



VIRGINIA DEPARTMENT FOR AGING  
AND REHABILITATIVE SERVICES



DIVISION FOR THE AGING

James A. Rothrock, Commissioner

## VDA WEEKLY E-MAILING

August 9, 2016

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### ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

### NASUAD Weekly Update

Here is a link to the weekly update from NASUAD:

<http://www.nasuad.org/newsroom/friday-update>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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DIVISION FOR THE AGING  
VIRGINIA DEPARTMENT FOR AGING  
AND REHABILITATIVE SERVICES

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### **Three Virginia AAA's Recognized Nationally by N4A**

*Tim Catherman, Director of Aging Operations*

At the annual conference of the National Association of Area Agencies on Aging (N4A) last month, three Virginia AAA's won awards for unique programs. Each year the N4A awards program best practices and initiatives that are creative, innovative and replicable. See the press release below for details.



# News Release

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**FOR IMMEDIATE RELEASE**  
**Aug. 9, 2016**

**For more information, contact**  
A.J. Hostetler, Communications Director  
[aj.hostetler@dars.virginia.gov](mailto:aj.hostetler@dars.virginia.gov)  
804-662-7372

## **THREE VIRGINIA AREA AGENCIES ON AGING RECOGNIZED NATIONALLY**

**(RICHMOND, Va.)** — Three of Virginia’s aging programs won honors from the National Association of Area Agencies on Aging for developing initiatives to help older Americans remain independent in their homes and communities.

The awards were announced during the association’s annual conference held last month in San Diego. Each year, the association recognizes the best programs and practices of its members, giving Aging Innovations Awards to honor the most creative programs and Aging Achievement Awards to recognize programs that are contemporary, effective and replicable.

The Commonwealth’s 25 Area Agencies on Aging contract with the Department for Aging and Rehabilitative Services to provide services for older Virginians and their families in communities throughout Virginia.

“Our Commonwealth is very fortunate to have our aging network centered on our Area Agencies on Aging. Virginia’s programs are truly an innovative and effective public-private partnership that works for us all,” said DARS Commissioner Jim Rothrock.

“We are very proud of our sister agencies for their hard work in serving their communities and offer our congratulations on these well-deserved awards,” said Leigh Wade, president of the Virginia Association of Area Agencies on Aging.

Loudoun County Area Agency on Aging won an Aging Achievement Award for civic engagement. Its Community Ambassador Program trains volunteers to increase awareness about local services available for older adults. Ambassadors also act as “confidants” to community members, who may be more likely to tell a peer about abuse, neglect or financial exploitation. The program has reached an additional 1,800 older adults and increased the agency’s volunteer base.

The Aging Innovation Awards honorees included:

- Senior Connections, The Capital Area Agency on Aging serving the metro Richmond area, won in the healthy aging category for its “You Can! Live Well, Virginia!” Adapted Chronic Disease Self-Management for Elder Prisoners. The association noted the agency’s status as the first to use the Stanford University’s renowned chronic disease self-management program inside a state correctional center, offering the opportunity for Virginia offenders to pursue a healthier lifestyle, even while incarcerated.
- Mountain Empire Older Citizens, Inc., in Big Stone Gap, won in the transportation and mobility category for its Falls Prevention in Transportation. The program was cited for its success in educating transport drivers and personal care aides on falls prevention and its impact on service and liability. After implementing the program, falls in MEOC facilities and on buses dropped 24 percent for the third quarter of 2015 and 40 percent for the fourth quarter.

The National Association of Area Agencies on Aging supports the national network of AAAs whose services make it possible for older individuals to remain in their homes, preserving their independence and dignity. These agencies coordinate and support a wide range of home and community-based services, including information and referral, transportation, senior centers, adult day care and long-term care ombudsman programs.

For a listing of Virginia’s AAAs or to contact an Area Agency on Aging near you, visit [www.vda.virginia.gov/aaalist.asp](http://www.vda.virginia.gov/aaalist.asp) or call 800-552-3402.

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The Virginia Department for Aging and Rehabilitative Services, in collaboration with community partners, provides and advocates for resources and services to improve the employment, quality of life, security, and independence of older Virginians, Virginians with disabilities, and their families. For more information, visit [www.vadars.org](http://www.vadars.org) or follow DARS on Facebook at [www.facebook.com/vadars](https://www.facebook.com/vadars) or Twitter at @vadars.



## **Virginia GrandDriver**

*Nancy J. Lo, MSW, GrandDriver Coordinator*

The public awareness campaign for mature drivers is off to a great year! We've never been as busy as we are for 2016. There are many events coming up in Culpeper, Orange, Essex, Woodbridge, Petersburg, Richmond, Newport News, and many more. Please visit our website at [www.GrandDriver.net](http://www.GrandDriver.net) for more information.

Thanks to our great partnerships with all of our aging agencies, we'll continue to grow and help seniors with safety tips and warning signs to look out for on Virginian roadways. Our marketing agency, PRR, will be sending some tools to continue our awareness efforts. Please feel free to use any of the materials on your website as you see fit. It's been great working with you all and lets help Vintage Virginians stay safe!

*Nancy J. Lo, MSW*

GrandDriver Coordinator

### **Division for the Aging**

Virginia Department for Aging and Rehabilitative Services

1610 Forest Avenue, Suite 100

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## **DARS Social Media Presence**

*A. J. Hostetler, Communications Director*

DARS continues to grow its social media presence to expand our outreach. Recently, we joined other government agencies, nonprofits, businesses and other organizations on LinkedIn, a business-focused social network. Each week, DARS posts content to its LinkedIn page focusing on aging, long-term care, caregiving, dementia, brain injury and other agency divisions and services, with a professional audience in mind. This effort to share information with our professional colleagues across Virginia complements our use of social media platforms such as Facebook, Twitter, YouTube and Instagram as we connect with agency consumers as well as professionals. We encourage you to follow DARS on LinkedIn at <http://bit.ly/29mtGpQ>.

Thanks,

aj

**A.J. Hostetler**

Communications Director



DIVISION FOR THE AGING  
VIRGINIA DEPARTMENT FOR AGING  
AND REHABILITATIVE SERVICES



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[www.vadars.org](http://www.vadars.org) | Like us on [FACEBOOK](#) | Follow us @[vadars](#)

## **Article on Aging Workforce & the Effects on the U.S. Economy**

*Cecily Slasor, Administrative Assistant*

Please use the link below to read an article from MSN on the “double whammy” allegedly placed on the U.S. economy, because of an aging workforce.

<http://www.msn.com/en-us/money/markets/america%e2%80%99s-aging-workforce-poses-an-economic-double-whammy/ar-BBvduo5?li=BBnb7Kz>

## **American Society on Aging (ASA) National Aging and Disability Business Center Webinar Series**

*Kathy Miller, Director of Aging Programs*

[August 17<sup>th</sup> 1:00-2:00pm ET: Preparing CBOs for Successful Health Care Partnerships: How to Make the Business Case](#)

This web seminar provides methods for making a convincing business case for community-based organizations (CBOs) intent on partnering with the healthcare sector. A business case justifies a proposed project on the basis of its expected commercial/economic benefit. Increasingly – due to recent policy and payment reforms – CBOs that provide long-term services and supports face business opportunities on which they can capitalize. But to do so successfully they must demonstrate that they are creating significant economic benefits for their business partners. A business case for a CBO program starts with an estimate of the economic burden were nothing to be done, and then moves to an estimation of the degree to which that burden is lightened as a result of the intervention. That reduced burden is then the benefit measure that must be compared with the interventions’ expense. The net benefit is expressed as a return on investment (ROI). This web seminar describes



common pitfalls and offers hints for conducting business cases accurately and convincingly.

