

**Alzheimer's Disease and Related Disorders Commission
Virginia Department for Aging and Rehabilitative Services
1610 Forest Avenue, Suite 100
Richmond, Virginia
June 10, 2014**

MEETING MINUTES

Members Present

Lynne Seward, Chair
 Laura Adkins
 Vivian Bagby
 Julia Trivett Dillon (v/c)
 Valerie Hopson-Bell
 W. Thomas Hudson
 Carol Manning
 Lory Phillippo
 Patricia Slattum
 Courtney S. Tierney
 Kevin P. Walsh

Members Absent

Nick Faraone
 George Vradenburg
 Janet Honeycutt
 Martha Watkins

Staff

Commissioner Rothrock
 Amy Marschean, Senior Policy Analyst
 Cecily Slasor, Administrative Support
 Charlotte Arbogast, Dementia Services
 Coordinator
 Devin Bowers, MPH, Research Assistant

Guests

Sarah Broughton, DMAS
 Emily Carr, DMAS
 Sherry Peterson, Alzheimer's Association
 Carter Harrison, Alzheimer's Association

Agenda Items	Speaker
<p>Welcome and Introductions Mrs. Seward called the meeting to order at 10:00 a.m. and welcomed members and guests. Members and guests introduced themselves. Members talked about their interest in or experience with dementia or Alzheimer's disease.</p>	All
<p>Review and Approval of previous minutes Mrs. Seward asked if members had reviewed the previous meeting minutes and if there were any corrections. Courtney was not present at the last meeting so should be placed in the 'absent' column in the minutes. Motion was made by Tommy Hudson to approve the minutes with the correction. Dr. Manning seconded the motion. The minutes were unanimously accepted and approved with the correction.</p>	All

<p>Commonwealth Coordinated Care Presentation (Handouts)</p> <p>Description of the CCC program and highlights: The CCC <i>blends</i> Medicare and Medicaid so participants keep their Medicare & Medicaid benefits with the added benefit of care coordination.</p> <ul style="list-style-type: none"> ▪ A Care Manager works with participants and will coordinate appointments and services. ▪ Participants can opt out of the CCC program or change their plan at any time, as there is no open enrollment. ▪ Outreach efforts include Townhall meetings, weekly enrollee calls, weekly provider calls and presentations by request. <p>In March 2014, opt-in enrollment into the CCC commenced. The number of persons who have actively opted into the program in the Tidewater area is 2,323. The number of passive opt-ins is 11,040. There have been 6,803 opt-outs.</p> <p>Ms. Tierney asked about the active and passive opt-in numbers and Ms. Broughton clarified the results. Ms. Phillippo asked if some who had opted out did so for reasons other than not liking the program. If people had other benefits they may have opted out or if their current program threatened to discontinue their benefits they may have opted out of the CCC. There was discussion about the transportation needs of older persons in many areas of the state and how to address them.</p> <p>Dr. Slattum asked how the various program coordinators were working together. Ms. Broughton said that the CCC Care Coordinators goal is to get everyone together and make sure they're on the same page and to coordinate services. DMAS provides ongoing monitoring of providers..</p> <p>Mrs. Seward said that the commission is very interested in data collection, particularly on persons with dementia. Can you comment on a tool you may be using to collect such data? Ms. Broughton responded that she would share this request with the evaluation group. Ms. Seward commented on the work group from the commission that has worked on trying to get this data for the last two years.</p>	<p>Sarah Broughton, MSW DMAS</p> <p>Emily Carr, DMAS</p>
<p>Legislative Committee</p> <p>A committee meeting was held recently but did not have a quorum. The committee members proposed three recommendations for the next General Assembly session:</p> <ol style="list-style-type: none"> 1. Dementia training funding for law enforcement and first responders 2. Alzheimer's Waiver revisions to expand eligibility to other related dementias and not just Alzheimer's Disease 3. Funding for Virginia Department of Health to collect data on Caregivers for two years using the Behavioral Risk Factor Surveillance System (BRFSS). The BRFSS is a data collection tool to assist states with gathering data on health issues through the Centers for Disease Control and Prevention. These items would be worked into the annual recommendations to the Governor and General Assembly that would be voted on at the August 5 	<p>Thomas Hudson, Esq.</p> <p>Carter Harrison, Alzheimer's Association</p>

