



VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES



DIVISION FOR THE AGING

James A. Rothrock, Commissioner

VDA WEEKLY E-MAILING

January 12, 2016

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ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

NASUAD Weekly Update

Here is a link to the weekly update from NASUAD:

<http://www.nasuad.org/newsroom/friday-update>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

1610 Forest Avenue • Suite 100 • Henrico, VA 23229

Office 804.662.9333 • Toll free 800.552.3402 • TTY users dial 711 • Fax 804.662.9354



UPDATES

January 07, 2016

Comments Needed: Measuring Quality in Home and Community-based Services

ACL encourages you to carve a few moments out of your hectic schedule to consider how the federal government should be measuring quality in home and community-based services (HCBS).

The National Quality Forum has published a 2nd draft report and materials under contract with HHS for this project. Posted materials include a synthesis of evidence and an environmental scan which were created to assess the current HCBS quality measurement landscape.

The public comment period is now open, and ACL appreciates your input, ideas, and comments on all aspects of the issue, including significant omissions, errors, or points that ring true from your perspective.

The Report is open for public comment until 6:00 PM ET on January 19.

[Read the materials and submit a comment.](#)



UPDATES

January 8, 2016

Webinar: Effective Communication and its Impact on Behavioral Symptoms of People with Dementia

Thursday, January 28, 2016, 3:00-4:00 p.m. ET

Join the National Alzheimer's and Dementia Resource Center for [a webinar](#) on the impact of effective communication on managing behavioral symptoms of people living with dementia.

You will learn about models that help explain why behavioral symptoms occur, as well as communication strategies that can assist in managing those symptoms. You also will learn about a specialized dementia-care facility focused on meeting its residents' underlying emotional needs through effective communication.

[Register for the webinar here.](#)

(The National Alzheimer's and Dementia Resource Center is funded by ACL.)



DMAS Managed Long Term Services & Supports/MCO RFP Update

Tim Catherman, Director of Aging Operations

As many of you are now aware, the Department of Medical Assistance Services (DMAS), with support from the Governor and the General Assembly, is currently working to move the majority of beneficiaries remaining in Medicaid fee-for-service



into a coordinated managed care model by July 2017. The remaining populations include duals (those individuals receiving both Medicare and Medicaid) as well as Medicaid-only individuals who receive long-term services and supports (LTSS) either through an institution or through one of DMAS' six home and community based services waivers. Most of you will recognize this new program as the Managed Long Term Services and Supports (MLTSS) program. It is anticipated the Request for Proposal (RFP) for the MLTSS Program will be released in the Spring of 2016.

Please be aware that as part of this program the selected vendors that are not currently operating a Medicare special needs plan (D-SNP) will be required to obtain D-SNP certification within two years of MLTSS contract award. A D-SNP is a Medicare Advantage Plan that will be used by the MLTSS health plans to coordinate their dually eligible enrollees' Medicare and Medicaid benefits. The process to become a D-SNP, which is controlled by the Centers for Medicare and Medicaid Services (CMS), begins in November of each year, and takes at least one year to complete the certification process. **This means the health plans that do not have an operating D-SNP in Virginia and are hoping to be awarded a MLTSS contract may have been, or will be, reaching out to providers to contract for this line of business.** As part of the D-SNP application process, CMS requires the applicant seeking an operational D-SNP by January 2017 to have fully executed provider contracts in hand prior to certification by February of this year.

DMAS is not requiring vendors to have signed contracts to submit proposals for the RFP, only letters of intent. However, providers may wish to contract with vendors that are seeking D-SNP certification.

Additional information about MLTSS is available for viewing on the DMAS website:
http://www.dmas.virginia.gov/Content_pgs/mltss-home.aspx

Specific questions regarding this message can be sent to vamltss@dmas.virginia.gov

Two Webinars being Offered by CMS

Tim Catherman, Director of Aging Operations

HCBS Technical Assistance Webinar on Conflict of Interest

The objective of this training is to assist states in identifying situations where a conflict of interest exists and to guide states through mitigating and implementing new policy to alleviate conflicts. New Editions currently serves as the HCBS Technical Assistance Contractor overseen by the Division of Long Term Services & Supports (DLTSS). New Editions will lead the training and Q&A sessions with support from Ralph Lollar, DLTSS Division Director and the DLTSS Team.



Wednesday, January 13th 1:30 pm to 3:00 pm ET

1-877-267-1577, PIN: 643 616 278, <https://webinar.cms.hhs.gov/dltss/>

Topic: 1095-B Reporting

Please join CMS and the IRS for the next joint call regarding 1095-B reporting. Please submit your questions to your SOTA lead or Robin.Preston@cms.hhs.gov by 12 pm ET on Friday January 15, 2016.