[Register here.](#)

### **Individual and Community Preparedness (Includes Checklist)**

*Chip Stratton, DARS Emergency Coordination Officer*

The Virginia Department of Emergency Management has created the attached checklist to provide individuals with disabilities and access and functional needs with a list of supplies that are suggested for an Emergency Preparedness Kit. The goal is to tailor the contents of the kit to an individual's needs and abilities. It is ideal to include supplies for 3 days or up to two weeks, but should also be realistic and affordable for an individual. The kit should be stored in a secured place that is easily assessable in an emergency.

The checklist and preparedness information below is provided for your benefit and may be shared with others.

Thank you,

Chip Stratton  
Director of Safety and Risk Management,  
Wilson Workforce and Rehabilitation Center  
Emergency Coordination Officer,  
Department for Aging and Rehabilitative Services

### **Emergency Preparedness Kit Supply Checklist**

**This checklist is to provide individuals with disabilities and access and functional needs with a list of supplies that are suggested for an Emergency Preparedness Kit. The goal is to tailor the contents of the kit to an individual's needs and abilities. It is ideal to include supplies for 3 days or up to two weeks, but should also be realistic and affordable for an individual. The kit should be stored in a secured place that is easily assessable in an emergency.**

<input checked="" type="checkbox"/>	<b>Emergency Preparedness Kit Supplies</b>
	A backpack, suitcase or duffle bag with wheels or another container that an individual can manage without difficulty
	In a waterproof container hardcopies of: drivers license or passport; birth certificate, marriage license; social security card; personal and property insurance; banking and credit



	card information; health information (list of the type and model numbers of medical devices required); doctor contact information; pet's veterinary medical records and pictures (for emergency identification if separation occurs); medical insurance and Medicare cards, list of emergency contacts with phone numbers; and prescriptions
	Durable medical equipment such as: manual wheelchair; motorized scooters; canes; walkers, CPAP machine and breathing mask; blood sugar monitors, glucose test strips, and needles; crutches, infusion pumps and supplies; oxygen equipment and accessories; commode chairs; continuous passive motion machine; or other items required by an individual
	Extra batteries for oxygen; breathing devices; hearing aids; cochlear implants; cell phone; radios; CPAP machine; and mobile devices
	A patch kit or can of sealant to repair flat tires and/or an extra supply of inner tubes for non-punctures-proof wheelchairs/scooter tires
	Essential medication (prescribed) at a minimum of 3 days up to 2 weeks if possible
	Other medications at a minimum of 3 days up to 2 weeks if possible
	Cooler for medication that needs to be refrigerated
	Hearing aids; cochlear implants; and batteries
	Glasses, contact lenses and lens solution
	Communication device and charger; pad of paper and writing implement; pre-printed Braille or text communication cards; or photos as a method of communicating with others
	Signaling device (whistle, horn, beeper, bell, screecher, or alarm) for emergency assistance
	N95 mask; towels; industrial respirators or other item to assist individual with filtering air supply
	First aid kit
	Hand cranked or battery operated flashlights and extra batteries or light sticks
	Battery powered weather radio (available with visual/texting display) and extra batteries
	Bottled water (1 gallon per a person a day); packaged snacks; and non-perishable food for individuals with dietary restrictions (3 days supply)
	Infant supplies (bottles, formula, baby food, and diapers) (3 days supply)
	Change of clothing
	Blankets and/or sleeping bag; Pillow
	Tissues; toiletries (toothbrush, toothpaste, Towelettes, etc); personal hygiene items
	Garbage bags; assorted sizes of re-closable plastic bags for storing food, waste, etc; and utensils
	Hand sanitizer
	Lighter/matches in a waterproof container
	<b>Emergency Preparedness Kit Supplies</b>
	Heavy duty work gloves to protect hands from sharp objects
	Reflective vest
	Multi-purpose tool, wrench, screw-driver
	Manual can opener
	Rain poncho
	Duct tape and scissors



	State and local maps
	Handheld electronic devices and spare chargers loaded with games and movies
	Sheets and twine to decrease visual stimulation
	Headphones or ear plugs to decrease auditory distractions
	Books, games, puzzles, and other activities for children
	<b>Service Animal Emergency Preparedness Kit Supplies</b>
	A backpack, suitcase or duffle bag with wheels or another container that an individual can manage without difficulty
	In a waterproof container hardcopies of the medical records; list of vaccinations; and photo (for emergency identification if separation occurs)
	Food and water (3 day supply) – a dog will need 1 gallon of water for 3 days
	Food and water bowls
	Manual can opener
	Pet first aid kit
	Garbage bags; paper towels; scoop/shovel for picking up waste
	Comfort items such as a toy or blanket
	Leash or harness

**This list may not be inclusive of all needs of individuals with disabilities and access and functional needs. If there are additional items not listed, but needed, they should be included in the kit as well.**

### **Virginia Voice Quick Facts**

*Kathy Miller, Director of Aging Programs*

Following is a fact sheet about the Virginia Voice non-profit organization. Virginia Voice provides reading and information services to persons who cannot read print material due to vision loss or other disabilities.

## Quick Facts

**Founded:** 1978

### Listener Stats:

- 3,000 in Central Virginia
- 1,000 in the Hampton Roads area
- 85% are blind or have vision impairments
- 15% cannot read print due to other disabilities

### Volunteer Stats:

- 200 total volunteers
- 100 volunteers read our weekly programs

### Program Broadcast info:

- 24-hours a day
- 7-days a week
- 365-days a year
- Current recorded programs are available on demand from our website

### Funding Info:

Our funding comes from individual giving and private grants. Less than 10% of our budget is received from the Commonwealth of Virginia.

## Who We Are

Virginia Voice is a nonprofit organization that provides an audio reading and information service to individuals who cannot independently read print material due to vision loss or other disabilities. Around the clock, we broadcast an organized schedule of audio programs consisting of articles from current print publications such as newspapers, magazines, scholarly journals and articles from reputable online news and information sources.

## Our Commitment to Our Listeners

Virginia Voice strives to enhance the quality of life for individuals with disabilities who are unable to read print. Volunteer readers share the gift of their voices so that our listeners will have access to current print material. We are focused on keeping individuals connected to the people, places, events and news of Central Virginia and the world beyond.

## How Our Service Works

Our audio programs are broadcast over subcarrier channels of public radio stations WCVE-FM in Richmond and WHRO-FM in Norfolk. We loan our listeners a pre-tuned radio that only receives our broadcast. Live stream and on-demand listening from our website extend our reach to listeners who live outside of the 40-mile broadcast radius of each of the public radio stations.