<p>meeting. Ms. Marschean commented that members could email her if they have questions or need additional information about the proposals. Mrs. Bagby asked what information they were trying to collect on caregivers. Ms. Arbogast responded that there would be new questions asked of families or persons caring for someone with dementia, such as what type of care is being provided and what their specific needs are. Mr. Harrison commented that there was a bill last year proposing a privatizing the administration of the UAI. There was pushback from the DSS. There may be other options proposed in the near future. Ms. Tierney commented that it is not always a DSS issue and that delay stems from VDH because it is often hard to find a nurse to do the UAI. Ms. Arbogast will send the BRFSS caregiver questions to members.</p>	
<p>Dementia Care Best Practices Study Chair Seward thanked all commissioners for their hard work in the work groups and added that it is important for members to try to come to the meetings since it is very hard to conduct business without a quorum. She added that this coming year there are two major projects that will require a lot of input and work on the part of the Commission members: (1) Dementia Best Practices report and (2) the Dementia State Plan update. During the 2014 General Assembly, Delegate Orrock sent a letter to the Commission requesting that DARS study dementia care best practices during the interim. DARS has brought on research assistant Mrs. Devin Bowers to assist Ms. Arbogast with the preparation of this report. The report is due by October 1, 2014. Courtney Tierney motioned that Lynne Seward serve on the study representing the commission. Valerie Hopson-Bell seconded the motion. Members voted unanimously to approve the nomination of Mrs. Seward to participate in the study representing the commission. Ms. Arbogast is convening a meeting of stakeholder on June 19 to obtain feedback on the valuable programs and services currently being provided to Virginians with cognitive impairment and their caregivers. She is seeking submission of dementia care best practices in three areas:</p> <ol style="list-style-type: none"> 1. Assessment and Diagnosis for Treatment 2. Dementia care 3. Formal and Informal Caregiving <p>Ms. Marschean will send members a copy of a submission form should they choose to provide input to the Mrs. Seward to share with Ms. Arbogast. Dr. Slattum asked if the VA was included in this and commented on efforts by the VA in Hampton. Ms. Arbogast commented that the DRS division of DARS has worked very hard on brain injury issues with the VA.</p>	<p>Lynne Seward Charlotte Arbogast</p>
<p>Dementia Services Coordinator Report Handouts Ms. Arbogast reported on her many activities that include outreach and education, collaboration and partnerships, grant writing and tracking policy. On the outreach and education front, Ms. Arbogast and Chair Lynne Seward</p>	<p>Charlotte Arbogast</p>

<p>presented on the Dementia State Plan and data collection activities at the “Building Strong Aging Communities” conference in April. On June 3rd, Ms. Arbogast presented on the state plan along with Carter Harrison at the Lynchburg College “Aging Well in Mind, Body and Spirit” conference. Ms. Arbogast provides ongoing support for the Alzheimer’s Commission work groups. She also provides ongoing communication with DARS Community Based Services division on brain injury and dementia intersections.</p> <p>Ms. Arbogast participates in the Institute for Innovations in Caregiving Advisory Council and the GMHP Antipsychotic Medication Initiative Workgroup. She has been working with consultant Nico Stanculescu on a redesign of the AlzPossible website, which will be unveiled in August. Ms. Arbogast has been working very hard on the GTE grant and finalizing the grant report materials.</p> <p>The NACDD Road Map grant proposal was submitted but was unfortunately not funded. She is working on the ADSSP Dementia Capability grant proposal due June 11. Notification of awards is scheduled for September.</p> <p>She continues to work on the dementia policy paper with Dr. Ayn Welleford and Ellen Netting and reported that the number of states with Dementia Plans is in the 40s and New York has even published an update. And as previously reported, she is working on the Dementia Care Best Practices study as directed by Delegate Orrock. Ms. Arbogast mentioned that the Institute for Innovations in Caregiving has an event coming up called a “Hackathon.” This is an event that brings together programmers, app designers, other IT professionals over a few days to develop an app for a specific need. There is one coming up where the group will create an app for caregivers.</p>	
<p>Data and Research Workgroup</p> <p>The work group has had several meetings and continues to seek ways to obtain Alzheimer’s disease and dementia prevalence data. The BRFSS is a data collection tool for states to gather data on health issues. States were given the option of adding the <i>Cognitive Impairment Module</i>, which Virginia did in 2012 and 2013. The 2012 data should be available in early 2014. The workgroup intends to access the data and ensure that it reaches a wide audience of researchers. The workgroup plans to collect and catalog data that is being collected in a variety of practice and clinical settings by providers. The catalog will serve to educate researchers on what data sets are out there. The hope is to make AlzPossible the repository for information related to research and data collected.</p> <p>Mr. Harrison added that the workgroup has done a great job.</p>	<p>Dr. Slattum</p>
<p>Commissioner’s Report James Rothrock</p> <p>The Dementia Care Best Practices Study stakeholder meeting is coming up. Delegate Orrock also requested DARS to study Adult Protective Services</p>	<p>Commissioner Rothrock</p>

