Student Center

9-10 a.m.
Keynote Address, Burton Dining Hall

10-10:45 a.m.
Poster Sessions, Refreshment Break, Educational Exhibits, Schewel Hall

10:45-11:45 a.m.
Concurrent Sessions, Schewel Hall

11:45 a.m.-1:15 p.m.
Conference Luncheon and Awards Ceremony, Burton Dining Hall

1:15-2:15 p.m.
Concurrent Sessions, Schewel Hall

2:15-2:30 p.m.
Poster Sessions, Refreshment Break, Educational Exhibits, Schewel Hall

2:30-3:30 p.m.
Concurrent Sessions, Schewel Hall

3:40-4:45 p.m.
Keynote Address, Schewel Hall

The exhibit hall will be open until 2:30 p.m. New exhibitors are welcomed and encouraged to contact the Beard Center on Aging at Lynchburg College for additional information about exhibiting opportunities.

* The complete schedule, registration form, and directions to the College are available on the College website at www.lynchburg.edu/beard.



CONFERENCE INFORMATION *(continued)*

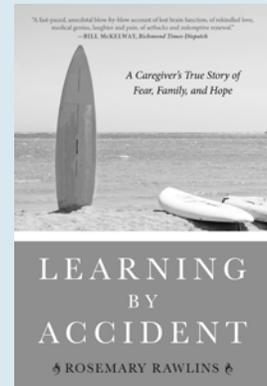
- ***Current Issues for an Aging Society***
J. James Cotter, PhD, Associate Professor, Virginia Commonwealth University School of Allied Health Professions, Department of Gerontology
- ***The Healthcare Transformation and the Affordable Care Act (Session 1 of 2)***
Barbara J. Connors, DO, MPH, Chief Medical Officer, Center for Medicare and Medicaid Services
- ***“Minding Your Own” – A Documentary about Family Caregivers and the Individuals they Care For***
Inaya Graciana Yusuf, MFA, Director, Producer, and Editor, Slow Your Roll Films

2:30-3:30 p.m.

- ***Life Reimagined (Session 2 of 2)***
Brian Jacks, BS, Associate State Director, AARP Virginia
- ***The Power of Residual Memory***
Lanny D. Butler, MS, OTR/L, Consultant, Educator and Co-Author of “My Past is Now My Future ... A Practical Guide to Dementia Possible Care”
- ***Weathering the Storm: Managing Stress and Bringing Balance Back into Your life***
Teresa Moore, MD, Centra Medical Group Keysville
- ***Disasters: A Recipe for Preparedness***
Elizabeth Jean Harris, Mass Care Lead Volunteer, American Red Cross, Historic Virginia Chapter
- ***Depression in the Elderly***
Moni Baidya, MD, Geriatric Psychiatrist, Centra Piedmont Psychiatric Center
- ***The Aging LGBT Population***
Jay White, MS, Gerontologist and Director of Professional Development, Department of Gerontology, Virginia Commonwealth University
- ***Walking in their Shoes: Aging Sensitivity Training***
Beverly Craft, RN, BSHA, CMC, CDP, Owner and Senior Care Resource Consultant, Care OPTIONS Plus, LLC
- ***The Silver Tsunami of the Future***
Teresa Page, EdS, MSN, RN, FNP-BC, Assistant Professor of Nursing, Liberty University
- ***The Healthcare Transformation and the Affordable Care Act (Session 2 of 2)***
Barbara J. Connors, DO, MPH, Chief Medical Officer, Center for Medicare and Medicaid Services

FOR MORE INFORMATION

For detailed program descriptions, scholarship information, or to register and pay by credit/debit card, call 434.544.8456 or go to www.lynchburg.edu/beard.

CONFERENCE FEATURES**Book Signing & Sale**

Meet Rosemary Rawlins, author of *Learning by Accident: A Caregiver's True Story of Fear, Family and Hope*, her inspirational memoir about learning and growing through adversity.

Poster Sessions

Join us for poster sessions to learn more about current research conducted in the field of aging. Conference attendees will have the opportunity to meet and talk with the researchers.

Silent Auction

To raise funds for conference scholarships, a silent auction will be held throughout the day. The auction features items generously provided by Consortium on Aging members and local businesses. **To make a donation for the auction call 434.544.8456 or email us at scruggs.dr@lynchburg.edu.**

About the Lynchburg College Beard Center on Aging

Named in honor of Lynchburg College alumna and gerontologist Belle Boone Beard, the center strives to promote positive aging through intergenerational activities, educational programs, information and referral services, and professional training. The Center also hosts one of Virginia's largest annual geriatric conferences and provides leadership for Region 2000's Consortium on Aging.