## Our Volunteers

Virginia Voice exists through the dedication and commitment of our volunteers. More than 200 volunteers serve as program readers, recording studio operators, computer technicians and radio deliverers. A week's worth of programming requires at least 100 volunteers lend their time and voices to reading the current print material for each audio program. Our organization has a rotating volunteer board of directors.

## How We Fund Our Service

As a non-profit 501(c)(3) organization, Virginia Voice is funded by individual and corporate contributions and by grants received from public and private entities.

***EYES for those who cannot see...HANDS for those who cannot turn pages***



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## **NWD Person-Centered Counseling Training**

*Katie Roeper, Assistant Commissioner*

Virginia has a unique opportunity to participate in Nationally-developed Person Centered Counseling Training, thanks to being a No Wrong Door Grantee state. **Please see the attached letter to understand new time-sensitive requirements for all AAAs.** Contact info for questions is included in attached letter. Many thanks and we look forward to taking advantage of this opportunity together

**No Wrong Door  
Person Centered Counselor Training Registration**

The Person Centered Counseling pilot training program consists of six online interactive modules and a one-day in-person course, taken in a prescribed order. A number of sessions for the in-person classes have been scheduled regionally over the next three months. The estimated time to complete the online modules is

17-23 hours and the in-person training is an additional eight hours.

Who should participate:

- No Wrong Door partners and community professionals that deliver long term services and supports (LTSS) to older adults and individuals with disabilities
- Staff involved in intake and/or service coordination for your agency
- Staff providing Options Counseling and/or Program Management for your agency

**Cost: No registration fee required**

(participant must cover their own cost of travel for the one day, in-person session)

Name \_\_\_\_\_ Title \_\_\_\_\_

Agency \_\_\_\_\_

Type of Agency    \_\_\_AAA    \_\_\_CIL    \_\_\_LDSS    \_\_\_CSB    \_\_\_\_\_other  
(specify)

E-mail \_\_\_\_\_ Phone \_\_\_\_\_

I plan on attending the in-person training on (pick one):

- September 27, 2016, Richmond
- September 28, 2016, Fredericksburg
- October 4, 2016, Virginia Beach
- October 5, 2016, SW Virginia
- October 11, 2016, Fairfax

Accommodations required for in person training (please specify)\_\_\_\_\_

Applications are due no later than **August 19, 2016**.

Please email application to Dawn Machonis at [dmmachonis@vcu.edu](mailto:dmmachonis@vcu.edu).

Questions? Contact Dawn Machonis at [dmmachonis@vcu.edu](mailto:dmmachonis@vcu.edu)

## Person-Centered Counseling Training Program Course Descriptions

### Course 1: Introduction to No Wrong Door

No Wrong Door (NWD) systems are meant to support positive changes in the way that people understand and access long-term services and support (LTSS). This course is designed for professionals and community members who have an interest in understanding or implementing aspects of the NWD system. It is part of a training program developed for people who will serve as Person-Centered Counseling professionals. However, it is not a skill-building course. It is a course that provides some basic information about the No Wrong Door (NWD) system. It introduces the vision, values, and key system structures of the proposed NWD system. It describes key aspects of the evolution of the service system and lessons learned that have been infused in this vision. It introduces the Person-Centered Counseling (PCC) professional role and how this role supports the NWD vision.

#### Lessons

1. The NWD System: Vision, Values, and Structure
2. The Evolution of the NWD System
3. System Level Changes to Create a No Wrong Door System: Outreach, Partnerships, and Governance
4. Roles of the Person-Centered Counseling Professional in Successful No Wrong Door Systems

### Course 2, Part A: Person Centered Thinking and Practice -PCTP

This Person-Centered Thinking and Practice course is for people who will work in the No Wrong Door (NWD) system. The content is part of the person-centered counseling (PCC) training program being developed by the US Administration on Community Living (ACL). It is meant to ensure states access to core training that supports movement toward a single entry point to long-term services and supports (LTSS) for all payers and all ages. The primary terms and approaches of person-centered thinking (PCT) practices taught in this course are based on training developed and maintained by the Learning Community (TLC). This course is a prerequisite to the Person-Centered Planning and Implementation course. In between the two online courses, it is suggested that learners complete a one-day facilitated training. This course introduces the concepts, terms, strategies, and tools. Additional training supports actual application of skills.

#### Lessons

1. The Core Values of Person-Centered Counseling (PCC)
2. Community Life for Everyone
3. What is Person -Centered Thinking in the PCC Professional's Role?
4. Supporting Positive Change in Service Delivery and Systems
5. PCT Core Concept: Important To and Important For and the Balance Between Them
6. The Role of Relationships and Cultural Context in Person Centered Thinking
7. An Overview of Person -Centered Thinking Skills and Tools
8. First Impression and Conversation Skills
9. Further Exploration of Discovery Approaches
10. Further Exploration of Everyday Learning Approaches

## Course 2 Part B: Person-Centered Thinking and Practice In-Person Course PCTP\*

The one-day in-person Person Centered Counseling Course is a hands-on course designed to teach learners a core set of Discovery, Everyday Learning and Problem Solving Tools of Person Centered Thinking. Learners participate in experiential exercises including didactic presentation mixed with individual and partner practice.

Learners engage in hands-on learning tasks to practice and apply the skills, including:

- Understanding the concept of Toxic to Healing Environments
- Learning how to use the Discovery Tools:
  - Relationship Maps
  - Rituals and Routines
  - Good Day/Bad Day
  - Reframing and Supporting Reputations
  - Communication Charts
- Learning from Everyday Learning Tools:
  - 4+1
  - Learning Logs
- Problem Solving Tools:
  - Pro-Con (Working/Not Working) Charts
  - Matching

*\* This course was developed by Support Development Associates for the The Learning Community for Person Centered Practices and is implemented by trainers credentialed by The Learning Community for Person Centered Practice.*

## Course 3: Person-Centered Planning and Implementation -PCPI

The Person-Centered Planning and Implementation (PCPI) is designed to help the learner understand their roles in person-centered planning. This course will help the No Wrong Door (NWD) person-centered professional understand when a developing a formal person-centered plan might be helpful. It outlines a person-centered planning process that the NWD counselors can use. It builds on the skills and tools outlined in the Person-Centered Thinking and Practices (PCTP) course.

### Lessons

1. The PCC Professional's Role in Person-Centered Planning
2. Applying the Core Values and Principles in a No Wrong Door Person-Centered Planning Process
3. Using Person-Centered Thinking Approaches to Support Discovery and Build the Plan
4. Filling in the Components of a One Page Description
5. Applying the Skills Flexibly and in a Variety of Settings
6. Writing Action Steps for Meaningful Outcomes
7. Considering and using Natural Supports, Private Pay, and Community Resources in Planning
8. Use of Publicly Funded Programs in Planning

9. Ensuring the Plan is Useful and Useable
10. Implementation and Follow-up

#### **Course 4: Who We Serve -WWS**

The No Wrong Door (NWD) system is designed to serve all people who may need any type of long-term services and supports (LTSS) regardless of their income or the source of payer. That being said, everyone served in the NWD system is unique. As a Person-Centered Counseling (PCC) professional, you will come into contact with many different populations, such as people with disabilities, veterans, immigrants, and many others. Some people you serve in the NWD system might not even identify as having a disability or even use the word 'disability' to talk about what's important to them and for them. Regardless of who you work with, it's important that you're familiar with the different groups of people who may seek NWD services, how to be more culturally-sensitive to the variety of cultures that they may represent, the different types of disabilities, and the varied and unique life experiences they have had.

