



## VDA WEEKLY E-MAILING

May 12, 2015

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### ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

### NASUAD Weekly Update

Here is a link to the weekly update from NASUAD:

<http://www.nasud.org/newsroom/friday-update>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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## UPDATES

**May 6, 2015**

### **Celebrating 50 Years of the OAA: “Get into the Act” by Sharing Your Story!**

Each year, during the month of May, we honor and recognize our older family members, neighbors, and friends for their important service and sacrifice to our country. This year marks an important milestone in the history of how our country supports its older citizens. Since 1965, the Older Americans Act (OAA) has provided programs that allow millions of older Americans to receive the services and supports they need to continue living and thriving in their homes and communities for as long as possible. The 2015 Older Americans Month theme “Get into the Act,” focuses attention on the 50th anniversary of this landmark legislation.

As we celebrate this important anniversary, the Administration for Community Living (ACL) is highlighting the ways the OAA has impacted the lives of older adults and their families across the nation. We'd like to hear how these programs have made a difference in your life, a family member's life, or in the lives of the people you work with or serve.

Volunteers play an important role in the success of OAA programs by delivering a wide range of services, for example taking people to medical appointments,



advocating for nursing home residents, and serving hot meals at senior centers. We welcome those stories as well.

Please share your story with us by going to the [ACL website](#) and complete the form to upload your short story, photos, and/or video. We plan to use some of the stories collected in a variety of ways including highlighting them on the ACL website and social media.

## Older Virginians Month and Adult Abuse Prevention Month

*A.J. Hostetler, DARS Communications Director*

Thanks for sharing Gov. McAuliffe's videos to raise awareness about Older Virginians Month and Adult Abuse Prevention Month. We appreciate your help in distributing the URLs for the videos to colleagues, friends, family and older Virginians. If you missed the videos on our Facebook page, you can find them on our YouTube channel at [www.youtube.com/vadrs](http://www.youtube.com/vadrs).

## DARS Better Governance Series: Social Media for Boards

*Tim Catherman, Director of Aging Operations*

This Wednesday, May 13, 2015 at noon, the next DARS Better Governance Series webinar will be held. The session will focus on Social Media for Boards.

Meredith Donaho, Marketing and Communications Coordinator and Allison Albert, Membership and Marketing Director with Maryland NonProfits will be presenting along with comments from A.J. Hostetler with DARS.

The session will include useful considerations for board members in establishing the agency's media presence communication goals including the type of message being communicated, framing how the agency is represented in the media and other important policy concerns. Please register at: <https://attendee.gotowebinar.com/register/6397002996585489666>



Although Meredith Donaho and Allison Albert will be presenting from their office, the VDA conference room has been reserved and is available if you would like to attend where the webinar is launched. Handouts will be distributed Wednesday morning.

## Recruitment: Jefferson Area Board for Aging, Chief Financial Officer

*Tim Catherman, Director of Aging Operations*

Monday, June 15, 2015

### Position Description

JABA (Jefferson Area Board for Aging) in Charlottesville, VA, is seeking an experienced Chief Financial Officer. Reporting to the CEO and Board of Directors, the CFO is responsible for an annual operating budget of \$8.5 million and \$7.5 million in assets. JABA's CFO supervises all financial operations, risk management, capital outlay, property maintenance, purchasing, payroll, and equipment, including information technology, communications, and security. The CFO, a key member of the leadership team, prepares and analyzes budgets and financial reports, makes recommendations to the Board, provides expertise in creating revenue diversification, and supervises a staff of ten. The successful candidate will have a degree in finance or accounting with a minimum of five years' financial management experience, preferably in both for-profit and not-for-profit sectors. Requires strong skills in strategic thinking, personnel management, contract negotiations, and oral/written communication. Must have excellent financial and accounting acumen, experience with complex budgets, an understanding of fund and accrual accounting, and knowledge of federal/state reporting requirements. JABA was created in 1975 as a quasi-governmental non-profit agency and is nationally recognized for innovative programs in successful aging. Interested candidates may submit a resume, cover letter, and salary requirement to [hr@jabacares.org](mailto:hr@jabacares.org). Please, no phone calls or search firms. Deadline for applying is June 15, 2015 with anticipated start date in late September or early October 2015. JABA is an Equal Opportunity Employer.

## SeniorNavigator: Lindsay Institute for Innovations in Caregiving

*Tim Catherman, on behalf of Adrienne M. Johnson, M.S., Exec. Director, Senior Navigator*

Please help SeniorNavigator and its Lindsay Institute for Innovations in Caregiving win a RichTech award for their 2015 intercollegiate "Caring for the Caregiver Hack" challenging college students to develop tech-based tools for family caregivers!

To vote... simply cut, paste, and tweet this by 5/13: #PeoplesChoiceCaregiverHack **OR**

If you follow us @caregiving\_inno, RT one of today's tweets that include that hashtag.



## Updated DARS/VDA Employee List with Working Titles

*Tim Catherman, Director Aging Operations*

Please see the attached listing of VDA employees that also contains DARS central staff you may need to contact. Working titles are included in the listing to give you a better idea of "who does what". If you have any questions, please don't hesitate to let me know.

