

**Alzheimer's Disease and Related Disorders Commission
Virginia Department for Aging and Rehabilitative Services
1610 Forest Avenue, Suite 100
Richmond, Virginia
August 5, 2014**

MEETING MINUTES

Members Present

Lynne Seward, Chair
 Laura Adkins
 Vivian Bagby
 Julia Trivett Dillon (v/c)
 Janet Honeycutt
 Valerie Hopson-Bell
 Carol Manning
 Lory Phillippo
 Patricia Slattum
 Courtney S. Tierney
 Kevin P. Walsh
 Martha Watkins

Members Absent

W. Thomas Hudson
 George Vradenburg

Staff

Commissioner James Rothrock
 Deputy Commissioner Robert Brink
 Amy Marschean, Senior Policy Analyst
 Cecily Slasor, Administrative Support
 Charlotte Arbogast, Dementia Services
 Coordinator

Guests

Katie Roeper, Assistant Commissioner VDA
 Adrienne Johnson, Executive Director,
 SeniorNavigator
 Carter Harrison, Alzheimer's Association
 Teresa Francom, Intern, Eldercare Connections
 Ellen Phipps, Alzheimer's Association Central
 and Western

Agenda Items	Speaker
<p>Welcome and Introductions Chair Seward called the meeting to order at 10:00 a.m. and welcomed members and guests. Members and guests introduced themselves.</p>	All
<p>Review and Approval of previous minutes Mrs. Seward asked if members had reviewed the previous meeting minutes and if there were any corrections. Mrs. Seward asked for a motion to approve the June 10, 2014 meeting minutes. A motion was made by Courtney Tierney and seconded by Ms. Watkins. The minutes were approved and accepted.</p>	All
<p>Commissioner's Report The Commissioner welcomed DARS Deputy Commissioner, Robert Brink, who just finished a term of 17 years with the Virginia House of Delegates. He noted that the Commonwealth's final budget passed by the General Assembly in June did provide \$1.2 million for nutrition services, but the overall budget forecast is grim and asked Deputy Brink to provide a budget update for the members. The Commissioner commented that he</p>	James Rothrock

<p>continues to push for more funding with Secretary Hazel for the Public Guardianship program.</p> <p>DARS/VDA is in the process of hiring a new Nutrition Program Coordinator. While the First Lady of Virginia has been promoting nutrition programs for children, the Commissioner is hopeful that she will embrace nutrition programs for the elderly, as well.</p> <p>DARS is currently doing a study of Adult Protective Services and, in fall 2015, planning a Governor’s conference on aging. DARS has applied for a small grant to make state systems more effective in communicating with each other through the No Wrong Door, Virginia’s Aging and Disability Resource Center.</p> <p>Commissioner Rothrock congratulated those AAAs who were prominently featured at the N4A Innovations & Achievement Awards ceremony in July: MEOC for their Saturday Service 4 All program; JABA for their Wills For Seniors program; AASC for their Appalachian Community Transitions (ACTion); and PWAAA for their Veterans Enhanced Transportation Services (V.E.T.S.); and RAAA was recognized for their Aging Mobility Options Travel Training program.</p> <p>Finally, the Commissioner noted that the Long Term Care Ombudsman Program (LTCOP) is providing support to the Commonwealth Coordinated Care (CCC) program as it continues to be rolled out to persons dually eligible for Medicare and Medicaid.</p> <p>Mr. Harrison asked the Commissioner if he has received a letter regarding guidance on any funding cuts in light of the dire budget forecast? The Commissioner replied that he has not received any guidance on cuts from the administration yet.</p> <p>Mr. Brink thanked members and said that he was very happy to be at DARS. As for the current Commonwealth budget situation, there is a reported revenue loss of about \$350 million and that keeps getting adjusted upward. Much of the shortfall comes from the effects from sequestration and the fiscal cliff at the federal level when there was a discussion of raising the capital gains tax. Many people took their capital gains that year and many states didn’t anticipate the shortfall in the revenue category subsequently. The Commonwealth will do a revenue reforecast and budget cuts are likely.</p>	
<p>Dementia Best Practices Study</p> <p>Mrs. Seward attended the June 19 stakeholder meeting and she stated that Charlotte Arbogast and Devin Bowers both did a marvelous job presenting the outline of the report. Ms. Bowers should be complimented on the stellar dementia data research she had done for this report.</p> <p>Approximately 40 persons attended and part of the discussion focused on the need for advance directives, person-centered care and a well-trained workforce, all subjects that might be addressed through the Dementia State Plan update. Ms. Arbogast has received to date 22 submissions from 19 different organizations on best practices. She will present a draft report</p>	<p>Lynne Seward and Charlotte Arbogast</p>