#### **Lessons**

1. Who Needs LTSS
2. Working with Diverse Populations
3. Communicating with Diverse Populations
4. Becoming More Culturally Competent
5. Transitions Throughout the Lifespan
6. Needs of People Seeking Services in the NWD System

#### **Course 5: Person-Centered Access to Long Term Services and Supports -LTSS**

The No Wrong Door (NWD) systems seek to improve the way people understand and access long-term services and supports (LTSS). Person-Centered Counseling (PCC) professionals play a key role. They support people to have a positive experience as they consider and access LTSS. They use person-centered discovery approaches as a way to ensure people have information that is meaningful to them. They support streamlined access to public programs and actions that minimize the sense of system fragmentation. In order to do this, the professional must be aware of a number of community resources. This course defines LTSS. It describes consideration in supporting access to LTSS. It introduces a wide range of public and private programs, supports, and services that may be beneficial. This course discusses ways to help people combine available resources to meet their individual preferences. It describes a variety of situations that PCC professionals may encounter. It explains options for addressing these situations and provides suggestions of what these may look like at local level.

#### **Lessons**

1. Using Person-Centered Practices to Connect People to LTSS
2. Considerations in Presenting and Determining Options
3. Working in Collaboration with Others to Support the Person
4. Personal Finances
5. Medicaid and LTSS
6. The Influence of Health Insurance on LTSS
7. Other Federal Programs to Consider with Community-Based LTSS
8. Accessing Local Resources and Natural Support in Community-Based LTSS

## **Course 6: Protection and Advocacy**

This course describes what the Protection and Advocacy System is and what protection and advocacy agencies and organizations do. Person-Centered Counseling (PCC) Professionals will gain an understanding of how protection and advocacy relates to working in the No Wrong Door (NWD) system, and when it might be appropriate to partner with or refer someone to a protection and advocacy agency. The learner will also become oriented to person-centered thinking and practices as it relates to the protection and advocacy role of PCC Professionals working in the NWD system. The core values of the person-centered counseling approach – choice, control, and direction, is described and issues of informed choice, decision support, self-direction, and person-centered advocacy are addressed. This course provides information on defining and identifying various types of abuse, neglect, and exploitation, as well as the responsibilities of mandated reporters.

### **Lessons**

1. The Protection and Advocacy System
2. Incorporating the Values and Views of Person-Centered Counseling into Protection and Advocacy
3. Defining and Identifying Abuse
4. Defining and Identifying Neglect and Exploitation
5. Reporting Abuse and other Legal Requirements for Mandated Reporters
6. Disability and Aging -Related Laws and Policies
7. Advocacy and Disability Organizations

## **Memo to CILs and AAAs**

**RE: National Pilot Training Program for Person Centered Counseling**

**New Options Counseling Requirement for Reimbursement**

**Attachments: Registration; Curricula**

### **Background:**

Virginia has been selected to participate in a National pilot training program for certification in Person Centered Counseling, combining comprehensive, self-paced, online learning modules with a one-day in-person training. Designed for No Wrong Door partners and community stakeholders that deliver long term services and supports (LTSS) to older adults and individuals with disabilities, this opportunity to access nationally-approved, web-based training (at no cost) can help Virginia expand its cadre of Person Centered Counselors serving individuals across all ages and all disabilities.

In order to evaluate how best to take advantage of this opportunity, DARS worked with the Partnership for People with Disabilities to put together an evaluation team for the training. Members of the group (listed below), completed the online and in-person training and then met to develop a strategy for how Virginia could maximize this pilot training opportunity. Following are new requirements developed by the evaluation team.

### **Requirements:**

All Area Agencies on Aging (regardless of whether or not they currently offer Options Counseling) and all other agencies that offer Options Counseling for Reimbursement must identify a minimum of one staff person to serve as the Person Centered Practices (PCP) Champion for the agency. This individual will:

1. Complete the National pilot training program, between now and December 31, 2016, leading to Virginia certification in Person Centered Counseling unless agency has submitted a completed Training Exemption Request by August 16<sup>th</sup>.
2. Serve as the internal agency advocate on behalf of Person Centered Practices.

Exemption from this mandatory training will be considered by the evaluation team, providing the individual has completed the two-day Person Centered Thinking in-person training, offered through the Partnership for People with Disabilities and the Department for Behavioral Health and Developmental Services or an equivalent training, and has consistently served as a Person Centered Counselor since the training. Exemption requests will be considered only with the submission of the Exemption Request Form. Please email a PDF of your completed Training Exemption Request by August 16<sup>th</sup> to Julie Stanley [JuJohn185@aol.com](mailto:JuJohn185@aol.com).

### **About the Training Program:**

The Person Centered Counseling pilot training program consists of six online interactive modules and a one-day in-person course, taken in a prescribed order. A number of sessions for the in-person classes have been scheduled regionally over the next three months to provide as many options as possible and allow everyone plenty of opportunity to attend. The estimated time to complete the online modules is 17-23 hours and the in-person training is an additional 8 hours.

This training will be offered to all providers of long term services and supports, however, due to limited space, first priority will be given to Area Agencies on Aging and all other agencies that plan to offer Options Counseling before December 31, 2016. Ideal candidates for the training are staff providing Service Coordination, Options Counseling and/or Program Management for your agency.

Training fees, with the exception of mileage and lodging, will be covered through the pilot, providing training is completed by December 31, 2016. To register, please complete and submit the attached registration form by August 19, 2016 to Dawn Machonis, [dmmachonis@vcu.edu](mailto:dmmachonis@vcu.edu). If you need additional information, or have questions, please email: [Katie.Roeper@DARS.virginia.gov](mailto:Katie.Roeper@DARS.virginia.gov).

**PCC Training Evaluation Team:**

Charlotte Arbogast, DMAS  
 Gayl Brunk, VAIL  
 Dawn Machonis, Partnership for People with Disabilities/VCU  
 Marjorie Marker, DARS  
 Teri Morgan, DMAS  
 Katie Roeper, DARS  
 Julie Stanley, Partnership for People with Disabilities/VCU  
 Jill White, Partnership for People with Disabilities/VCU  
 Kathy Witt, DBHDS

**In-Person Training Schedule:**

Region	Date/ time	Location
Richmond Metro	September 27, 2016 9-4 pm	Richmond Partnership for Families 800 W. Graham Road Richmond, VA 23222
Northwestern	September 28, 2016 9-4 pm	RACSB/ United Way 3310 Shannon Park Drive Fredericksburg, VA 22408
Tidewater	October 4, 2016 9-4 pm	Stratford University: VA Beach Campus 555 South Independence Blvd Virginia Beach, VA 23452
SW Virginia	October 5, 2016	Wytheville Community College

	9-4 pm	1000 E Main Street, Grayson Hall, Room 219 Wytheville, VA 24382
NOVA	October 11, 2016 9-4 pm	12011 Government Center Parkway 3 <sup>rd</sup> Floor Fairfax, VA 22035

### **PCC Training Exemption Request**

Exemption from the mandatory PCC training will be considered by the evaluation team, providing the individual has completed the two-day Person Centered Thinking in-person training, offered through the Partnership for People with Disabilities and the Department for Behavioral Health and Developmental Services or an equivalent training, and has consistently served as a Person Centered Counselor since the training. Exemption requests will be considered only with the completion and submission of the following information. Please email a PDF of your completed Training Exemption Request by August 16<sup>th</sup> to Julie Stanley at [JuJohn185@aol.com](mailto:JuJohn185@aol.com).

