

# Caring For Our Elders

## Fifth Annual Senior Care Conference

February 29, 2012 - March 1, 2012

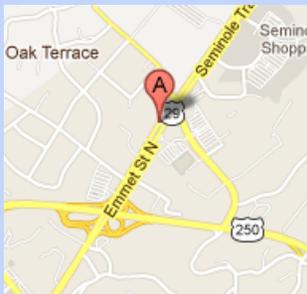


The *Caring For Our Elders* annual Senior Care Conference is recognized statewide for presenting speakers and topics integral to developing partnerships and offering caregivers support and education to enable them to provide excellent care to seniors in your community.

### 2012 Keynote Speakers:

Feb 29 - Diane Waugh  
"You Are Worth It! Rewarding Yourself"  
-and-  
March 1 - Joanne Koenig Coste  
"Celebrating the CNA"

University Area Holiday Inn  
1901 Emmett St. Charlottesville  
On Rt. 29 between Rt. 250 & Hydraulic Rd.



For more information contact Mary Evans  
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Dementia Track training provided through the Alzheimer's Association has been approved by the DSS and fulfills the requirements for dementia-care training.

Speakers and topics will include:

- Marylynn Hibdon - "What You Do and How You Do It Matters"
- Jonathan Evans in conjunction with a State Dept. of Health Epidemiologist - "Infection Control/Precautions"
- Suzann Williams-Rosenthal and Norma Branham - "Pressure Ulcers/Skin Care"
- Lyn van der Sommen and Kathy Fletcher - "The Normal Aging Process"
- Claire Curry, Jonathan Evans, & Lindsey Neal- "Restraint-Free Care/Dementia Care Beyond Drugging"
- Bonnie Brewer & Cyndy Martin - "Communication with Families and Conflict Management"
- Jonathan Evans & a Greenhouse representative - "Greenhouse Philosophy/PACE/Culture Change"
- Doris Gelbman & Kim Grosner - "Decision-making Capacity"
- David Cole & Sandy Sarvaananda - "Spiritual Care for Caregivers"
- Lyn van der Sommen, Doris Gelbman & Community Partnership members - "Oral Care"
- Lyn van der Sommen - "Smoking Cessation and Wellness for Caregivers"
- Foot and Nail Care - Norma Branham & Suzann Williams-Rosenthal



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