Thursday, January 21st from 1:30 pm to 3:00 pm ET

1-877-267-1577, PIN: 991 969 000, <http://webinar.cms.hhs.gov/sota2016>

IRS Notice 2016-04 provides guidance for individual taxpayers - recipients of the new health care coverage information reporting forms - and for the issuers of those forms both employers and coverage providers. In addition it is important information for our various partners in tax administration including return preparers, volunteers and those in the electronic tax filing industry.

On Dec. 28, the [IRS extended the due dates](#) for new health care information reporting forms in 2016. Insurers, self-insuring employers, other coverage providers, and applicable large employers now have additional time to provide health coverage information for 2015 to individual taxpayers and the IRS. The IRS is prepared to accept filings of the information returns beginning in January 2016. However, providers and certain employers must now furnish individuals with either Form 1095-B or 1095-C by March 31, 2016. While the due dates for issuers filing these forms and the associated Form 1094 with the IRS are May 31, 2016 for paper filers and June 30, 2016 for electronic filers, employers and other coverage providers are encouraged to furnish statements and file the information returns as soon as they are ready. Please note:

- Due to these extensions, some individual taxpayers may not receive a Form 1095-B or Form 1095-C by the time they are ready to file their 2015 tax return.
- While the information on these forms may assist in preparing a return, they are not required.
- Like last year, taxpayers can prepare and file their returns using other information about their health insurance.
- Individuals do not have to wait for their Form 1095-B or 1095-C in order to file.
- The IRS has not extended the due dates for Health Insurance Marketplaces to issue Form 1095-A. Individuals who enrolled for coverage through the Marketplace should receive Form 1095-A by February 1, 2016 and should wait to file their returns until they receive their Form 1095-A.



The IRS has posted a set of [questions and answers](#) that introduce the new Forms 1095-B and 1095-C. The questions and answers explain who should expect to receive the forms, how they can be used, and how to file with or without the forms.

CMS: Accountable Health Communities Model Announced

Katie Roeper, Assistant Commissioner



Accountable Health Communities Model Announced

The Department of Health and Human Services today announced a new funding opportunity of up to \$157 million to test whether screening beneficiaries for health-related social needs and associated referrals to and navigation of community-based services will improve quality and affordability in Medicare and Medicaid.

The five-year program, called the Accountable Health Communities Model, is the first Centers for Medicare & Medicaid Services (CMS) Innovation Center model to focus on the health-related social needs of Medicare and Medicaid beneficiaries, including building alignment between clinical and community-based services at the local level.

The Accountable Health Communities Model will support up to 44 bridge organizations, through cooperative agreements, which will deploy a common, comprehensive screening assessment for health-related social needs among all Medicare and Medicaid beneficiaries accessing care at participating clinical delivery sites. The model will test three scalable approaches to addressing health-related social needs and linking clinical and community services – community referral, community service navigation, and community service alignment.

Please save the date for webinars on the AHC Model application process:

- Thursday, January 21, 2016 from 2:00pm – 3:30pm EST: Registration Required
- <https://engage.vevent.com/rt/cms2~012116>
- Wednesday, January 27, 2016 from 3:00pm – 4:30pm EST:



Registration Required <https://engage.vevent.com/rt/cms2~012716>
For more information on the AHC Model and upcoming webinars, please visit the [AHC Model web page](#).

Centers for Medicare & Medicaid Services (CMS) has sent this update. To contact Centers for Medicare & Medicaid Services (CMS) go to our [contact us page](#).

You're getting this message because you subscribed to get email updates from the [Centers for Medicare & Medicaid Services \(CMS\)](#).

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PBS Caregiving Documentary

Tim Catherman, Director of Aging Operations

Please see the link below to a recent documentary that is airing in January on PBS. *Nine to Ninety* follows a family struggling with the care of older relatives and one family members' heartbreaking decision to try and make things easier on her adult children.



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http://www.nextavenue.org/wife-makes-heartbreaking-decision-in-caregiving-documentary/?hide_newsletter=true&utm_source=Next+Avenue+Email+Newsletter&utm_campaign=c0a1ca3579-01.07.2016+NextAvenue+Newsletter&utm_medium=email&utm_term=0_056a405b5a-c0a1ca3579-165430409&mc_cid=c0a1ca3579&mc_cid=848f1301af

National Institute on Aging Weekly Digest Bulletin

Tim Catherman, Director of Aging Operations



Can you live a longer, healthier life?

01/04/2016

e-Update
from the **NATIONAL INSTITUTE ON AGING at NIH**

There may not be a fountain of youth or a magic pill to stop the aging process, but there are lots of things you can do that may support health and longevity. Exercise, good nutrition, regular health screenings, and participating in activities you enjoy are just a few great ideas for 2016.