\_\_\_\_\_  
(NAME OF AGENCY)  
(DATE)

\_\_\_\_\_  
(NAME OF CURRENT STAFF PERSON TRAINED)  
(TITLE)

\_\_\_\_\_  
(NAME OF TRAINING)  
TRAINING)

\_\_\_\_\_  
(DATE OF

\_\_\_\_\_  
(NAME OF AGENCY THAT PROVIDED TRAINING)  
(LOCATION OF TRAINING)

\_\_\_\_\_  
(NUMBER OF HOURS OF TRAINING)  
YES/NO)

\_\_\_\_\_  
(CEU -

\_\_\_\_\_  
(DESCRIPTION OF TRAINING, IF OTHER THAN TWO-DAY PERSON CENTERED THINKING TRAINING. Please, feel free to attach a description of the training provided by the agency that offered the training. )

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(SIGNATURE OF STAFF PERSON TRAINED)  
(DATE)

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(PRINTED NAME OF STAFF PERSON)  
(PHONE NUMBER)

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(SIGNATURE OF AGENCY HEAD)  
(DATE)

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(PRINTED NAME OF AGENCY HEAD)  
(PHONE NUMBER)



## UPDATES

### Webinar: Examples of Developing and Implementing Faith-Related Dementia Programs

*Tuesday, August 23, 3:00-4:00 pm ET*

Join the National Alzheimer's and Dementia Resource Center to learn about two faith-related programs for people with dementia and their caregivers – the Alzheimer's Orange County Interfaith Outreach Program in California and the Respite Ministry in Montgomery, Alabama.

[Learn more and register for this webinar.](#)

### Friday Updates from NASUAD

*Cecily Slasor, Administrative Assistant*

## FRIDAY UPDATES

## NASUAD

August 5, 2016

### In This Issue

**\*NASUAD: Registration for the 2016 HCBS Conference is Open!**

**\*HCBS Clearinghouse: Future of Medicaid Transformation**

**\*ACL: Public Comment on Guidance for State Plans on**

## From NASUAD

### Register Today for the 2016 HCBS Conference!

Join us for the National Home and Community Based Services (HCBS) Conference held in Washington, DC, August 29 - September 1. The Conference offers a unique blend of policy,



[Aging](#)

[\\*CMS: 2017 Medicare Part D Premium Projections](#)

[\\*CMS: Strengthening and Stabilizing the Medicaid Home Workforce](#)

[\\*CMS: Pass-Through Payments in Medicaid Managed Care](#)

[\\*CMS: Webinar: Medicare Diabetes Prevention Program](#)

[\\*DOL: Training and Employment Notice on CILs and AJCs](#)

[\\*Healthy People 2020: Webinar: Improving Health Outcomes through Inclusion and Participation](#)

[\\*AARP: Consumer Voices Matter Blog Post](#)

[\\*CHCS: Webinar: Rate-Setting Strategies for Advancing MLTSS Goals](#)

[\\*HMA: Webinar: Physician Perspectives on Using Telemedicine](#)

[\\*NADRC: Webinar: Faith-Related Dementia Programs](#)

[\\*Events](#)

[\\*Jobs & Internships](#)

[\\*Funding Opportunities](#)

[\\*Friday Updates Archive](#)

program, and practice issues for professionals interested in home and community based services for individuals of all abilities and in all settings. Quickly becoming the "go-to" conference for learning in the expanding field of HCBS and long-term services and supports, the Conference allows states to share best practices, present unique partnerships, and recognize the work of their peers.

The National HCBS Conference will include federal, state, and local policymakers and those who administer, manage, and deliver waiver and other HCBS programs. The Conference always sees a strong presence from U.S. Health and Human Services ranging from the Administration for Community Living (including AoA, Office of Disability, and AIDD) to CMS, HRSA, SAMHSA, Office of Developmental Disabilities, and other federal agencies.

[Click here](#) to view details and register.

## HCBS Clearinghouse E-Clips

*This section of Friday Update highlights reports that have been added to the HCBS Clearinghouse within the past week. Visit [www.nasuad.org/hcbs](http://www.nasuad.org/hcbs) for more information.*

## Future of Medicaid Transformation: A Practical Guide for States

The National Governors Association (NGA) Center for Best Practices Health Division released a new guide, "The Future of Medicaid Transformation: A Practical Guide for States." The guide provides a framework for how states can design statewide Medicaid transformation proposals, and was developed from the NGA policy academy attended by three states that initially pursued Section 1115 waivers (Alabama, Nevada, and Washington).

[Click here](#) to view the toolkit.

## From the Administration

## Administration for Community



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## Living

### Public Comment on Guidance for State Plans on Aging

The Administration for Community Living (ACL) seeks public comment on the template to be used to prepare the information collection requirements contained in the Program Instruction entitled "Guidance for the Development and Submission of State Plans on Aging, State Plan Amendments and the Intrastate Funding Formula." Each State Unit on Aging is required to develop a State Plan on Aging using guidance published in this annual Program Instruction in order to be eligible to receive a formula grant under Section 307(a) of the Older Americans Act (OAA).

ACL is also seeking comments specific to the included targeting guidance that aims to ensure maximum inclusion of all populations of seniors, including older American Indians, LGBT seniors, and Holocaust survivors living in the United States, and other isolated groups of older adults. Comments are requested on the extent to which the direction provided is sufficient for states to fully assess the existence of, and develop plans for serving, these individuals and their families. If commenters believe the proposed direction is insufficient, it is requested that the commenters include the specific guidance desired as well as the practical means and data available to implement the guidance, direction, and requirements for states. Comments should be submitted to [Greg.Link@acl.hhs.gov](mailto:Greg.Link@acl.hhs.gov) by **Monday, August 22, 2016**.

[Click here](#) to view the notice in the Federal Register.

## Centers for Medicare & Medicaid Services

### 2017 Medicare Part D Premium Projection

On Friday, July 29, 2016, the Centers for Medicare & Medicaid (CMS) announced their projection that the average basic premium for a Medicare Part D prescription drug plan will



remain relatively stable in 2017 at an estimated \$34 per month, which is an increase of approximately \$1.50 over the actual average premium of \$32.56 in 2016. "Stable Medicare prescription drug plan premiums help seniors and people with disabilities afford their prescription drugs," said Andy Slavitt, Acting Administrator of CMS. "However, I remain increasingly concerned about the rising cost of drugs, especially high-cost specialty drugs, and the impact of these costs on the Medicare program."

