

**Alzheimer's Disease and Related Disorders Commission
Virginia Department for Aging and Rehabilitative Services
Division for the Aging
1610 Forest Avenue, Suite 100
Richmond, Virginia
August 25, 2015**

MEETING MINUTES

Members Present

Courtney Tierney, Chair
Vivian Bagby, RN
Laura Bowser
Sharon Davis
Chris Desimone
Julia Trivett Dillon
Valerie Hopson-Bell
Tommy Hudson
Carol Manning
Lory Phillippo, Vice Chair
Lynne Seward
Patricia Slattum

Members Absent

Laura Adkins
Janet Honeycutt
Kevin Walsh

Guests

Marie Kolendo Alzheimer's Association
Carter Harrison, Alzheimer's Association
Patricia Goodall, DARS
Donna Cantrell, DARS

Staff

James Rothrock, Commissioner
Robert Brink, Deputy Commissioner
Amy Marschean, Senior Policy Analyst
Cecily Slasor, Administrative Assistant

Meeting Summary

Agenda Items	Speaker
<p>Welcome and Introductions Mrs. Tierney called the meeting to order at 10:05 a.m. and welcomed members and guests. Mrs. Tierney welcomed new member Laura Bowser. Members and guests introduced themselves. Commissioner Rothrock thanked Lynne Seward for her leadership and support of the Commission and presented her with a plaque.</p>	Courtney Tierney
<p>Review and Approval of previous minutes Mrs. Tierney asked if members had reviewed the June meeting minutes and if there were any corrections. Mrs. Tierney requested a change on page 1 under Deputy Brink's remarks where he talks about his visit to Copper Ridge assisted living facility. She thought it would be helpful to add "Maryland," so that the reader would know exactly where the facility was located. Also, on page 3 regarding Mrs. Tierney's comments at the</p>	Courtney Tierney

<p>public hearing on the Dementia State Plan, instead of “the local AAA,” it should read “a local AAA.” A motion to approve the minutes as amended was made by Lynne Seward and seconded by Patricia Slattum. The minutes were unanimously accepted and approved.</p> <p>Commissioner Rothrock’s Report</p> <p>Commissioner Rothrock reported on the good economic climate in Virginia. He noted the departure of Charlotte Arbogast from the position of Dementia Services Coordinator to accept a position at DMAS that she decided would help her in her career path. The Commissioner mentioned that Patricia Goodall from DARS Brain Injury Services Unit will be presenting this morning and commented on some current initiatives that might bring together shared advocacy efforts related to the common neuro-behavioral issues for persons with dementia and brain injury. For example, he mentioned crisis stabilization involving police when it is perhaps better to bring in doctors to deal with neuro-behavioral problems. Also, homeless services for the persons with dementia and brain injury share commonalities.</p> <p>Mr. Harrison asked if the Commissioner knew anything about the status of Piedmont Geriatric Hospital. It is not overseen by DARS and the Commissioner said he is not aware of the status or what the plans are for the facility. Mr. Harrison commented that Piedmont is a desired location for patients with behavioral issues. The Commissioner says the budget proposals are due to the Governor in mid-September and are confidential Governor’s working papers.</p>	
<p>Deputy Commissioner’s Report</p> <p>Deputy Brink welcomed members and spoke briefly about the tremendous job that Charlotte Arbogast did establishing the Dementia Services Coordinator position. He referred to the June minutes where he had reported his goal of visiting all 25 AAAs by his one year anniversary with DARS and he is happy to report that he was able to do that. The Arlington AAA was his last stop at the end of June. Deputy Brink found that all of the AAAs do a tremendous job with the services and programs they provide.</p> <p>On August 5, he participated in a breakout panel at the Governor’s first Latino Summit at George Mason University. Over 250 people attended the summit. The Consumer Financial Protection Board (CFPB) has published state -specific guides for persons who are caregivers and become conservators/guardians. Included in the guides is information on Powers of Attorney, Social Security representative payee, advance directives and more. On August 17, the CFPB and the Attorney General held a rollout of the first state specific guides at Greenspring in northern Virginia. DARS staff participated in the meeting.</p> <p>On September 9, Commissioner Rothrock and Deputy Brink will appear before the Joint Commission on Health Care. They will talk about the upcoming Governor’s Conference on Aging and what has been done to</p>	<p>Robert Brink</p>

