**VDA Publication Request Form**

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| Name |  |
| Address |  |
| City, State, Zip Code |  |
| Phone (w/Area Code) |  |
| Fax |  |
| E-mail Address |  |

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| **#** | **Topic** | **#** | **Topic** |
|  | Area Agencies on Aging  (list with contact information) |  | Independent Living, tips for adaptations & modifications of utensils, etc.) |
|  | Adult Day Care Centers |  | Long-Term Care Insurance |
|  | Advance Medical Directive (Living Will) |  | Long-Term Care Ombudsman Program |
|  | Alzheimer’s Disease & Dementia |  | Medicaid |
|  | Assisted Living Facilities |  | Medicare Handbook, while supplies last |
|  | Caregiver Information / Manual |  | Medicare Supplemental Insurance (Medigap) |
|  | Continuing Care Retirement Communities |  | Medicare & Medicaid  Fraud, Waste & Abuse |
|  | Driving – Drivers with Dementia |  | Monthly Personal Healthcare Journal, while supplies last |
|  | Grandparents Caring for Grandchildren |  | Prescription Drugs |
|  | Guardianship & Conservatorship in Virginia |  | Retirement Information Package  (for individuals living outside Virginia) |
|  | Home Accessibility – Earning a Tax Credit for |  | Suicide – Prevention of  in elder population |
|  | Housing for Seniors |  | Tax Relief Fact Flyer |
|  | Identity Theft - Preventing |  | Virginia Insurance Counseling & Assistance Program (VICAP) |

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| S:\Clip Art\Logos\DARS logo tall lo-resolution.jpg | Send this form to: |
| DARS - Virginia Division for the Aging |
| 1610 Forest Avenue, Suite 100 |
| Henrico, VA 23229 |
| Richmond Area: (804) 662-9333 |
| Toll-Free: 1-800-552-3402 |
| Fax: (804) 662-9354 |
| E-mail: aging@dars.virginia.gov |
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