[Click here](#) to view the press release.

[Click here](#) to view detailed rate information.

## **Strengthening and Stabilizing the Medicaid Home Care Workforce**

On Wednesday, August 3, 2016, the Center for Medicaid and CHIP Services released an informational bulletin that highlights steps available to states, providers, and others to strengthen the home care workforce. The home care workforce refers to all individuals furnishing home and community-based services (HCBS), consistent with advancing goals of beneficiary autonomy and self-direction of needed services. The bulletin states that a stable workforce, engaged in the delivery of services and supports that address the needs and preferences of beneficiaries, is a critical element to achieving continued progress towards remedying a longstanding imbalance between institutional and HCBS.

[Click here](#) to view the bulletin.

## **Use of New or Increased Pass-Through Payments in Medicaid Managed Care**

On Friday, July 29, 2016, the Center for Medicaid and CHIP Services released an informational bulletin to address whether states can increase or add new pass-through payments under Medicaid managed care plan contracts and capitation rates. These supplemental payments added to the contracted payment rates between the managed care plan and hospitals, physicians, nursing facilities, and physicians are often used by states to ensure a consistent payment stream for certain critical safety-net hospitals and providers as well as to avoid disruption of provider tax mechanisms with the move away from fee-for-



service (FFS) payments. CMS' recent Medicaid managed care regulations strengthen existing policy that prohibit states from directing managed care plans' expenditures under the contract, while also providing exceptions to this general rule. Since publication of the Medicaid managed care regulations, CMS has received inquiries about states' ability to integrate new or increased pass-through payments into Medicaid managed care contracts. According to the informational bulletin, CMS believes that adding new or increased pass-through payments into Medicaid managed care contracts is inconsistent with the goals and objectives associated with the transition periods under the Medicaid managed care regulations. CMS intends to further address this policy in future rulemaking, linking pass-through payments through the transition period to amounts in place at the time the Medicaid managed care rule was effective on July 5, 2016. In addition, the bulletin describes CMS' plan for monitoring the transition of pass-through payments to approaches for provider payment under Medicaid managed care programs that are based on the delivery of services, utilization, and the outcomes and quality of the delivered services.

[Click here](#) to view the bulletin.

## **Webinar: Proposed Medicare Diabetes Prevention Program**

The Center for Medicare & Medicaid Innovation (CMS Innovation Center) is hosting a webinar to discuss the Medicare Diabetes Prevention Program that was proposed on July 7, 2016. The program is a structured lifestyle intervention that includes dietary coaching, lifestyle intervention, and moderate physical activity, all with the goal of preventing the onset of diabetes in individuals who are pre-diabetic. The webinar is scheduled for **Tuesday, August 9, 2016, from 12:00 p.m. to 1:00 p.m. ET.**

[Click here](#) to register.

CMS is accepting comments on the proposed Diabetes Prevention Program until **Tuesday, September 6, 2016.**

[Click here](#) to view the proposed rule.

**Department of Labor**



## Training and Employment Notice on CILs and AJCs

The U.S. Department of Labor's Employment and Training Administration and Office of Disability Employment Policy have issued a Training and Employment Notice (TEN) on "Promoting Employment and Economic Advancement: A Toolkit for Centers for Independent Living (CILs) and American Job Centers (AJCs)." The purpose of the TEN is to provide information about services available from CILs and AJCs, as well as strengthen opportunities for collaboration between the entities that can improve employment outcomes for job seekers with disabilities.

[Click here](#) to view the notice.

## Healthy People 2020

### Webinar: Improving Health Outcomes through Inclusion and Participation

Healthy People 2020 is hosting a Progress Review webinar focusing on the topic areas of Disability and Health as well as Health Related Quality of Life and Well-Being. The session will highlight how public health efforts are improving inclusion, participation, and health-related quality of life and well-being for Americans with and without disabilities. This webinar will also feature a community-based initiative, the Montana Disability and Health Program, that has successfully improved health outcomes. The event is scheduled for **Thursday, August 11, 2016, from 12:30 p.m. to 2:00 p.m. ET.**

[Click here](#) to register.

## From Other Organizations

**AARP**

**Consumer Voices Matter Blog Post**



On Monday, July 25, 2016, the AARP Public Policy Institute published a new blog entitled "Consumer Voices Matter: Meaningful Engagement of Consumers and Caregivers in Long-Term Care." This post about the Centers for Medicare & Medicaid Services' (CMS) final rule for Medicaid managed care focuses on how states can provide supports to consumers and their caregivers in ways that make meaningful contributions to their managed long term services and supports (MLTSS) programs.

[Click here](#) to view the blog.

## Allsup

### **Webinar: True Help Claiming Power to Improve Your Relationships**

Allsup is hosting the webinar "True Help Claiming Power to Improve Your Relationships" as part of their series designed to empower individuals living with chronic illness and disabilities, veterans and military families. The webinar is designed to help participants improve their relationships with friends, family, and service providers. The program features the National Alliance on Mental Illness, the Colon Cancer Alliance, No Family Left Behind, and Allsup Veteran Disability Appeals Service®. The event is scheduled for **Thursday, August 18, 2016, from 1:00 p.m. to 2:30 p.m. ET.**

[Click here](#) to register.

## Center for Health Care Strategies

### **Webinar: Rate-Setting Strategies to Advance Medicaid Managed LTSS Goals**

The Center for Health Care Strategies, Inc. (CHCS) is hosting a webinar that will highlight state approaches for using rate-setting to advance managed long term services and supports (MLTSS) program goals, including: 1) helping more people to



live in the community; and 2) adjusting risk appropriately based on MLTSS cost drivers, including functional status. Representatives from Tennessee and Wisconsin will share their experiences in refining MLTSS rate-setting approaches to achieve strategic goals. The presentation will draw from the soon-to-be released "Medicaid Managed Long-Term Services and Supports Rate Setting Resource Center" developed by CHCS, Mathematica Policy Research, and Airam Actuarial Consulting through support from West Health Policy Center. The session is scheduled for **Tuesday, August 16, 2016, from 1:00 p.m. to 2:30 p.m. ET.**

[Click here](#) to register.

## Health Management Associates

### **Webinar: Physician Perspectives on Using Telemedicine to Address the Shortage of Mental Health Providers**

Health Management Associates (HMA) is hosting the webinar "Physician Perspectives on Using Telemedicine to Address the Shortage of Mental Health Providers." HMA physicians, an internist and psychiatrist, will discuss the impact that telemedicine and other technologies can have on improving access and care for vulnerable mental health populations. The session will also outline the most important elements of a telemedicine program with a special emphasis on the needs of patients and perspectives of the interdisciplinary teams serving them. The webinar is scheduled for **Thursday, August 25, 2016, from 1:00 p.m. to 2:00 p.m. ET.**

[Click here](#) to register.