[Check out these healthy aging and longevity resources.](#)

Share this information with others using these social media messages:



- Make a #resolution to live healthier! Get info on how from the National Institute on #Aging at #NIH: <http://1.usa.gov/1kDLDj5>
- Getting older can be great! Find out ways to promote #healthyaging with these resources from #NIH: <http://1.usa.gov/1kDLDj5>

Caregivers— Resolve to take care of your health this year

01/05/2016

e-Update

from the ALZHEIMER'S DISEASE EDUCATION & REFERRAL CENTER
a service of the NATIONAL INSTITUTE ON AGING at NIH



Caregiving is often a full-time job. You don't have to do everything yourself—it's OK to take breaks and ask for help. Taking time to take care of yourself can help you avoid burnout, illness, and depression. Make a commitment to staying healthy yourself this year.

[Learn more about why it's important to care for yourself.](#)

[Watch these videos for tips on caring for a person with Alzheimer's disease.](#)

Share this information on social media with the following messages:

- Taking breaks can make you a better #caregiver. Learn more w/ tips from @Alzheimers_NIH. <http://1.usa.gov/1S238YC>
- Get tips for caring for a person with #Alzheimers in these



videos from NIHSeniorHealth. <http://bit.ly/22I05bz>

FY2016 budget provides money for Alzheimer's and aging research

01/06/2016

[An encouraging start to the new year](#)

Richard Hodes, Director, National Institute on Aging

As we begin the new calendar year, I am happy to discuss exciting news about the NIH and NIA budgets for fiscal year 2016. As many of you probably know by now, on December 18, President Obama signed into law the FY2016 Omnibus Bill, which gave NIH an overall increase of \$2 billion, or about 6.6 percent, above the FY2015 appropriation level. Importantly for NIA, this included an increase of approximately 33 percent over our FY2015 budget, which in large measure reflects some \$350 million specifically directed to research into Alzheimer's disease. [Read the full blog post.](#)

Inside NIA
A Blog for Researchers



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This email was sent to Tim.Catherman@dars.virginia.gov using GovDelivery, on behalf of: National Institute on Aging · 31 Center Drive, MSC 2292 · Bethesda, MD · 20892 · 800-222-2225

Emergency Contact Program/Cold Weather Preparations

Chip Stratton, Emergency Coordination Officer DARS, WWRC

Please feel free to share the following information with clients, family, and friends.

Virginia starts emergency contact program: People in Virginia have a new way to quickly tell their family or friends if they're in a serious crash. The Virginia DMV is now registering customers for their Emergency Contact Program. It started this week. You can list two contacts that will be securely stored and only available to law enforcement. WDBJ - [Full Story](#)

District Three offers programs to help keep seniors warm in the winter: Although the winter weather has been mild up to this point, January and February will most likely bring colder weather, and District Three Governmental Cooperative wants to make sure the area's senior citizens are prepared. According to Mike Guy, executive director, District Three has two programs that can assist seniors who need help in keeping warm this winter. The District Three service area, which includes the counties of Bland, Carroll, Grayson, Smyth, Washington and Wythe and the cities of Bristol and Galax, has approximately 50,000 people (about 20 percent of the total population) over the age of 60. SWVA Today - [Full Story](#)

Local shelters prepare for cold weather crowds: So far, the winter has been pretty quiet at the Lynchburg Salvation Army's Center of Hope. "We were in the 70's almost



- some days - 80 degrees. So we haven't had to open the overflow shelter," said Captain Donald Dohman, but that's all about to change as January brings the coldest overnight lows we've seen in months. "We put out cots, we have bedding, pillows, blankets and those things," Dohman said. WSET - [Full Story](#)

Chip Stratton
Director of Safety and Risk Management,
Wilson Workforce and Rehabilitation Center
Emergency Coordination Officer,
Department for Aging and Rehabilitative Services

Huffington Post Blog featuring Robert Blancato

Tim Catherman, Director of Aging Operations

[2016: The Year to Go Long in D.C.](#)

The start of the New Year brings the resumption of the 114th Congress and the start of the NFL playoff season, both of which contribute to one idea: "going long."...

Demonstration Funding Announcement

Tim Catherman, Director of Aging Operations

The Transit Planning for All project announces the availability of funding for community-based demonstration programs. The purpose of this funding opportunity is to encourage development of an inclusive coordinated transportation system in which people with disabilities and older adults actively participate in both advisory and decision-making capacities. While the intention is first and foremost the development of inclusionary processes and plans, the secondary expectation is that inclusion will result in identifiable and measurable changes in the transportation system that respond to the needs and preferences of older adults and people with disabilities.



To take advantage of this funding opportunity, communities should download both the request for proposals and the grant application form. All requirements stated in the application form must be met in order for an application to be considered. Applications must be submitted by 11:59 PM eastern time on Friday, March 18. There will be a conference call to answer questions on the demonstration grants on Wednesday, Jan. 27 at 2 p.m. Eastern Time Zone. Call toll-free: 866-906-9888; Passcode 2724141.

