

Older Virginians Month Activities by Area Agency on Aging

Alexandria Office of Aging and Adult Services

<http://alexandriava.gov/humanservices/info/default.aspx?id=8016>

Appalachian Agency for Senior Citizens

<http://www.aasc.org>

- May 14th, “Spring Fling” fundraiser and health fair

Arlington Agency on Aging

<http://www.arlingtonva.us/aging>

Bay Aging

<http://www.bayaging.org>

Central Virginia Area Agency on Aging, Inc.

<http://www.cvaaa.com>

- May 5th & 6th, Elderfest
- May 18th, Senior Awareness Day
- May 19th, Day of Caring by the United Way of Central Virginia
- May 24th, Beard Center on Aging Conference
- May 26th, Senior Dance

Crater District Area Agency on Aging

<http://www.cdaaa.org>

District Three Senior Services

<http://www.district-three.org>

- May 4th, Chronic Disease Self-Management Program Reunion
- May 20th, Smyth County Senior Citizens Day
- June 9th, Senior Law Day

Eastern Shore Agency on Aging

Fairfax Area Agency on Aging

<http://www.fairfaxcounty.gov/dfs/olderadultservices/>

- April 26th, Older Americans Month Proclamation reception and volunteer breakfast

Jefferson Area Board For Aging

<http://www.jabacares.org>

- May 1st, Community Extravaganza
- May 18th, "Alternatives for Healthy Lifestyles" lecture, Dr. Zachary Bush
- May 19th, Memorial Day memories
- May 21st, Murder Mystery Dinner Theatre
- May 23rd, Activity with Nelson County High School
- May 25th, Block Party with Haney Ripley Daycare
- May 31st, Minute to Win It game and party

Lake Country Area Agency on Aging

<http://www.lcaaa.org>

LOA Area Agency on Aging, Inc.

<http://www.loaa.org>

Loudoun County Area Agency on Aging

<http://www.loudoun.gov/aaa>

- May 5th, The Senior Expo
- May 27th, Celebrate You!, a senior citizens and volunteer recognition event

Mountain Empire Older Citizens, Inc.

<http://www.meoc.org>

New River Valley Agency on Aging

<http://www.nrvaoa.org>

Peninsula Agency on Aging, Inc.

<http://www.paainc.org>

- May 6th, Peninsula Conversation on Aging

Piedmont Senior Resources Area Agency on Aging, Inc.

Prince William Area Agency on Aging

<http://www.pwcgov.org/aoa>

- Beginning May 5th, new exercise programs at Manassas Senior Center, beginning May 5th
- May 17th, Law Day at the Woodbridge Senior Center - Prince William County Bar Association presents 2 areas of interest to older adults: Nursing Home Rights versus Assisted Living Facilities Rights and Consumer Rights, relating to contracts, credit, and what it means to be “collection proof”
- May 19th, Law Day at the Manassas Senior Center - Prince William County Bar Association
- May 20th, the Manassas Senior Center Acting class will be performing a spoof on a fictional Flash Gordon radio script at the Woodbridge Senior Center
- May 26th, Older Americans Month Annual Senior Picnic, Camp William B. Snyder, 6100 Antioch Road, Haymarket Virginia. There will be a Dj, horseshoes, nature trail, wellness walk, dancing, great food, and beautiful scenery.

Rappahannock Area Agency on Aging, Inc.

<http://www.raaa16.org>

- May 19th, Older Americans Month volunteer recognition banquet

Rappahannock-Rapidan Community Services Board and Area Agency on Aging

<http://www.rrcsb.org>

Senior Connections, The Capital Area Agency on Aging, Inc.

<http://www.seniorconnections-va.org>

- May 11th, Mosaic Restaurant Fundraiser
- May 16th, The 28th Annual Older Americans Month luncheon
- May 19th, Edward Jones: Making Sense of Investing” seminar
- May 24th, Open House at Senior Connections

Senior Services of Southeastern Virginia

<http://www.ssseva.org>

- May 3rd & 5th, Senior Olympics

Shenandoah Area Agency on Aging, Inc.

<http://www.shenandoahaaa.com>

Southern Area Agency on Aging, Inc.

<http://www.southernaaa.org>

- May 12th, Health Fair and Craft Show
- May 19th, Annual Older Americans Month Celebration

Valley Program for Aging Services, Inc.

<http://valleyprogramforagingservices.com>