<p>at the next meeting of the stakeholder group on August 21.</p>	
<p>Dementia Services Coordinator Report</p> <p>Handouts</p> <p>Ms. Arbogast reported on her many activities that include outreach and education, data collection, collaboration and partnerships, grant writing and tracking policy.</p> <ul style="list-style-type: none"> • Outreach and Education Ms. Arbogast and Carter Harrison had a meeting with Mark Eggeman, State Search and Rescue Coordinator at VDEM. They discussed statewide responses to missing individuals with Alzheimer’s Disease and other dementias (AD). She also attended a meeting of the Alcohol and Aging Awareness Group. Dr. Slattum mentioned the need for education and awareness concerning alcohol served in retirement communities. She noted fall risk and the danger of providing alcohol to persons with cognitive impairment. • Data Ms. Arbogast collected AD data from the CMS Chronic Conditions database. The VA Center on Aging is currently working on updating AD prevalence estimates based on census data. She received data from and shared with members the VA Crime Information Network on missing seniors. She has been working with DMAS on billing and claims data. She continues research and collection of available data sets for researchers for AlzPossible. Finally, she is tracking latest research findings from the Alzheimer’s Association International Conference and provided this information as handouts to members. • Collaboration and Partnerships Ms. Arbogast reported on her content and technical updates in preparation for the re-launch of the AlzPossible website. She is working with the CNI Trust Fund Advisory Board and DARS Community Based Services Division on brain injury and dementia intersections. She participates in the Institute for Innovations in Caregiving Advisory Council and the Geriatric Mental Health Partnership and its Antipsychotic Medication Initiative Workgroup • Grant Writing For the current GTE grant, Ms. Arbogast reported that there were 855 total participants in AlzPossible webinar series on different kinds of dementias. She has drafted the final report, due by September 30, and requested member approval. In addition, she has worked on: <ul style="list-style-type: none"> --ADSSP dementia grant proposal submitted June 11, 2014 --Pending: GTE grant from VCU Gerontology with grant writing support from Devin Bowers --Pending: VCPEA grant from VCU Gerontology to provide 	<p>Charlotte Arbogast</p>

<p>training on “compassion fatigue”</p> <ul style="list-style-type: none"> • Tracking Policy <ul style="list-style-type: none"> (a)Dementia Care Best Practices study (b)Dementia State Plan update: Drafted timeline and outline for the update process (c) Ongoing in-depth analysis of state dementia plans with Ayn Welleford and Ellen Netting <p>Chair Seward asked for a motion to approve the GTE final report and provide a letter of support for the next GTE grant. A motion was made by Valerie Hopson-Bell and Carol Manning seconded the motion. The motion was approved.</p>	
<p>Dementia State Plan Update</p> <p>Chair Lynne Seward explained that the Commission needs to create an Ad-Hoc committee to help drive the Dementia State Plan that the Commission will be working on in 2015.</p> <p>Chair Seward entertained a motion for the members of the Ad Hoc Committee to be the Chairs of the Alzheimer’s Commission workgroups, herself and Carter Harrison. Kevin Walsh made the motion and Vivian Bagby seconded the motion. The motion passed.</p>	<p>Charlotte Arbogast</p>
<p>AlzPossible Relaunch</p> <p>A copy of a press release was distributed about the Alzpossible (www.alzpossible.org) relaunch. Ms. Arbogast thanked Nico Stanculescu for her assistance. Ms. Arbogast displayed the updated AlzPossible website for members and went over the various features. The website was developed in 2004 as an initiative of the Alzheimer’s Commission. The most popular feature of the website is the webinars. There are many webinars planned in the near future to continue this successful initiative for professionals and for caregivers. Ms. Arbogast, using the CMS Chronic Conditions database, was able to chart prevalence of Alzheimer’s Disease in Virginia by jurisdiction. The total of confirmed diagnoses is around 91,000, but actual prevalence is approximately 135,000 since diagnoses of AD are still grossly underreported. Information is released annually. The latest numbers are from 2012. Ms. Arbogast will update the data on the website as it becomes available.</p>	<p>Charlotte Arbogast</p>
<p>Data and Research Workgroup Handouts</p> <p>The results of the Behavioral Risk Factor Surveillance System (BRFSS) 2012 survey will be posted with analysis on the AlzPossible website as soon as it is available. The catalog of data sets was posted to the AlzPossible website. This catalog will help to educate researchers on what data sets are out there and also serve as a guide for the Alzheimer’s Commission’s future data collection efforts.</p>	<p>Patricia Slattum, PharmD., Ph.D.</p>

