

**Alzheimer’s Disease and Related Disorders Commission:
Coordinated Care Work Group**

Virginia Department for Aging and Rehabilitative Services
1610 Forest Avenue, Suite 100
Henrico, VA 23229

October 15, 2013 9:00 am

MEETING MINUTES

Members Present:

Courtney Tierney, MSW, *Chair*
Kevin Walsh, DC
Dr. Andrew Heck, PsyD, ABPP
Laura Adkins

Members Absent:

Valerie Hopson-Bell
George Vradenburg

Guests:

Carter Harrison, Alzheimer’s Association

Staff:

Charlotte Arbogast, Dementia Services Coordinator
Amy Marschean, Senior Policy Analyst

Meeting Summary:

Agenda Items:	Speaker:
Welcome Courtney Tierney called the meeting to order at 9:05 am and welcomed members.	Courtney Tierney
Introductions Work Group members and staff introduced themselves.	All
Brief Overview of the ADRD Commission Ms. Tierney briefly reviewed the purpose of the ADRD Commission.	Ms. Tierney
Brief Overview of the Dementia Services Coordinator (DSC) Charlotte Arbogast briefly reviewed the role of the DSC.	Charlotte Arbogast
Overview of Relevant Dementia State Plan Goals Ms. Tierney reviewed Goal I and Goal IV of the Dementia State Plan that relate to access/availability of services and coordinated care best practices.	Ms. Tierney
Discussion and Selection of 2013-2014 Focus The Work Group reviewed Goal I and Goal IV to determine how to focus the group’s efforts for the upcoming year. Ms. Tierney highlighted an article on a health system that is adopting the care transitions work to individuals with ADRD. Moreover, Ms. Tierney discussed the possibility of creating a listing of memory clinics in Virginia. Goal 1C encourages the development of “a statewide network of memory disorders clinics to assess and treat persons with dementia.” The Work Group members reviewed the known clinics as well as a possible process and criteria by which clinics would need to meet in order to be listed or identified by the Work Group and the ADRD Commission. The Work Group determined that potential clinics and practices would have to have licensed physicians that are board certified in	All

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<p>neurology, psychology or psychiatry, and have a particular focus in geriatrics or gerontology. In order to ensure quality and accuracy, practices could not simply be self-proclaimed to have the appropriate focuses.</p> <p>The Work Group also discussed the continuing efforts to promote care transitions between health care settings. Care transitions programs continue to gain momentum in the U.S. and Virginia. Supported by both state and federal agencies, these collaborative partnerships coordinate care provided to older adults and ensure optimal transfers from hospitals to community settings. The Work Group members also noted that it might be beneficial to look at what hospital systems are doing and if they have developed proven models that could be adapted in Virginia.</p> <p>Dr. Heck mentioned that while he was not aware of specific evidence-based practices for adapting care transitions to persons with ADRD, he did know of extensive research on mediating factors for readmission to the hospital within 30 days of discharge. The Work Group wondered if a possible best practice project could bridge the care transitions work with programs out of Southside Geropsychiatric Services, led by Kathleen O’Connor. Dr. Heck also suggested that the group reach out to Dr. Christy Jensen with the Riverside Center for Excellence in Aging and Lifelong Health.</p> <p>The group concluded the discussion with a review of possible services and systems that could be adapted to create a dementia-capable clinical-caregiver-coaching system. Such services could include the AAAs, the CSBs, the memory clinics, health systems, the Alzheimer’s Association chapters, primary care providers and faith-based organizations to provide a form of no-wrong door entry for these individuals and their caregivers.</p> <p>The Work Group selected, after unanimous vote, to focus on two areas or projects. The first project would catalog and maintain a regularly updated listing of Virginia memory clinics and related programs. The second would explore possible evidence-based practices and systems to incorporate persons with ADRD into the current and future care transitions projects.</p>	
<p>Future Work and Activities The Coordinated Care Work Group asked Ms. Arbogast to develop a timeline and work outline. As part of the Work Groups future efforts, it was decided that the members, led by Ms. Arbogast, would help identify memory clinics and other related memory and aging programs in Virginia are successfully operating in Virginia. Meanwhile, Dr. Heck would reach out to Dr. Jensen and Ms. O’Connor and research possible practices or programs that could be adopted, and Ms. Tierney would reach out to her contacts to gauge interest.</p>	<p>Ms. Tierney, Dr. Heck and Ms. Arbogast</p>
<p>Meeting Adjournment Ms. Tierney adjourned the meeting at 9:55 am.</p>	<p>Ms. Tierney</p>