<p>augment the Public Guardian program. The Governor’s Conference on Aging is scheduled for May 2, 2016 and will be held at the Hilton Hotel & Conference Center in Short Pump. Staff are developing breakout sessions and speakers.</p> <p>The 2016 General Assembly is approaching and this will be a long session in which the Governor’s biennial budget will be considered. The recent Special Session ended abruptly when the Senate adjourned <i>Sine Die</i> but the House did not.</p> <p>Deputy Brink asked members who are on Facebook to visit the DARS Facebook page and ‘like’ the page and share it with others.</p> <p>Mr. Harrison asked who will be coordinating the Governor’s Conference on Aging with the departure of Ali Faruk from DARS. Deputy Brink responded that they hope to hire someone very soon.</p> <p>Ms. Seward worked with staff to draft a resolution for Charlotte Arbogast and distributed copies of the text. Mrs. Tierney asked for a motion to adopt the resolution for Charlotte Arbogast. Valerie Hopson-Bell made a motion and Dr. Manning seconded. The motion to adopt the resolution was approved unanimously.</p>	
<p>Dementia Services Coordinator Quarterly Update (Handouts) June 16-August 25, 2015</p> <p>Ms. Marschean reported that with the departure of Charlotte Arbogast, she will be providing Charlotte’s report. Ms. Marschean stated interviews for the position will be held Friday, August 28, the panel includes a member of the Commission, and DARS hopes to fill the position quickly.</p> <p>Outreach</p> <ul style="list-style-type: none"> ➤ Ms. Arbogast attended the Honoring Choices event in July. Honoring Choices is a collaborative effort focused on advance care planning. ➤ She attended the IACP Train the Trainer course June23 in Chesterfield. The event was hosted in partnership with the Dept. of Criminal Justice Services (DCJS). <p>Data/Research</p> <ul style="list-style-type: none"> ➤ Continued research and collection of available data sets for researchers for AlzPossible. ➤ Posted the Alzheimer’s Association data on percentage of long-term care services users with diagnosed Alzheimer’s, other dementias, 2012 to website. ➤ From Dr. Slattum, posted citation to an article on the AlzPossible website. <p>Collaborations</p> <ul style="list-style-type: none"> ➤ Two Memory Disorder (MD) Clinics were added to AlzPossible site, bringing the total to 12 (7 in-state and 5 out of state). ➤ DMAS received CMS funding for a Civil Monetary Penalty project 	<p>Amy Marschean</p>

in partnership with Riverside Center for Excellence in Aging – focus is on *micro-learning* (*quick, often less than 15 minutes*) training for direct care staff in nursing facilities.

- Participation in the GMHP and its Antipsychotic Medication Initiative Work Group.
- A small work group is conceptualizing a possible 2015 ARDRAF proposal regarding assisted living facilities.
- Ongoing communication with the CNI Trust Fund Board and DARS Brain Injury.
-

Grant Administration

- ADSSP Grant (Sept. 2014 through Aug. 2017) awarded and in progress. Objectives 1 and 2: trainings resources launched in early August – currently targeting 4 AAAs but will open to other AAAs & CILs. Objective 3: F.A.M.I.L.I.E.S. programs are enrolling and completing caregivers. Partners will begin to increase outreach efforts for Year 2. Second semi-annual report to ACL will be submitted on 9/30/15.
- ADI-SSS Grant (Sept. 2015 through Aug. 2018) Proposal submitted to ACL and the focus is to advance Goal 4 of the Dementia State Plan. It is led by DARS in partnership with UVA Memory and Aging Care Clinic and JABA. Awards should be announced in late August or early September.

Tracking Policy

- Dementia State Plan Update is completed and will be approved by the Commission for submission to the Secretary.
- DSC presented draft plan to Geriatric Mental Health Partnership.
- DSP Committee met in July and reviewed all of the comments received.
- Edits were incorporated into the draft Dementia State Plan and a comment response document was created for historical memory.
- DARS meeting with Charlie Arnowitz, Legislative Correspondent with US Senator Mark Warner. He is looking into chronic conditions and possible programs for Medicare beneficiaries. DARS staff provided Mr. Arnowitz with information on Virginia's Dementia State Plan Update and accomplishments as well as information on the 2013 Medicare Chronic Conditions data.

Mr. Harrison commented that DCJS needs to be contacted regarding parts of the DSP, particularly the curriculum.