## June 1 Conference: Mental Health Challenges and Possible Solutions in Aging with Lifelong Disabilities (Attachment)

*Cecily Slasor, on behalf of Dr. Edward Ansello, Virginia Center on Aging*

June 1 - Mental Health Challenges and Possible Solutions in Aging with Lifelong Disabilities. Annual Conference of the Area Planning and Services Committee (APSC) on Lifelong Disabilities. Doubletree by Hilton Richmond-Midlothian, Koger Conference Center, 9:00-4:30. Keynote by Adam Kaul, MD, psychiatrist; six breakout sessions on Crisis Prevention, Guardianship, Natural Support Friendship Networks, and more; Closing Plenary by Melissa Owens, MT-BC, on Music Therapy and Mental Wellness. Registration of \$35 includes materials and luncheon. Register at [www.apsc2015.eventbrite.com](http://www.apsc2015.eventbrite.com)

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Edward F. Ansello, Ph.D.

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Director

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***Mental Health Challenges and Possible Solutions  
in Aging with Lifelong Disabilities***

June 1, 2015

**Area Planning and Services Committee  
on Aging with Lifelong Disabilities**

**Welcome and Overview (9:00-9:15)**

**Keynote Address (9:15-10:30)**

**A Biopsychosocial Approach to the Care of Individuals with Developmental Disabilities**

Understand and appreciate the challenges involved in caring for individuals with intellectual disabilities, the challenges of cognitive disorders and intellectual disabilities, and the merits of the biopsychosocial approach.

*Adam Kaul, MD, Assistant Clinical Professor in Psychiatry, Virginia Commonwealth University, Distinguished Fellow in the American Psychiatric Association*

**Morning Breakouts (10:45-12:15):**

**A) Natural Support Friendship Networks**

People with disabilities experience abuse and violence at epidemic rates compared to those without disabilities. This session will address the multidisciplinary approach to reduce abuse incorporated into Project LEAP: Leadership for Empowerment and Abuse Prevention, *Molly Dellinger Wray, Director of LEAP, Partnership for People with Disabilities; and Stacie Vecchietti, MSW, Program Director, Virginia Anti-Violence Project*

**B) The Commonwealth Coordinated Care (CCC) and Mental Health Services**

The Department of Medical Assistance Services (DMAS) provides an overview of Commonwealth Coordinated Care (CCC), which is a program designed to blend Medicare and Medicaid services for people who receive both benefits. This presentation will review key information about the CCC program, benefits of joining CCC, and answer some frequently asked questions.

*Sarah Broughton, MSW, Program Analyst, Commonwealth Coordinated Care, DMAS*

**C) Mental Health and Wellness: The Connection and Importance for You as a Provider**

Promoting wellness for those we serve is very important but how can you be the mentor if you don't understand your own connection between how you feel mentally and physically? This session assesses that connection and offers practice ways to make sure you are at your best.

*Shirley Lyons, MS, Faculty, University of Phoenix, Richmond-Virginia Beach, and Program Manager, Henrico Area MH/DS.*

**Luncheon:** *Thanksgiving in June* (roast turkey, vegetables, salad, and dessert)

## **Afternoon Breakouts (1:30-3:00)**

### **D) Guardianship and Conservatorship in Virginia, the Basics.**

The speaker provides a simple explanation of guardianship and conservatorship; what they are, how they work, and the procedure to become a guardian or conservator for an adult (or soon to be adult) in Virginia

*Paul Izzo, Esq, Elder Law Attorney, Thompson and McMullan, PC*

### **E) Crisis Prevention and Response**

Understand the complexities of successfully assessing and stabilizing a crisis in the least restrictive manner for specialized populations, including aging adults with Mental Health and / or Intellectual/Developmental Disability.

*Ted Susac, LCSW, Admissions Coordinator, Piedmont Geriatric Hospital; Cristi McClanahan, LCSW, Richmond Behavioral Health Authority, Director of Intellectual Disabilities and Region IV REACH Administrator; and Autumn Richardson, LCSW, Region IV REACH Director*

### **F) The Governor's Access Plan (GAP) for Long-Term Mental Health**

Governor McAuliffe's plan, A Healthy Virginia, establishes the Governor's Access Plan (GAP), which will provide basic medical and targeted behavioral health care to approximately 20,000 uninsured Virginians with severe mental illness (SMI). This session will review the rationale for creating GAP, eligibility requirements, covered benefits, and other aspects of this progressive initiative.

*Sherry Confer, Special Projects Manager, Department of Medical Assistance Services*

## **Closing Plenary (3:15-4:30)**

### **Music Therapy and Mental Wellness**

Enjoy a brief overview of music therapy and its use in the care of older adults with disabilities and needs related to mental health. Participants will have the opportunity to learn about the goals and benefits of music therapy and engage in an energizing experience demonstrating the therapeutic power of music.

*Melissa Owens, MT-BC, NMT, Department of Arts in Healthcare, VCU Medical Center*