REGISTRATION FORM

Early Registration Deadline: May 1, 2015

Note: You may also register online at www.lynchburg.edu/beard.

Mail to:

Beard Center on Aging at Lynchburg College
1501 Lakeside Drive
Lynchburg, VA 24501

Last Name _____ First Name _____

Position/Title _____

Company/Organization _____

Phone _____ Fax _____

Street Address _____

City _____ State _____ Zip _____

Email _____

How did you hear about this program _____

Please check the appropriate box(es) below and submit payment and registration form by **May 1, 2015** for **early registration discount**. Workshops will be filled on a first-come, first-served basis. Registration deadline is **May 15, 2015** or until all spaces are filled.

Conference Fee (includes lunch)

- Member, Gerontology Center Consortium – *Early registration discount (before May 1, 2015)* \$65
- Member, Gerontology Center Consortium – *Late registration (after May 1, 2015)* \$90
- Non-Member, Gerontology Center Consortium – *Early registration discount (before May 1, 2015)* \$85
- Non-Member, Gerontology Center Consortium – *Late registration (after May 1, 2015)* \$110
- Full-Time Student or Senior Citizen \$45

Optional Fees

- I would like Lynchburg College CEUs for the conference (June 2) \$15
- Post Session: NCCDP Alzheimer's and Dementia Class – Consortium Conference Attendees \$120
- Post Session: NCCDP Alzheimer's and Dementia Class – Conference Attendees \$155
- Post Session: NCCDP Alzheimer's and Dementia Class ONLY – Non-Conference Attendee \$185
- I would like Lynchburg College CEUs for the NCCDP Alzheimer's and Dementia Class. \$15

Total Amount Enclosed \$ _____

(Make check or money order payable to the Beard Center on Aging. Credit and debit card payments may be made online at www.lynchburg.edu/beard or by phone. Purchase orders also accepted by phone. Call 434.544.8456.)

Continuing Education Credits (CEUs)

Persons attending the entire conference and who meet the requirements for CEUs can earn .5 CEU credits from Lynchburg College. The fee is an additional \$15. CEUs will also be offered separately for the post-conference session.

Group Discounts and Scholarships

Group discounts and a limited number of scholarships are available. Call 434.544.8456 for more information.

CONCURRENT SESSIONS

If you are registering for the conference, please indicate which concurrent session you wish to attend for each time period by checking the appropriate box(es) below. Please check only one box for each session.

10:45-11:45 a.m.

- Aggressive Behavior and Older Adults
- Connectivity and Aging
- Protecting Your Assets
- Healthy Habits for a Healthier You
- Life Lessons, Post Traumatic Growth and Caregiving
- Dealing with Difficult People
- Quality of Care in Long Term Care and Future Perspectives
- Have you had the Talk?
- Healthcare Assistance for Veterans

1:15-2:15 p.m.

- Mom Needs Medicaid: Where Do I Start?
- Life Reimagined (Session 1 of 2)
- Ethics at the End of Life
- Investigating Elder Abuse and Neglect
- Eating to Prevent Cancer
- Preventing and Resolving Family Caregiving Conflict
- Current Issues for an Aging Society
- Healthcare Transformation and the Affordable Care Act (Session 1 of 2)
- "Minding Our Own, Preview

2:30-3:30 p.m.

- Life Reimagined (Session 2 of 2)
- The Power of Residual Memory
- Weathering the Storm
- Disasters: A Recipe for Preparedness
- Depression in the Elderly
- The Aging LGBT Population
- Aging Sensitivity Training
- The Silver Tsunami
- Healthcare Transformation and the Affordable Care Act (Session 2 of 2)