<p>Training Workgroup Handouts The 2013-2014 focus of the Training Work Group has shifted to additional venues, beyond the Crisis Intervention Team (CIT) advance trainings, in order to increase AD training for first responders on dementia. The Work Group advised the full Alzheimer’s Commission to look at a legislative platform item that could restore funding for Alzheimer’s trainings in order to ensure a permanent and steady training program in Virginia.</p>	<p>Janet Honeycutt</p>
<p>Coordinated Care Workgroup Handouts Goal 1C of the Dementia State Plan encourages the development of a “statewide network of memory disorders clinics to assess and treat persons with dementia.” Memory clinics and other related memory and aging programs are successfully operating in Virginia. This project catalogued and maintained a regularly updated listing of VA memory clinics and related programs that are now included on the AlzPossible website following an initiative to survey memory centers. The Work Group will share the link to the interdisciplinary memory assessment center lists with AAAs through the VDA Tuesday Mailing for use in Care Transitions programs and other I & R efforts as well as with SeniorNavigator for their consumer-based resources.</p>	<p>Courtney Tierney</p>
<p>No Wrong Door Presentation Assistant Commissioner Katie Roeper presented on the No Wrong Door (NWD) initiative. In 2006, Virginia applied for and received two grants (Systems Transformation & Aging and Disability Resource Connections) which started the development of NWD. NWD was created to streamline access public and private long term services and supports in the Commonwealth’s human services system. NWD creates a ‘virtual’ single point of entry to enable consumers to tell their story only once, keep information accurate and avoid duplication of information. Providers are connected by a web-based system with an electronic tool called CRIA (Communication, Referral, Information & Assistance). The system was built to send <i>and</i> receive referrals and securely share client-level data, based on client consent .There is no blanket consent. CRIA is used by providers of services for older adults, caregivers and individuals with disabilities.</p>	<p>Katie Roeper</p>
<p>SeniorNavigator Presentation Adrienne Johnson, Executive Director of SeniorNavigator, stated SeniorNavigator is a nonprofit public-private partnership. SeniorNavigator was launched in 2001, with help from the VA Healthcare Foundation and then Governor Warner. Governor Warner had approached staff when he was having difficulty finding services for his mother who had Alzheimer’s. They are a resource directory, a web interface and they provide community outreach. SeniorNavigator is a subset of Virginia Navigator and there is also a DisAbilityNavigator site,</p>	<p>Adrienne Johnson</p>

<p>as well. In 2013, SeniorNavigator marked a milestone with their 1 millionth visitor. SeniorNavigator has recently launched the Institute for Innovations in Caregiving (www.caregivinginnovations.org) to create and implement inventive new initiatives aimed at improving caregivers' health, wellbeing and stability. .</p>	
<p>Legislative Committee Report Handout (report) Mr. Harrison provided a report on the work of the Legislative Committee which has been compiled into the Commission's annual report on its activities and their recommendations to the Governor and the General Assembly. The Commission recommends:</p> <ol style="list-style-type: none"> 1. Dementia training funding for law enforcement and first responders 2. Alzheimer's Waiver revisions to expand eligibility to other related dementias and not just Alzheimer's Disease 3. Funding for Virginia Department of Health to collect data on Caregivers for two years using the Behavioral Risk Factor Surveillance System (BRFSS). The BRFSS is a data collection tool to assist states with gathering data on health issues through the Centers for Disease Control and Prevention. <p>Chair Seward asked for a motion to accept and adopt the report. Martha Watkins made the motion and Courtney Tierney seconded the motion. The was adopted and the report will be sent to the Governor and General Assembly.</p>	<p>Carter Harrison</p>
<p>Public Comment Period Chair Seward asked if there were any comments from the public. Courtney Tierney serves on the advisory council for the Commonwealth Coordinated Care program. Mrs. Tierney asked the three managed care organizations about training case managers on individuals with AD. The organizations responded their training information was proprietary and one stated they found it necessary to do additional training on AD indicating that CCC is serving a number of people with AD.</p>	<p>Lynne Seward</p>
<p>Future Meeting Dates and upcoming events The next meeting will be held on December 2, 2014 and the 2015 Meeting Calendar was distributed. Dates of the 2015 meetings are:</p> <p>March 10, 2015, May 26, 2015, August 25, 2015, and December 1, 2015</p>	<p>Lynne Seward</p>
<p>Meeting Adjournment Chair Seward adjourned the meeting at 2:15 p.m.</p>	<p>Lynne Seward</p>