## National Alzheimer's and Dementia Resource Center

### **Webinar: Faith-Related Dementia Programs**



The National Alzheimer's and Dementia Resource Center (NADRC) will present a webinar entitled "Examples of Developing and Implementing Faith-Related Dementia Programs." Participants will learn about two faith-related programs for people with dementia and their caregivers- Alzheimer's Orange County Interfaith Outreach Program in Orange County, California and the Respite Ministry in Montgomery, Alabama. The webinar is scheduled for **Tuesday, August 23, 2016, from 3:00 p.m. to 4:00 p.m. ET.**

[Click here](#) to register.

## Events

### **Helping Workers Keep Their Jobs After an Injury, Illness, or Disability**

The Stay-at-Work/Return-to-Work (SAW/RTW) Policy Collaborative of the U.S. Department of Labor's Office of Disability Employment Policy and Mathematica's Center for Studying Disability Policy is hosting the policy forum and webinar "Helping Workers Keep Their Jobs After an Injury, Illness, or Disability." The session will provide policy recommendations intended to improve the SAW/RTW outcomes for workers who experience injury, illness, or disability. Presenters will discuss 1) steps states can take to help workers keep their jobs after injury, illness, or disability; 2) adapting a successful workers' compensation initiative to off-the-job cases; 3) and behavioral interventions designed to promote SAW/RTW. The event can be watched online or in person at Mathematica's office in **Washington D.C. on Tuesday, September 13, 2016, from 12:00 p.m. to 1:30 p.m. ET.**

[Click here](#) to register.

## Jobs & Internships

**Mid-America Regional Council Seeks Director of Aging and Adult Services**



The Mid-America Regional Council (MARC) in Kansas City, Missouri is seeking a Director of Aging and Adult Services. The director will play a key role in helping to advance the vision that all adults in the Kansas City region have access to resources and networks to support a high quality of life. The director will play a visible, active role in the broader community and state initiatives to strengthen and develop new services and systems, and will provide central leadership in internal efforts to develop and deploy a strategy for assessing and reorganizing services to older adults. At the same time, the director will be responsible for all aspects of planning and managing the effectiveness and statutory compliance of ongoing programs. In addition, MARC's Aging and Adult Services Department will support the Communities for All Ages initiative in cooperation with MARC's Community Development Department, which coordinates a variety of related local and regional planning efforts. Applications should be submitted by **Friday, August 19, 2016.**

[Click here](#) to view the job announcement.

## Funding Opportunities

### Native American Independent Living Demonstration Project

The Administration for Community Living (ACL), Independent Living Administration (ILA), announced a new funding opportunity that intends to 1) gain an increased understanding of service needs of Native Americans with disabilities living in Indian Country; 2) improve cultural competence in regards to the needs of specific tribal organizations targeted by current (Centers for Independent Living) CIL grantees; and 3) capture lessons learned and best practices for outreach and service delivery for Native Americans with disabilities, a traditionally under-served population. To achieve these goals, ACL is seeking applications from existing CIL grantees to develop capacity and demonstrate how to provide the five CIL core services in Indian Country. The grant application is due by **Tuesday, August 16, 2016 at 11:59 p.m. ET.**

[Click here](#) to view the announcement.



## NADTC Innovations in Accessible Mobility Grant Opportunity

The National Aging and Disability Transportation Center (NADTC) announced a new grant opportunity intended to support program innovations that increase accessible transportation options for older adults and people with disabilities living in the community and maximize the utilization of Section 5310 and other federal funding investments. Local and regional private nonprofit or government organizations are eligible to apply for this funding opportunity. Grants of up to \$50,000 each will be awarded to as many as six communities for a twelve month period. Applications are due by **Friday, August 26, 2016**.

[Click here](#) to view the announcement.

## Benefits Enrollment Center Grants Serving Hard-to-Reach Populations

The Center for Benefits Access at the National Council on Aging (NCOA) is seeking qualified organizations to become Benefits Enrollment Centers (BECs) serving hard-to-reach low-income Medicare beneficiaries. BECs use person-centered strategies in a coordinated, community-wide approach to find and enroll Medicare beneficiaries-both seniors aged 65+ years and adults living with disabilities - who have limited income and resources into available benefits, with the primary focus being on the following five core benefit programs: Medicare Part D Extra Help (or Low-Income Subsidy, LIS), Medicare Savings Programs (MSP), Medicaid, Supplemental Nutrition Assistance Program (SNAP, formerly Food Stamps), and Low-Income Home Energy Assistance Program (LIHEAP).

Agencies will serve specific hard-to-reach populations, such as people residing in rural areas, members of native tribes, people of color, members of the LGBT community, those with limited English proficiency (LEP), those recently released from incarceration, or veterans. BECs serving specific populations must be able to provide application assistance for a minimum of 500 people for all of the benefits for which they are eligible during an 11-month period. Applicants are encouraged to complete a notice of intent by **Wednesday, August 31, 2016 at 5:00 p.m. ET**, and applications are due **Friday,**



**September 9, 2016 at 5:00 p.m. ET.**

[Click here](#) to view the Request for Proposals.

## **AARP Social Security Innovation Challenge**

AARP is launching an Innovation Challenge to identify policy solutions to strengthen economic security for American workers and retirees by achieving Social Security solvency and maintaining benefit adequacy for future generations. Through the Challenge, scholars and researchers from a range of perspectives and sectors are invited to submit their best ideas for creating a strong Social Security system for the coming decades. Applicants are encouraged to consider macro trends (e.g., in the workforce, income, wealth, savings rates, life expectancy, fertility rates, marital status) and to take an innovative look at policy options that address these trends. Up to five successful applicants will be selected to further develop the policy innovation and will deliver a detailed policy paper on one or more specific policy innovation(s) to strengthen Social Security's solvency and/or adequacy. Additionally, AARP will work with The Urban Institute to assess the financial and distributional impact of the policy proposals developed by the successful applicants. The notice of intent is due **Wednesday, August 31, 2016**, and the application for funding is due **Friday, September 30, 2016**.

[Click here](#) to view the announcement.

## **Community-Based Palliative Care Delivery for Adult Patients with Advanced Illnesses and their Caregivers**

The Patient Centered Outcomes Research Institute (PCORI) posted a notice of an upcoming funding opportunity to: a) support care planning for adult patients with advanced illnesses over time that is consistent with the goals and preferences of adult patients and their caregivers, and b) support the delivery of coordinated, community-based palliative care that effectively implements those care plans. PCORI seeks to fund multiple, large, multi-site, community-based comparative effectiveness research (CER) studies to generate evidence in support of this



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goal. The funding announcement will be released in August 2016. The deadline for Letters of Intent (LOI) is **Wednesday, September 14, 2016.**

[Click here](#) to view more information.

## Friday Update Archive

Did you miss a previous issue?  
Check out [past Friday Updates](#).

## Subscribe

[Click here](#) to subscribe to Friday Update or other NASUAD news updates.

## DARS Independent Living Weekly Newsletter

*Marcia DuBois, Livable Communities Coordinator*



## INDEPENDENT LIVING Weekly Newsletter

COMMUNITY BASED SERVICES DIVISION

James A. Rothrock, Commissioner

ISSUE 165

August 9, 2016

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- [HOME, Kaine, and Fair Housing](#)
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## Virginia Rural Health Funding Summit



The Virginia Rural Health Funding Summit is designed to identify IT and infrastructure funding needs of rural health care providers while connecting those providers with possible funding sources. For more information on this summit, please click [here](#).