<p>(APS) in the Commonwealth. There was a very good listening session at the VCPEA conference on APS.</p> <p>The Commissioner has spoken with the First Lady, Mrs. McAuliffe, about including older adults in her talks about the importance of nutrition.</p> <p>Dr. Thelma Watson with Senior Connections will invite Mrs. McAuliffe to the organization's Empty Plate luncheon in the fall.</p> <p>The Commissioner reported that it appears we will have a state budget very soon and Secretary Hazel believes that Medicaid expansion is still in the works.</p> <p>In 2002, the Commonwealth held a statewide "aging" conference. There are plans being formulated to hold another conference possibly in the fall of 2015.</p> <p>Mr. Harrison asked what the plans may be for public guardianship if there is a loss of funding when the budget is presented. The Commissioner noted this funding remains a priority.</p> <p>The Commissioner will work with Secretary Hazel on the five goals for the Secretariat: the Department of Justice settlement, using data analytics and performance management, strengthening programs for children, expanding access to health care, expanding access to mental health care.</p> <p>The agency will continue to offer orientation and training for DARS boards, commissions and councils.</p> <p>Ms. Marschean reported that the Arts Fusion program was presented the third place Commonwealth Council on Aging 2014 Best Practices award recently.</p>	
<p>Training Workgroup</p> <p>Ms. Arbogast reported she attended a law enforcement conference with Janet Honeycutt and over 400 persons attended from around the state. She reported the work group's focus has been on collaborating with the DBHDS-DCJS Crisis Intervention Team (CIT) trainings.</p> <p>CIT was originally created in Tennessee in 1988 and first adopted in VA in the early 2000s. CITs include members of law enforcement, first responders, corrections officers and dispatchers and are based in localities. Participants complete 40 hours of training, including reviewing best practices for working with individuals with mental health and substance abuse issues.</p> <p>The Training Workgroup will explore possible ways to collaborate with the CIT programs and ways to include training on dementia and aging.</p>	<p>Charlotte Arbogast</p>
<p>Coordinated Care Workgroup Handouts</p> <p>Goal 1C of the Dementia State Plan encourages the development of a "statewide network of memory disorders clinics to assess and treat persons with dementia." This project would catalog and maintain a regularly updated listing of Virginia memory clinics and related programs. A draft list has been created and was shared with the workgroup at the March 25 meeting.</p> <p>The project is looking at protocols of primary care physicians and</p>	<p>Courtney Tierney</p>

<p>neurologists for accurate diagnosis of dementia and Alzheimer’s disease. Workgroup members have contacted memory clinics and providers and developed a survey that is used to obtain data.</p> <p>Among the questions for the memory clinics</p> <ul style="list-style-type: none"> - How do you arrive at a diagnosis? - Do you follow up with the patient? <p>With Care Transitions programs emerging around the country, the workgroup will “focus on integrating evidence-based practices for individuals with Alzheimer’s and related disorders and their caregivers into current care transition initiatives.”</p> <p>There are plans to reach out to SeniorNavigator to have the list added to their database/resources.</p> <p>Chair Seward handed out a list of the commission work groups with the members listed. Members were encouraged to serve and to contact Ms. Seward with any changes they may want to make.</p>	
<p>Public Comment Period</p> <p>Chair Lynne Seward announced that Nick Faraone has resigned from the commission citing his new position as Executive Director of the Virginia Leukemia & Lymphoma Society. Also, Martha Watkins term has expired so there may be a replacement for Martha announced soon.</p> <p>Sherry Peterson reported that the Alzheimer’s Association memory walks will be held soon and passed around a list of the various events.</p>	<p>Lynne Seward</p>
<p>Future Meeting Dates Adoption of 2014 Meeting Dates August 5, 2014 December 2, 2014</p>	<p>Lynne Seward</p>
<p>Meeting Adjournment</p> <p>Chair Seward adjourned the meeting at 1:00 p.m.</p>	<p>Lynne Seward</p>