2014-15 CONSORTIUM ON AGING MEMBER LIST

2-1-1 Virginia	City of Danville Department of Parks, Recreation and Tourism	McGurk House
AARP Virginia	Jacquelyn Cloud	Meals on Wheels of Greater Lynchburg
Adult Care Center of Central Virginia	CogniCheck, Inc.	Medical Care Center
Ageless Woman magazine	Cresswell Group, LLC, Kathleen Cresson	Mental Health America of Central Virginia
Alzheimer's Association of Central and Western Virginia	Jessica Crews	Joyce Morrison
Charlotte Arbogast, Virginia Dementia Services Coordinator, DARS	Deaf and Hard of Hearing Services Center	New York Life, Sutton Tinsley
Audiology Hearing Aid Associates, Inc	Elks National Home	Older Adult Ministries, United Methodist Church, Lynchburg District
Beard Center on Aging at Lynchburg College	Elizabeth Farnsworth, PhD, Lynchburg College	Orthopaedic Center of Central Virginia
Bedford Community Health Foundation	Fairmont Crossing Health and Rehabilitation Center	Piedmont Community Health Care
Bedford County Department of Social Services-APS	Kay Fielder	Fumiko Radile
Bentley Commons	Generation Solutions	Regional SW Alcohol and Aging Awareness Group
Yvonne Behrens	Gentle Shepherd Hospice	Runk and Pratt Senior Living Communities
Berry Hill Health and Rehabilitation	Guggenheimer Health and Rehabilitation Center	Seniors Guide
Virginia Burggraf, DNS, RN, FAAN, Radford University	Harmony (a division of Cabaniss Day Support, Inc.)	Senior Independence
Campbell County Department of Social Services	Heritage Green Assisted Living Communities	Senior Navigator/Virginia Navigator
Campbell County Recreation Senior Programs	Home Instead Senior Care	Senior News
Campbell County Retired Senior Volunteer Program	Hospice of Virginia	Senior Remodeling Experts
Campbell Rest Home	Infinity Care Management of Virginia	Stratford House
Care OPTIONS Plus, LLC	Lauren Johnston	Susan Oliver, Esq.
Centra Bedford Memorial Hospital	Kumar Financial and Insurance	Elizabeth Swygert
Centra Home Health	Marion Kyner	Team Nurse
Centra Hospice	Lake Christian Ministries	The Summit
Centra Oakwood Health and Rehabilitation Center	Liberty Ridge Health and Rehabilitation Center	The Summit Assisted Living
Centra PACE	Glenda Lilly	The Summit Health and Rehabilitation Center
Centra Rehabilitation and Senior Services	Lynchburg College	Towne Bank Mortgage/Reverse Mortgage Solutions
Centra Rosemary and George Dawson Inn	Lynchburg College Health Training Consortium	United Way of Central Virginia
Centra Specialty Hospital	Lynchburg Department of Social Services	Virginia Relay Captel
Center for Community Development and Social Justice, Lynchburg College	Lynchburg Health and Rehabilitation Center	Virginia United Methodist Homes
Central Virginia Alliance for Community Living	Lynchburg Parks and Recreation	Western and Central Virginia Council for Aging in Place
	Don Manning	Westminster Canterbury of Lynchburg
	Helen McClendon	Joy Whitt
		Williams Home, Inc.
		Woodhaven Nursing Home

Join the Consortium on Aging

The Consortium on Aging comprises individuals, organizations, faith communities, nonprofit businesses and corporations interested in promoting positive aging and addressing the needs of our aging community. Members receive up-to-date information about issues related to aging, resources, community events, training and networking opportunities. Members also receive discounts on Beard Center programs and services. For more information, call 434.544.8456 or go to www.lynchburg.edu/beard.

LODGING INFORMATION



Wingate by Wyndham

3777 Candler's Mt. Road, Lynchburg
888.494.6428 • www.wingatehotels.com

This non-smoking, certified green, award-winning hotel, nestled in the foothills of the Blue Ridge Mountains, offers a free hot deluxe 40-item breakfast. Special conference room rate is \$109/night plus tax. To receive discounted rate, register before May 1, 2015 and identify yourself as a Lynchburg College Conference on Aging attendee.



Acorn Hill Lodge

2134 Old Forest Road, Lynchburg
434.528.0983 • www.acornhilllodge.com

This award-winning home away from home is situated minutes away from Lynchburg College and offers a cozy Bed & Breakfast atmosphere. A free hot made-to-order breakfast is included. A limited number of rooms is available at a rate of \$102/night plus tax. To receive discounted rate, identify yourself as a Lynchburg College Conference on Aging attendee.



Craddock Terry Hotel and Event Center

1312 Commerce Street, Lynchburg
434.455.1500 • www.craddockterryhotel.com

This turn-of-the-century shoe factory turned residential-style boutique hotel, located in downtown Lynchburg, offers complimentary shuttle service, two award-winning onsite restaurants, an in-room complimentary continental breakfast, a microbrewery, and more. A limited number of rooms is available for \$129/night plus tax. Identify yourself as a Conference on Aging attendee.

