**VDA Publication Request Form**

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| Name |       |
| Address |  |
| City, State, Zip Code  |  |
| Phone (w/Area Code) |       |
| Fax |       |
| E-mail Address |       |

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| **#** | **Topic** | **#** | **Topic** |
|     | Area Agencies on Aging (list with contact information) |     | Independent Living, tips for adaptations & modifications of utensils, etc.) |
|     | Adult Day Care Centers |     | Long-Term Care Insurance |
|     | Advance Medical Directive (Living Will) |     | Long-Term Care Ombudsman Program |
|     | Alzheimer’s Disease & Dementia |     | Medicaid |
|     | Assisted Living Facilities |     | Medicare Handbook, while supplies last |
|     | Caregiver Information / Manual |     | Medicare Supplemental Insurance (Medigap) |
|     | Continuing Care Retirement Communities |     | Medicare & Medicaid Fraud, Waste & Abuse |
|     | Driving – Drivers with Dementia |     | Monthly Personal Healthcare Journal, while supplies last |
|     | Grandparents Caring for Grandchildren |     | Prescription Drugs |
|     | Guardianship & Conservatorship in Virginia |     | Retirement Information Package (for individuals living outside Virginia) |
|     | Home Accessibility – Earning a Tax Credit for |     | Suicide – Prevention of in elder population |
|     | Housing for Seniors |     | Tax Relief Fact Flyer |
|     | Identity Theft - Preventing |     | Virginia Insurance Counseling & Assistance Program (VICAP) |

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| S:\Clip Art\Logos\DARS logo tall lo-resolution.jpg | Send this form to: |
| DARS - Virginia Division for the Aging |
| 1610 Forest Avenue, Suite 100 |
| Henrico, VA 23229 |
| Richmond Area: (804) 662-9333 |
| Toll-Free: 1-800-552-3402 |
| Fax: (804) 662-9354 |
| E-mail: aging@dars.virginia.gov |
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