<p>Dementia State Plan Update <i>Action Item: Adopt Plan</i></p> <p>Ms. Seward provided an update on comments to the Dementia State Plan draft document. During the listening sessions, public comment was received about younger-onset Alzheimer’s disease, special populations such as veterans and persons with Downs, cultural and linguistic issues, and safety risks regarding persons with dementia who are still driving, as well as persons with dementia who wander. Amendments were made as needed to reflect public comments.</p> <p>In MEOC, caregivers raised concerns about DMAS waiver placements and being unable to obtain a UAI when one lives in VA but goes to a doctor or hospital in a neighboring state which was physically closer. The Legislative Committee took on this issue and will present it as part of the Commission recommendations to the 2016 General Assembly.</p> <p>Ms. Seward commented that so many of the commissioners of this board participated in the listening sessions and workgroups and their participation is very much appreciated.</p> <p>The following minor edits were spotted:</p> <p>Page 8 – fifth line “no” should be “not”</p> <p>Page 11 – second paragraph after “In 2010” insert a comma: “,”</p> <p>Page 12 – #3. First line strike “addition” and insert “amendment”</p> <p>Page 13 – #6. Third line Public Guardianship “program” should be plural, “programs”</p> <p>Page 16 – #2. Final line strike “the” before Adult Protective Services (APS).</p> <p>Page 23 – Add space between 1a. and b.</p> <p>Page 34 – EDCD Waiver definition at top of page---after “as an alternative” insert “to”</p> <p>Page 36 – Respite Care definition. After “unpaid care givers” insert a period: “.” <u>And Strike remainder of sentence</u> beginning with “of children...”</p> <p>A motion was made to accept the DSP with the above revisions by Lynne Seward and was seconded by Julia Dillon. The plan was adopted, with revisions, unanimously by the Commission. The Commission thanked Nico and Melissa at World Events Forum for their assistance with the format of the plan.</p>	<p>Lynne Seward Carter Harrison, Alzheimer’s Association</p>
<p>Virginia Brain Injury Council (Handout) Patricia Goodall</p> <p>In 1988, DRS was designated as the lead agency for Brain Injury Services. Mr. Harrison sought clarification of what is the definition of brain injury. Ms. Goodall explained that an acquired injury is an injury to the brain that happens after birth. Other acquired brain injuries can be from IEDs during military service or exposure to toxins. A concussion is considered a mild acquired brain injury.</p>	<p>Patricia Goodall, Ed.S., CBIST Manager, DARS Brain Injury Services Coordination Unit Lynne Seward, VA Brain Injury</p>

<p>Council membership: The VA Brain Injury Council was established in 1986 by then Secretary of Health & Human Resources (HHR)Eva Teig. The initial purpose of the Council was to conduct studies and make recommendations to the HHR Secretary with regard to injury prevention and service development for persons with traumatic brain injury. The current role and purpose is to advise the Commissioner of DARS on the needs of Virginians with brain injury and to make recommendations on the creation and delivery of services.</p> <p>There is a Federal Traumatic Brain Injury Grant that provides funding for (1) Information and Referral (2) Professional Training (3) Screening (4) Resource Facilitation. The current grant period is 2014-2018.</p> <p>The VA Brain Injury Council (VBIC) does not do any lobbying and its next meeting will be held at the DARS Central Office from 1-4pm.The Virginia Alliance of Brain Injury Services Providers (VABISP) and the Brain Injury Association of VA (BIAV) are both able to lobby legislators on the needs of the population.</p>	<p>Council Member Donna Cantrell</p>
<p>Working Lunch Recommendations to the Governor and 2016 General Assembly <i>Action Item: Adopt Recommendations</i></p> <p>Staff previously distributed copies of the report and recommendations to members. The three initiatives are:</p> <ol style="list-style-type: none"> 1. Develop and fund Interdisciplinary Memory Assessment Clinics (MACs) with Dementia Care Managers; 2. Revise Code language on informed consent for research involving individuals with cognitive impairment. 3. Implement discharge screenings for Virginia residents in out-of-state hospitals in need of waiver services. <p>Ms. Slattum requested edits to the flowchart for the MACs that made certain one’s Primary Care Physician was involved in collaborating on the treatment plan.</p> <p>A motion to adopt the legislative platform with revisions was made by Lynne Seward and seconded by Dr. Manning. The 2015 recommendations were adopted unanimously by the Commission.</p>	<p>Carter Harrison Amy Marschean</p>
<p>Virginia’s Healthy Aging Pledge (Handout) Virginia’s Health Aging Pledge is a 3 ½ year project and encourages collaborations between DARS and the Virginia Department of Health (VDH). Workgroups are being convened to focus on specific subjects. At the Healthy Aging summit held in DC, states were asked to implement healthy aging strategies. VDH Commissioner asked Commissioner Rothrock if DARS would join them in the program.</p> <p>Topics covered include:</p> <ul style="list-style-type: none"> ➤ Tobacco use cessation 	<p>Kathy Miller, Director of Programs VDA</p>

<ul style="list-style-type: none"> ➤ Dementia-friendly communities ➤ Oral Health ➤ Nutritional counseling <p>Next steps.... Kathy Miller and Dr. Pratt from VDH will meet with Commissioner of VDH and Commissioner Rothrock.</p>	
<p>New Business</p> <p>Ms. Tierney asked if there was any new business and Dr. Slattum discussed that the new HRSA grant received by VCOA had a big dementia component and that the Commission may want to ask Dr. Ansello to attend the December meeting to report. Ms. Tierney also mentioned that the Riverside staff should attend that meeting to discuss the CMS Civil Monetary Penalty grant for their microlearning initiative. Also, a presentation on CDSMP for persons with Alzheimer’s disease was suggested. Finally, members discussed that the Governor’s Conference on Aging should have a breakout session on the Dementia State Plan and Dr. Manning is very interested in presenting at that time on the Alzheimer’s grant projects.</p>	<p>Courtney Tierney</p>
<p>Future Meeting Dates</p> <p>December 1, 2015</p>	<p>Courtney Tierney</p>
<p>Meeting Adjournment</p> <p>Chair Tierney adjourned the meeting at 1:40 p.m.</p>	<p>Courtney Tierney</p>