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## Housing Discrimination Complaint Settles for \$33,000



HOME, Executives, Inc., and CBP Properties, LLC have jointly settled a fair housing complaint alleging that a policy maintained by Executives, Inc. that at least one lease signer be able to sufficiently communicate in English constitutes discrimination based on national origin. HOME alleged that the policy unfairly excluded otherwise qualified families from obtaining the housing of their choice because of their national origin.

To settle HOME's claims, Executives, Inc. has changed its language policy, which now instructs staff to provide housing opportunities to prospective tenants regardless of their English proficiency. Executives' staff will continue to attend regular fair housing training. Executives will also reimburse HOME for costs and



expenses incurred during the investigation. The original complainant settled her own fair housing complaint with Executives, Inc. to the satisfaction of both parties

To read the full story, click [here](#).

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## Notice Inviting Applications under the Disability Innovation



Join us for August's **SILC Speak** on the first Thursday, August 4th at 3:00 Eastern. Are there areas of confusion between your SILC and the DSE? We need your input into possible areas of providing information to the DSE to help support a better relationship between them and the SILC.

Some areas include:

- SILC autonomy - What does it mean?
  - Financial autonomy
  - Supervision of SILC staff
  - Completing the 704 report

Click [here](#) for information on how to join the group on August 4, or for real-time captioning.

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## Caregiver Forum

*Save the Date!!*



*The Virginia Department for Aging and Rehabilitative Service and the  
Brain Injury Association of Virginia host the*



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**6<sup>th</sup> Annual Free Caregiver Forum November 5<sup>th</sup> 2016!**

*“Strategies for Self-Care”*

At the Embassy Suites

Richmond, VA

The Virginia Department for Aging and Rehabilitative Services (DARS) and the Brain Injury Association of Virginia (BIAV) is sponsoring our 6th Annual Caregiver Forum, *“Strategies for Self – Care”* for caregivers of individuals with brain injury on November 5, 2016 in Richmond, VA. **There is no cost for participants, but pre-registration is required, space is limited.**

The Caregiver Forum is an educational activity of DARS' Federal Traumatic Brain Injury (TBI) Implementation Partnership Grant. It provides an opportunity for DARS and the Brain Injury Association of Virginia (BIAV), the primary subcontractor on DARS' federal grant, to share educational and resources for caregivers of family members with acquired brain injury, as well as teach participants how to recognize and deal with caregiver-related stress. The event also provides a way for caregivers and family members to network and share strategies with others in similar situations.

**Look for more details and registration information soon!** If you would like to speak with someone, please contact the Brain Injury Association of Virginia (BIAV) at 804-355-5748 or email Debra Holloway, Educational and Resource Coordinator at [debra@biav.net](mailto:debra@biav.net) or Donna Cantrell, DARS Brain Injury Services Coordination Unit, at [Donna.Cantrell@dars.virginia.gov](mailto:Donna.Cantrell@dars.virginia.gov)



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Today, all of us at ACL are celebrating a historic milestone for Americans with disabilities and older Americans: the 26th anniversary of the Americans with Disabilities Act (ADA).

The ADA made clear that people with disabilities of all ages should experience equal opportunity, independent living, economic self-sufficiency, and full participation in all aspects of society. From curb cuts and accessible buses to the integration of people with disabilities in schools, workplaces, businesses, and neighborhoods, the ADA has made our communities more accessible and more inclusive.

We hope you will join us in celebrating these accomplishments. Just as importantly, we hope you will join us in continuing the work of making the ADA's vision a reality for all Americans.

The ADA National Network and its ten regional ADA Centers are one great tool for this work. Funded by ACL's National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR), the ADA National Network provides a comprehensive "one-stop" resource for information, guidance, and training on the ADA.

Click [here](#) to view the Toolkit and many other resources.

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### Kathy Greenlee's Farewell Speech



For outgoing Assistant Secretary on Aging and ACL Administrator Kathy Greenlee's last speech in her current role, click [here](#).



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## 5 Things You Should Know about WIOA



Friday marked the two-year anniversary of President Obama signing into law the *Workforce Innovation and Opportunity Act* (or *WIOA* for short). Last month, the Departments of Labor and Education, in close collaboration with the Departments of Health and Human Services, Agriculture, and Housing and Urban Development, made publicly available the final rules implementing *WIOA*. We are excited to continue the conversation around *WIOA* and we are committed to making sure *WIOA* works for all job-seekers, workers, and employers as the departments implement the final rules.

Click [here](#) to find out what *WIOA* means and why it matters.

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## Upcoming Hoarding Workshop!

Attached you will find flyers announcing the date for the Hoarding and the Fair Housing Law Workshop that is scheduled for the 3 major areas of the Commonwealth. Our hope is that you attend and share the information about the class to encourage others to attend. Please remember that if you are a licensed real estate agent, broker, auctioneer, you will receive Continuing education credits. If you have any questions please do not hesitate to ask. Thank you!!!

Click below to view the Richmond flyer:



VFHO - Richmond  
Hoarding Flyer 8-2011

Click below to view the NOVA flyer:



VFHO - NOVA  
Hoarding Flyer 9-2011

Click below to view the Virginia Beach flyer:



VFHO - VA Beach  
Hoarding Flyer 8-2011

Mahalia "Mally" Dryden-Mason  
Fair Housing Training Specialist  
DPOR/The Virginia Fair Housing Office  
9960 Mayland Drive, Suite 400  
Richmond VA 23233  
Email: [mally.mason@dpor.virginia.gov](mailto:mally.mason@dpor.virginia.gov)  
Work: (804)367-4873  
Fax: (866) 480-8333

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## HOME, Kaine, and Fair Housing



HOME has been in the national spotlight a lot this week. From Time Magazine to Law.com, dozens of news outlets and websites from across the country have featured now vice presidential candidate Tim Kaine's career and his work with HOME and fair housing. So, we thought we would give you a little more history.



*HOME president/CEO Heather Crislip, Senator Kaine, and HOME board members Velma Ballard and Victor Branch at HOME's Mapping RVA exhibit*

Senator Tim Kaine began working with HOME in 1984. His very first case as a lawyer was referred to him by HOME and involved a young woman who was turned away from an apartment because of her race. Regarding this case, Kaine said, "When someone is turned away in that aspect of their life, trying to find a place to live, what a powerful difference it makes, and it made a huge impression on me in that first case that I had." Watch Kaine tell the whole story [here](#).

From there, HOME, HOME's clients, and fair housing were the center pieces of Kaine's professional life. For 18 years before becoming Lt. Governor, much of his practice was dedicated to fair housing. In the keynote address at HOME's 35th Anniversary, Kaine stated, "HOME has a lot to do with who I am as a lawyer, a leader, and as a man."

Click [here](#) to view the full story.

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### VDA Weekly E-Mailing

Click [here](#) for the latest issues of the VDA Weekly E-mailing.

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Note: The web links in this document may change over time. DARS does not attempt to refresh the links once the week has passed