POST-CONFERENCE WORKSHOP • JUNE 3, 2015

Alzheimer's Disease and Dementia Care Seminar

(8 contact hours)

8:30 a.m. – 5 p.m. (Registration begins at 8 a.m.)
Schewel Hall, Room 232, Lynchburg College

The intensive curriculum includes: an overview of dementia, diagnosis, prognosis and treatment options; effective communication techniques; understanding feelings and depression; repetitive and aggressive behaviors, paranoia, hallucinations, wandering, hoarding and catastrophic reactions; intimacy and sexuality; personal care — bathing, dressing, toileting, nutrition, pain and activities; environmental issues; staff and family support; cultural competence and diversity; spiritual care; and end-of-life issues.

INSTRUCTORS

Denise Scruggs, CDP, ADC is a Certified Alzheimer's Disease and Dementia Care Trainer (CADDCT) for the International/National Council of Certified Dementia Practitioners. Denise has more than 20 years of personal and professional experience in dementia care spanning activities management, social work, family caregiving, consulting and memory support program management. Denise currently serves as the director of the Beard Center on Aging and is a member of the advisory council for the Lindsay Institute for Innovations in Caregiving.

Kathleen Cresson, RN, CMC, CDP is a Certified Care Manager, as well as a Certified Alzheimer's Disease and Dementia Care Trainer (CAADCT) for the International/National Council of Certified Dementia Practitioners. She is currently the Health Care Manager/RN at the Adult Care Center of Central Virginia. She has more than 10 years of experience working with persons diagnosed with Alzheimer's disease and other dementias. In 2013, Kathleen was awarded recognition as the 2013 Outstanding Geriatric Nursing Professional in Region 2000.

COST

Consortium Member Conference Attendees.....	\$120
Non-Consortium Member Conference Attendees	\$155
Dementia Class ONLY – Non-conference Attendee	\$185
Lynchburg College CEUs for the NCDDP	\$15

On completion of this course, professionals may apply for CDP certification at a discounted rate of \$25, a savings of \$75. In addition to successful completion of this course, all NCCDP certification requirements must be met and approved by the NCCDP Certification Council in order to receive professional certification. For more information go to www.nccdp.org.

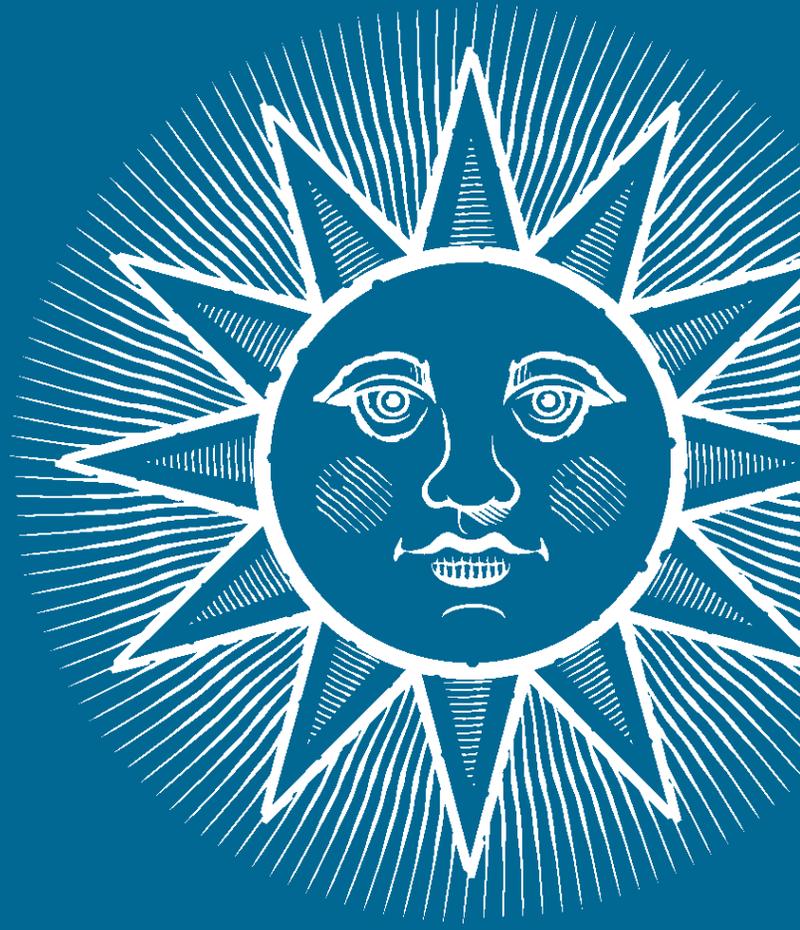
DISCOUNTS ARE AVAILABLE FOR MULTIPLE REGISTRATIONS

In addition, the class can be offered on site at a discounted rate for corporate training or you may serve as an agency host to bring the class to your area. Host sites receive a limited number of discounted and/or free registrations. Call 434.544.8456 for more information.