- [Request for Proposals: Inclusive Planning Impact Grants](#) (416 KB)
- [Application](#) (.doc)(115 KB)



Contact

[Charles Dickson](#)

Project Director, Transportation Planning for All

800.891.0590 x708

202.247.8356

2-1-1 Virginia

Kathy B. Miller, Director of Programs, Division for the Aging

2-1-1 VIRGINIA employs five Outreach Specialists who travel the state in order to educate local governments, businesses, faith-based organizations, nonprofits and community members about 2-1-1 and the services they provide. They also seek out new resources and assist current ones with updating their listing information on the 2-1-1 database. If you are interested in learning more about 2-1-1 VIRGINIA, please contact the appropriate Specialist for your area. (See attached list)

Virginia Center on Aging Hosts its 30th Annual Legislative Breakfast

Cecily Slasor, on behalf of Dr. Edward Ansello

The Virginia Center on Aging hosts its 30th Annual Legislative Breakfast, Wednesday, January 27, 2016, at 7:30 a.m. at the St. Paul's Episcopal Church Parish Center (across from the General Assembly Building) in Richmond. Nominal \$15 registration requested. For information or to register, call [804-828-1525](tel:804-828-1525) or eansello@vcu.edu.

Community Outreach Contact Information

2-1-1 VIRGINIA employs five Outreach Specialists who travel the state in order to educate local governments, businesses, faith-based organizations, nonprofits and community members about 2-1-1 and the services that we provide. They also seek out new resources and assist current ones with updating their listing information on the 2-1-1 database.

If you are interested in learning more about 2-1-1 VIRGINIA, please contact the appropriate Specialist for your area (although area boundaries are flexible):

Central Virginia

(Amherst, Appomattox, Bedford, Campbell, Franklin, Henry, Patrick and Pittsylvania Counties, and the Cities of Bedford, Danville, Lynchburg and Martinsville.)

Joan Phelps

United Way of Central Virginia

<http://www.unitedwaycv.org/>

1010 Miller Park Square Lynchburg, VA 24501

joan.phelps@unitedwaycv.org

434-846-8467, Ext. 151

Northern Virginia

(Albemarle, Arlington, Augusta, Caroline, Clarke, Culpeper, Fairfax, Fauquier, Frederick, Greene, Highland, King George, Loudoun, Louisa, Madison, Orange, Page, Prince William, Rappahannock, Rockingham, Shenandoah, Spotsylvania, Stafford, Warren Counties, and the Cities of Alexandria, Charlottesville, Fairfax City, Falls Church, Fredericksburg, Manassas, Manassas Park)

Mary Ellen Hutcherson

Council of Community Services

<http://councilofcommunityservices.org/>

P.O. Box 598 Roanoke, VA 24004-0598

maryellenh@councilofcommunityservices.org

540-446-9587

Richmond/Petersburg Area

(Amelia, Brunswick, Buckingham, Charles City, Charlotte, Chesterfield, Cumberland, Dinwiddie, Farmville, Goochland, Greensville, Halifax, Hanover, Henrico, Lunenburg, Mecklenburg, New Kent, Nottoway, Powhatan, Prince Edward, Prince George, Surry and Sussex Counties, and Cities of Colonial Heights, Emporia, Hopewell, Petersburg and Richmond)

Altise Street, CIRS

United Way of Greater Richmond & Petersburg

<http://www.yourunitedway.org/>

2001 Maywill Street, Ste 201

Richmond, VA 23230

streeta@yourunitedway.org

804-771-5845

Southeastern Virginia

(Accomack, Essex, Gloucester, Isle of Wight, James City, King & Queen, King William, Lancaster, Mathews, Middlesex, Northampton, Northumberland, Richmond, Southampton, Westmoreland, York, Counties, and the Cities of Chesapeake, Franklin, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach and Williamsburg)

Elaina Dariah, CIRS

The Planning Council

<http://www.theplanningcouncil.org/>

5365 Robin Hood Rd, Ste 700

Norfolk, VA 23513

edariah@theplanningcouncil.org

757-622-9268, Ext. 3048

Southwestern Virginia

(Albemarle, Alleghany, Augusta, Bath, Bland, Botetourt, Buchanan, Carroll, Craig, Dickenson, Floyd, Fluvanna, Giles, Grayson, Lee, Montgomery, Nelson, Pulaski, Roanoke, Rockbridge, Russell, Scott, Smyth, Tazewell, Washington, Wise and Wythe Counties, and the Cities of Bristol, Covington, Galax, Norton, Radford, Roanoke and Salem)

Carissa South

Council of Community Services

<http://councilofcommunityservices.org/>

P.O. Box 598 Roanoke, VA 24004-0598

carissas@councilofcommunityservices.org

540-339-9146