Lynchburg College Beard Center
and Consortium on Aging

WORKING TOGETHER
TOWARD A COMMUNITY
FOR ALL AGES

*Through community service, individual support
and referral, leadership, and education*



Lynchburg College 

*Lynchburg College Beard Center on Aging
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Frequently Asked Questions

Virginia Dementia State Plan: Statewide Listening Sessions

Question: What is the Virginia Dementia State Plan?

Answer: The Virginia Dementia State Plan is a planning document from the Virginia Alzheimer's Disease and Related Disorders Commission. The Virginia Dementia State Plan outlines a strategic, coordinated approach to respond to dementia-related needs throughout the Commonwealth. It includes goals, objectives and strategies that Virginia can employ to ensure the state is prepared to support individuals with dementia and their caregivers.

Question: Where can I find the Virginia Dementia State Plan?

Answer: The Virginia Dementia State Plan is available at www.alzpossible.org. If you need a hard copy, please contact your local Alzheimer's Association chapter or the Virginia Department for Aging and Rehabilitative Services at the information below.

Question: Who should come to the public listening sessions?

Answer: Individuals with dementia and mild cognitive impairment as well as family caregivers are particularly encouraged to attend the public listening sessions. Professionals are welcome as well.

Question: What will happen at the public listening sessions?

Answer: Members of the Virginia Alzheimer's Disease and Related Disorders Commission along with staff from the Virginia Department for Aging and Rehabilitative Services and the Alzheimer's Association chapters in Virginia will host the sessions. They will provide an overview of the Virginia Dementia State Plan and accomplishments made to improve Virginia's dementia response in the last four years. Attendees will be encouraged to speak about the Virginia Dementia State Plan, their dementia care needs and challenges that they face in dealing with dementia. However, attendees are not required to speak. Depending on attendance, comments may be time limited to ensure opportunities for all to be heard.

Question: Do I need to RSVP to the public listening sessions?

Answer: No. RSVPs are not required. However, if you would like to speak at a public listening session, you will be asked to sign-up when you arrive.

Question: What if I cannot attend a public listening session?

Answer: If you cannot attend a public listening session, you may still submit comments on the Virginia Dementia State Plan. Comments can be received by mail, e-mail or telephone using the information below:

Virginia Department for Aging and Rehabilitative Services
Attention: Charlotte Arbogast
1610 Forest Avenue, Suite 100
Henrico, VA 23229
(804) 662-9154
dementia@dars.virginia.gov

Alzheimer's Disease and Dementias Statewide Listening Sessions

The Virginia Alzheimer's Disease and Related Disorders Commission
is preparing to update the

Virginia Dementia State Plan:

Virginia's Response to the Needs of Individuals with Dementia and their Caregivers

the commission wants to hear from

PEOPLE WITH DEMENTIA and FAMILY CAREGIVERS

BIG STONE GAP

April 8, 2015

2:00 pm - 4:00 pm

For more information, contact: (276) 523-4202 or jtrivett@meoc.org

Mountain Empire Older Citizens

1501 Third Avenue East

Big Stone Gap, VA 24219

ROANOKE

April 15, 2015

3:00 pm - 5:00 pm

For more information, contact: (800) 272-3900 or ephipps@alz.org

Virginia Western Community College

Whitman Theatre in the Business Science Center

3094 Colonial Avenue, Roanoke, VA 24015

VIRGINIA BEACH

April 22, 2015

3:00 pm - 5:00 pm

For more information, contact: Patricia Lacey at (757) 459-2405

The Memory Center

1853 Old Donation Parkway

Virginia Beach, VA 23464

FAIRFAX

May 19, 2015

7:00 pm - 9:00 pm

For more information, contact: (703) 359-4440

Alzheimer's Association

3701 Pender Drive, Suite 400

Fairfax, VA 22030

RICHMOND

June 16, 2015

1:00 pm - 3:00 pm

For more information, contact: (804) 967-2580

Alzheimer's Association

4600 Cox Road

Glen Allen, VA 23060

**To review the Virginia
Dementia State Plan, visit:
www.AlzPossible.org**

Comments can also be submitted
by mail, e-mail, or telephone

Virginia Department for Aging and Rehabilitative Services
Attention: Charlotte Arbogast
1610 Forest Avenue, Suite 100
Henrico, VA 23229
(804) 662-9154
dementia@dars.virginia.gov